



# *Panel Discussion*

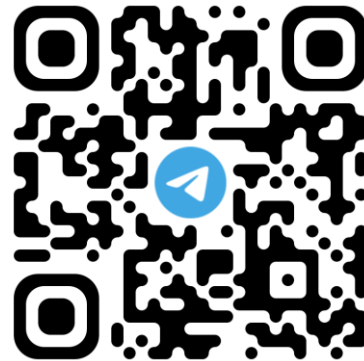
## *Dedicated Prostate Cancer Imaging*

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*2 May 2025*

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Mashhad University of Medical Sciences (MUMS), Mashhad, Iran*

*@MashhadNucMed*



Mashhad University of  
Medical Sciences



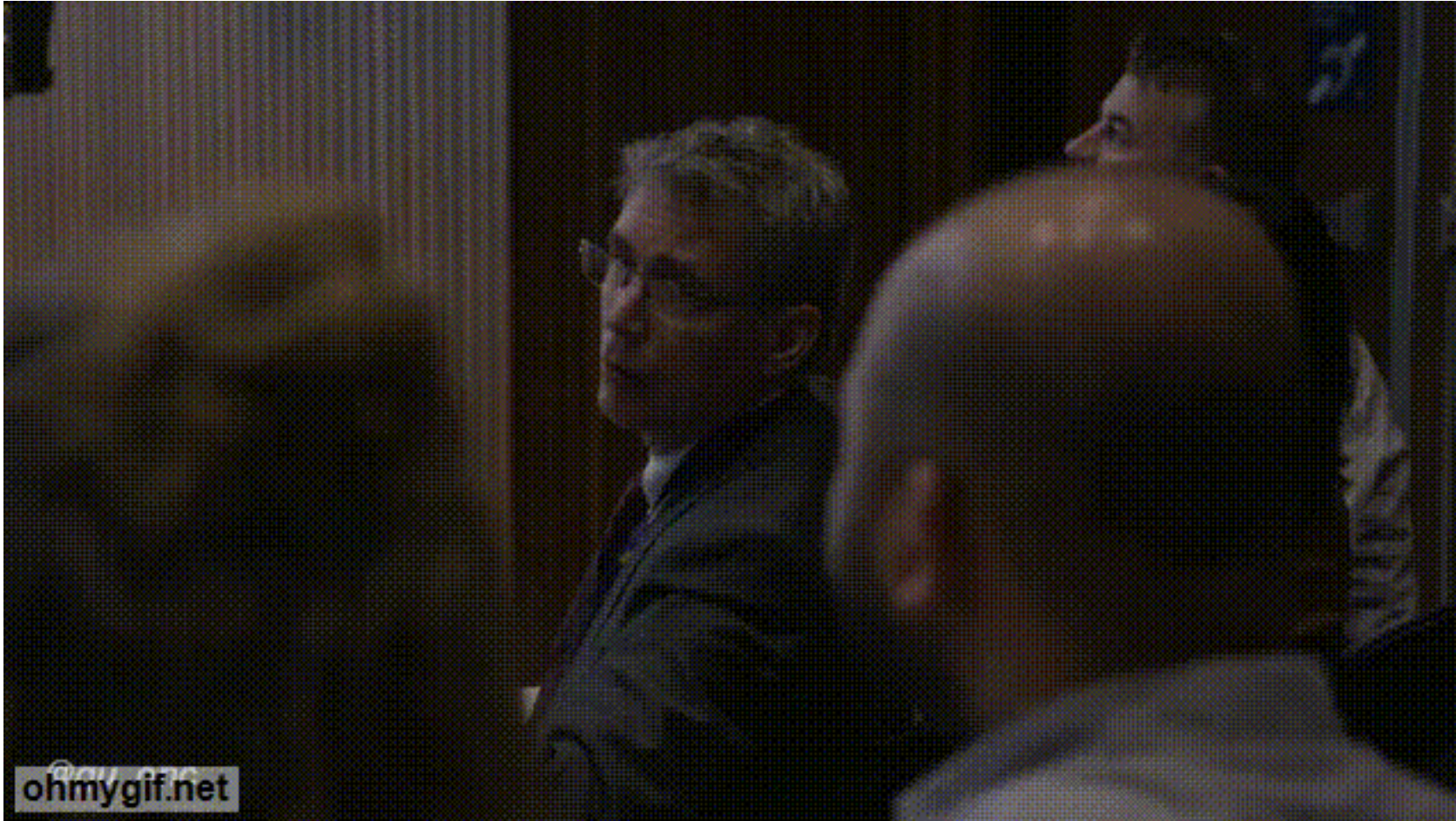
# *Co-hosts of this panel*

- *Ali Taghizadeh, MD [Radiation Oncologist]*
- *Atena Aghaei, MD [Nuclear Medicine]*
- *Hamidreza Ghorbani, MD [Urologist]*
- *S. Jamalodin Tahsildar Tehrani, MD [Radiologist]*
- *Somayeh Barashki, MD [Nuclear Medicine]*





# *Participate in uro-oncology tumor board meetings*



# *Case #1*

A 65-year-old patient presents with lower urinary tract symptoms (LUTS). His **prostate volume** is measured at **70 cc**, with a **total PSA** level of **5 ng/mL** and free PSA (fPSA) of **1 ng/mL**. During transurethral resection of the prostate (**TURP**), he was **incidentally diagnosed** with prostate cancer, with a **Gleason score of 3+3**.

- a) Calculations of **PSA-D** and **fPSA/tPSA ratio** (cutoff)?
- b) Is this patient considered **low-risk prostate cancer**, and should he be managed with active surveillance?



# Case #1 (Cont.)



a) Calculations:

- PSA density (**PSA-D**) is calculated by dividing the serum PSA level by the prostate volume. In this case:  $5 \text{ ng/mL} \div 70 \text{ cc} \approx \mathbf{0.0714 \text{ ng/mL/cc}}$ .
- The free-to-total PSA ratio (**fPSA/tPSA**) is:  $1 \div 5 = 0.2$  or **20%**.

b) Given the Gleason score of 3+3, low PSA level, and favorable fPSA/tPSA ratio, this patient **likely falls into a low-risk category** according to NCCN and EAU guidelines. However, factors such as tumor volume, patient age, comorbidities, and patient preferences should also be considered when deciding on active surveillance versus definitive treatment.

## *Case #1 (Cont.)*



The management of incidentally detected prostate cancer after TURP for presumed BPH requires careful consideration of the pathological findings, PSA kinetics, and patient factors. While **low-risk disease can often be managed with active surveillance, further imaging with mpMRI and targeted biopsies are frequently indicated for intermediate and high-risk cancers to guide appropriate treatment.** PSA density and %fPSA can provide additional risk information. PSMA PET/CT is generally reserved for higher-risk cases or suspicion of metastatic disease. The management plan should be individualized based on a **multidisciplinary discussion** involving the urologist, pathologist, and radiologist, adhering to established clinical practice guidelines.

# *Case #1*

The patient undergoes transrectal ultrasound-guided biopsy (**TRUS Bx**), which reveals **positive cores in 6 out of 12 samples**; one core shows a **cribriform pattern**. On physical examination, a palpable nodule is now detected.

- a) Is the patient a **candidate for mpMRI or PSMA PET/CT**?
- b) Significance of **cribriform pattern and intraductal carcinoma (IDC)**?



# *Pathological Predictors of PSMA PET Positivity by Anatomical Site*

| ECE<br>(miT3a)                                    | SVI (miT3b)  | Pelvic Nodes<br>(miN1/miN2)   | Extrapelvic Nodes<br>(miM1a) | Bone Metastasis<br>(miM1b) | Visceral<br>Metastasis<br>(miM1c)          |
|---|--|---|------------------------------|----------------------------|--|
| ISUP GG $\geq 3$<br>>30% positive<br>biopsy cores | ISUP GG $\geq 4$<br>Bilateral<br>multifocal<br>disease | GS $\geq 7$<br>$\geq 4$ positive<br>cores<br>Cribriform<br>Pattern<br>IDC | Cribriform Pattern<br>IDC    | GS $\geq 7$                | Small<br>cell/neuroendoc<br>rine component |
| [1, 2]  | [3, 4]   | [5-7]   | [8, 9]                       | [10, 11]                   | [12, 13]                                   |

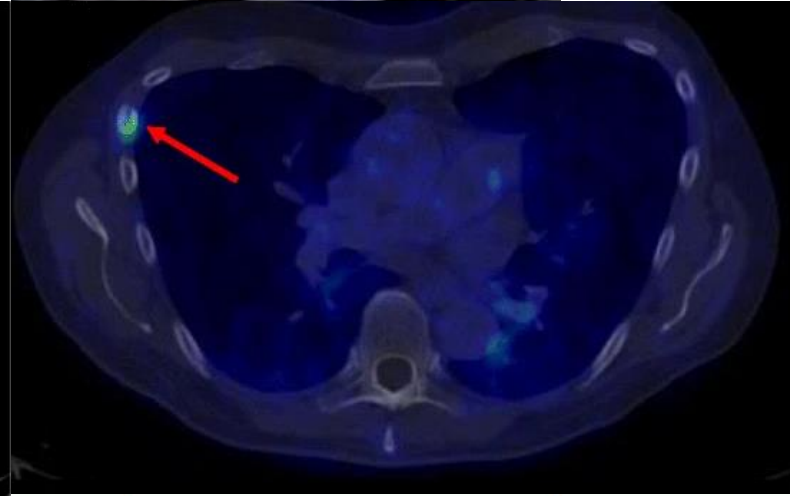
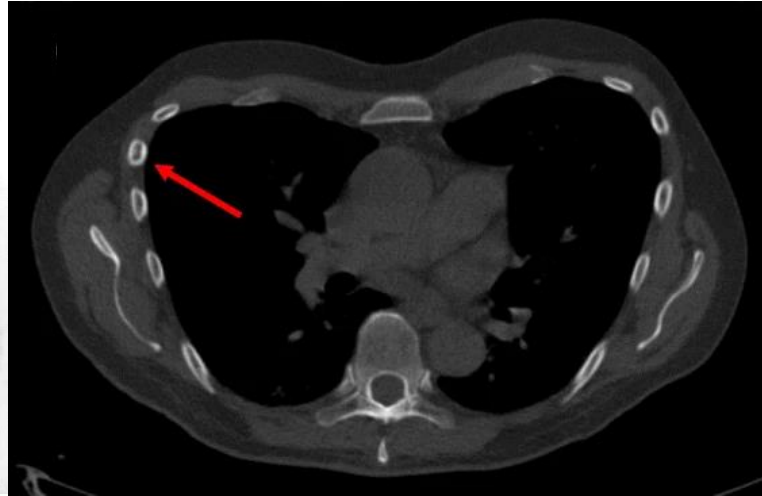
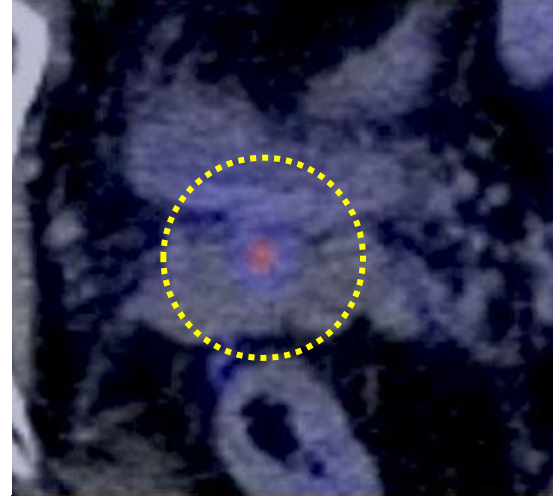
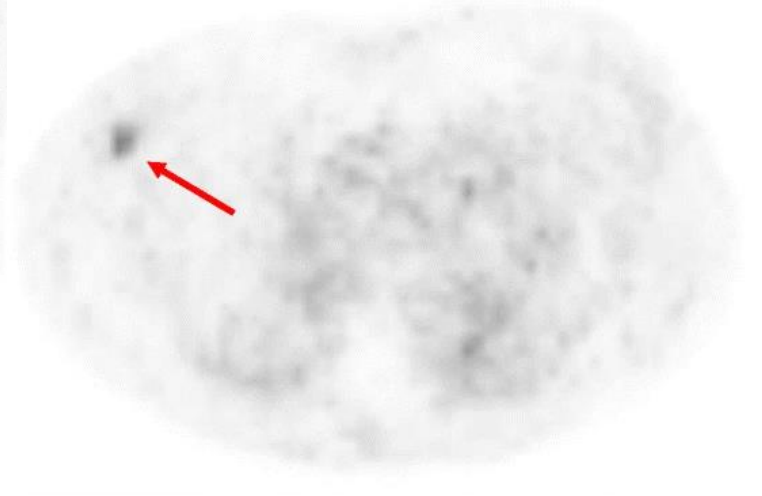
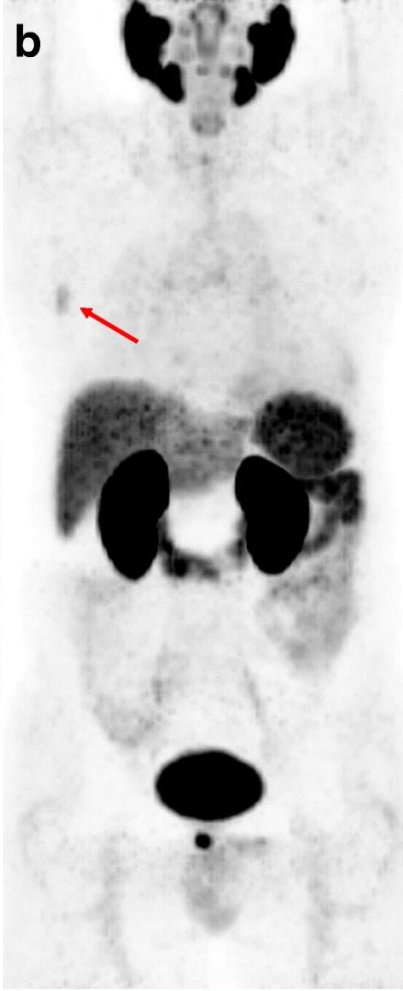
## References:

1. Spiegel, Insights Imaging 2024.
2. Roberts, Nat Rev Urol 2022.
3. Ceci, Eur Urol Oncol 2019.
4. Van Leeuwen, JNM 2023.
5. Trabulsi, Eur Urol 2022.
6. Trudel, Medscape 2025.
7. Fendler Eur Urol 2017.
8. Ceci, Cancers 2023.
9. Hofman, Lancet 2020.
10. Calais, JNM 2020.
11. Rauscher, JNM 2020.
12. Gu, EJNMMI 2025.
13. Dietlein, JNM 2020.



ChatGPT

# Case #1 (Cont.)



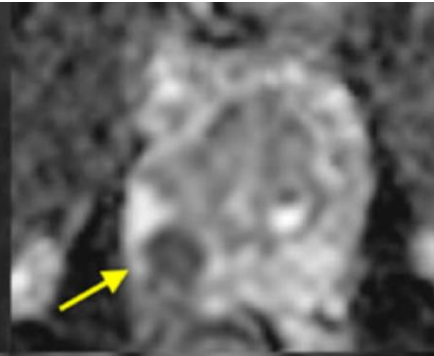
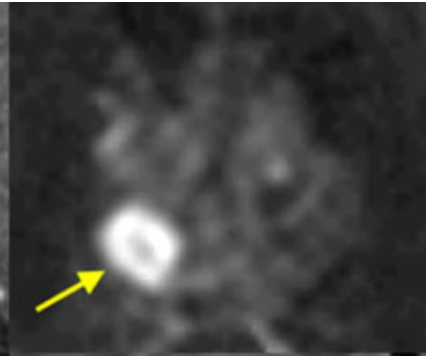
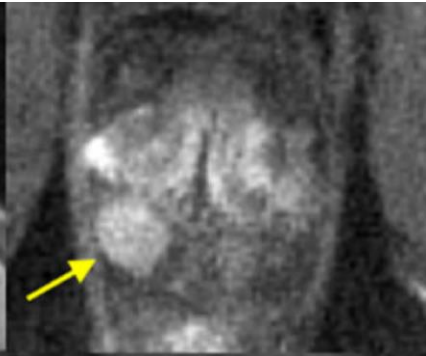
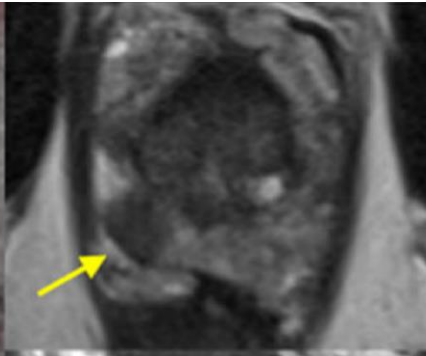
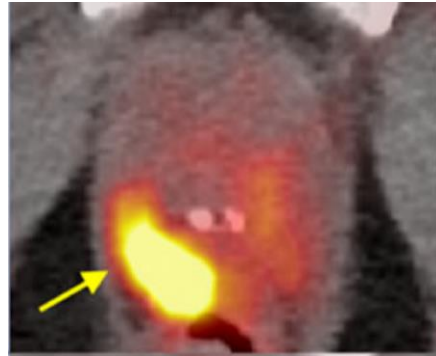
Fused PSMA-PET/CT

T2WI

DCE-MRI

DWI

ADC map



# *Case #1 (Cont.)*

- **Predictors of EPE in mpMRI:**

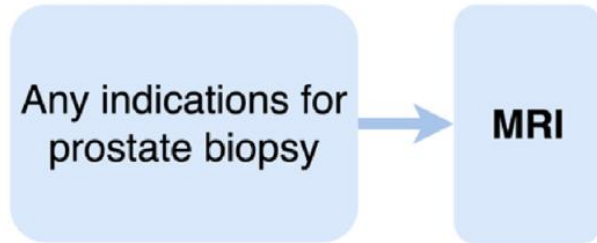
1. Breach of the capsule with **direct tumor extension** (OR: 15.57)
2. Tumor-capsule **interface >10 mm** (OR: 10.47)
3. **Asymmetry** or invasion of **neurovascular bundle** (OR: 7.58)
4. **Obliteration of retroprostatic angle** (OR: 6.09)
5. **Bulging prostatic contour** (OR: 5.54)
6. **Irregular or spiculated margin** (OR: 2.29)

- **Pooled sensitivity: 55%**

- **Pooled specificity: 87%**

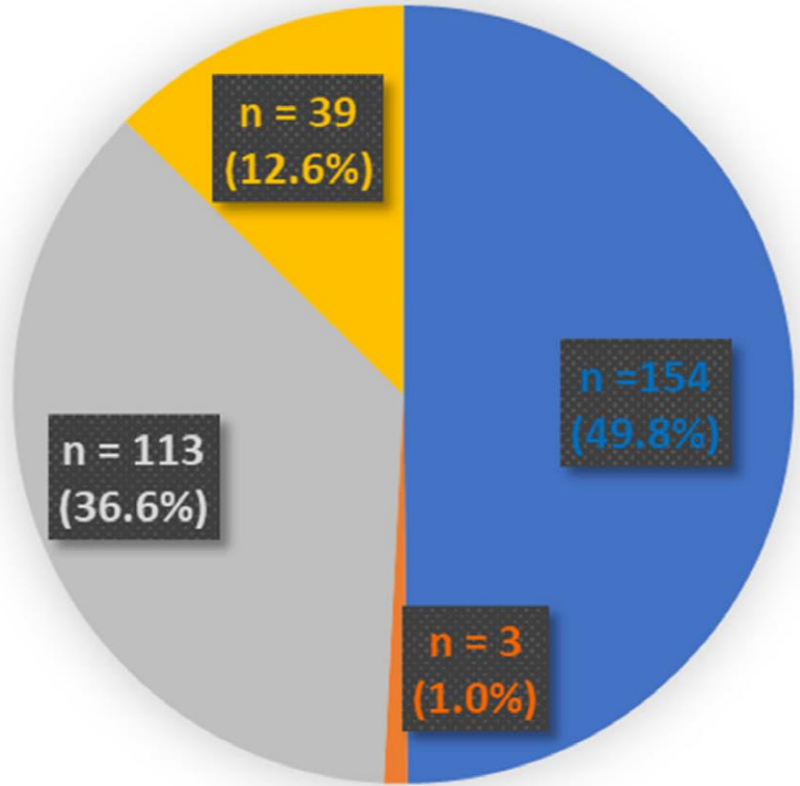


# *Case #1 (Cont.)*

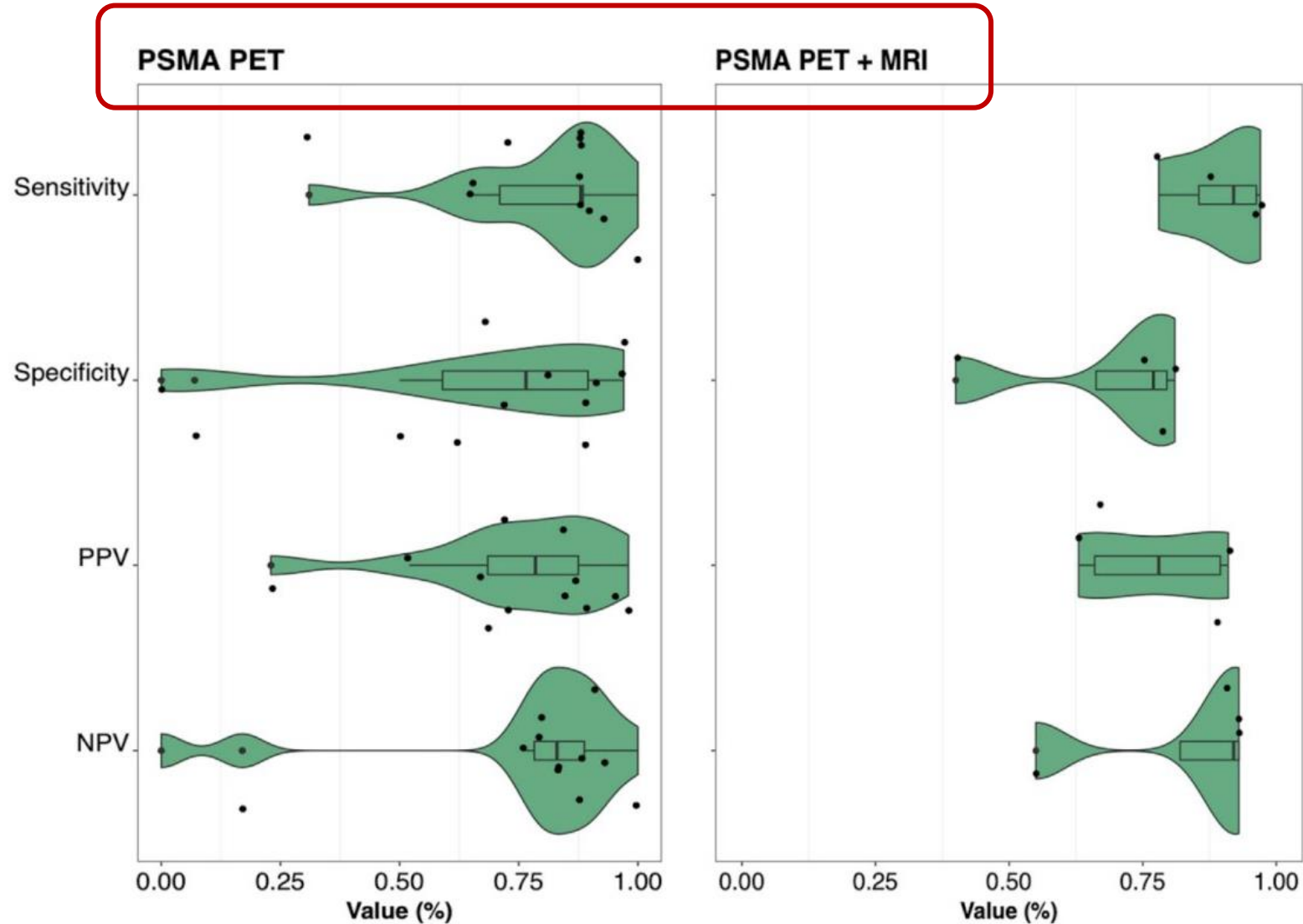




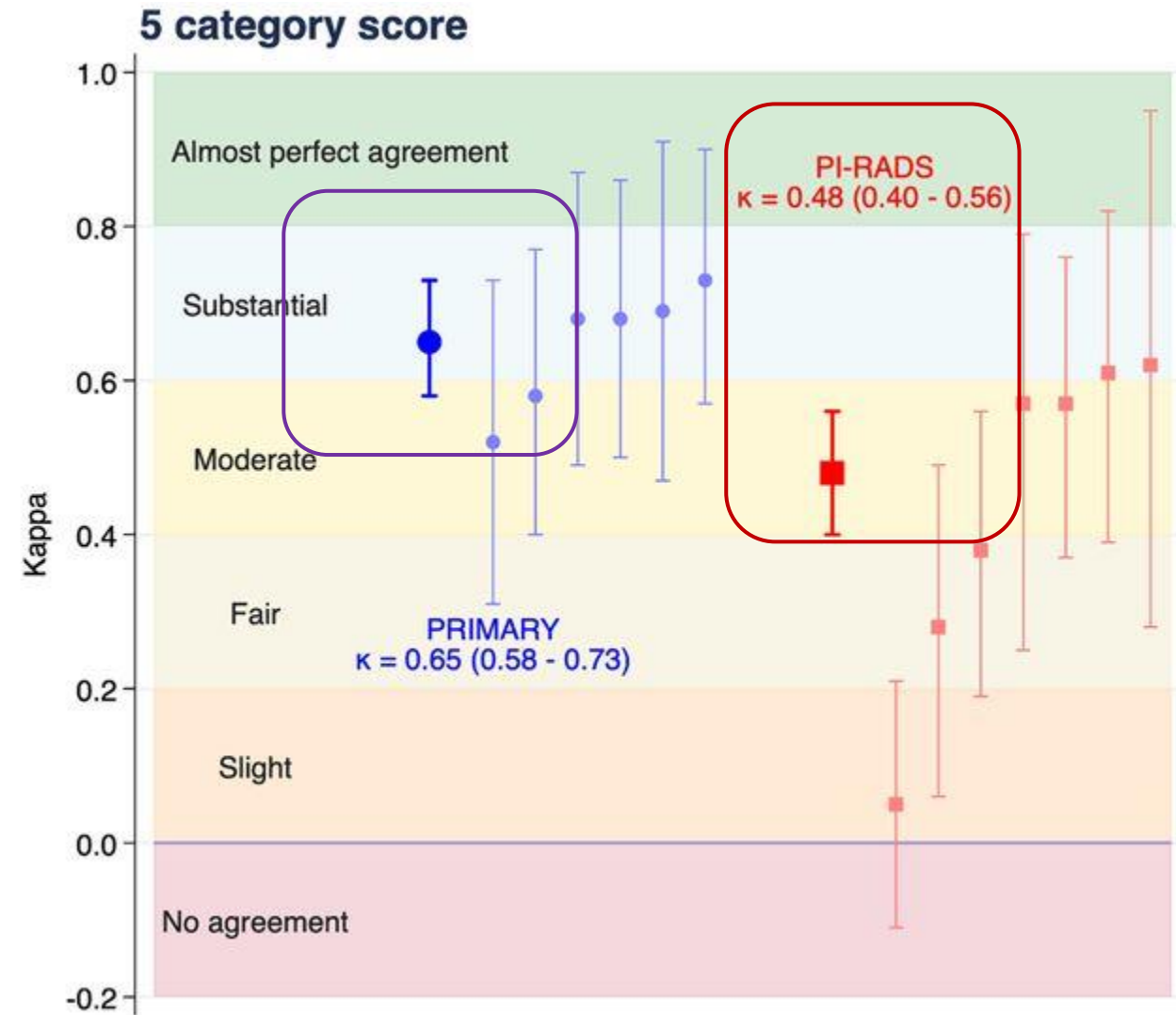
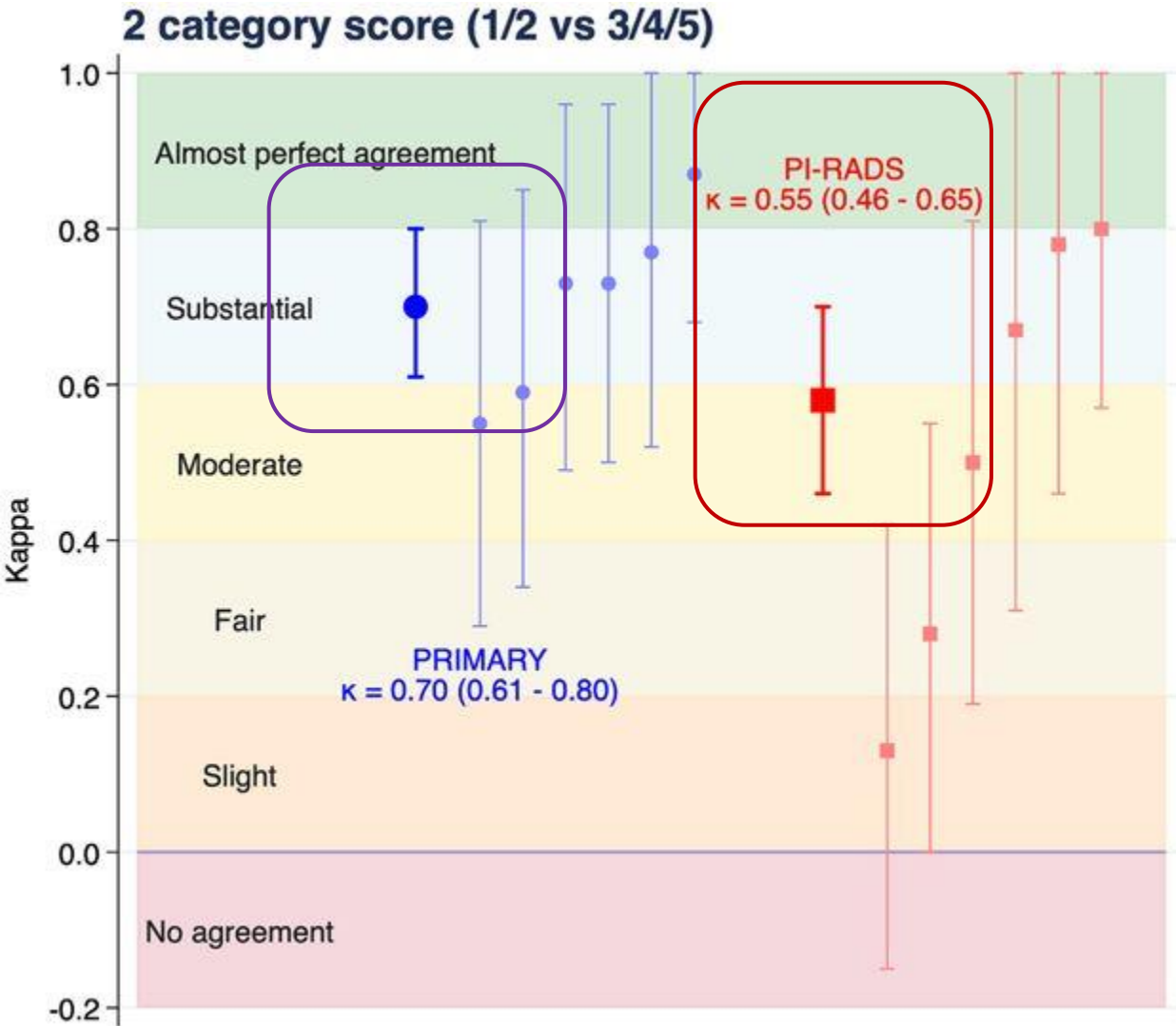
# Case #1 (Cont.)



- **Concordant Positive**
- **Concordant Negative**
- **Minor Discordance** (larger/additional)
- **Major Discordance** (different lesions/only-one modality)

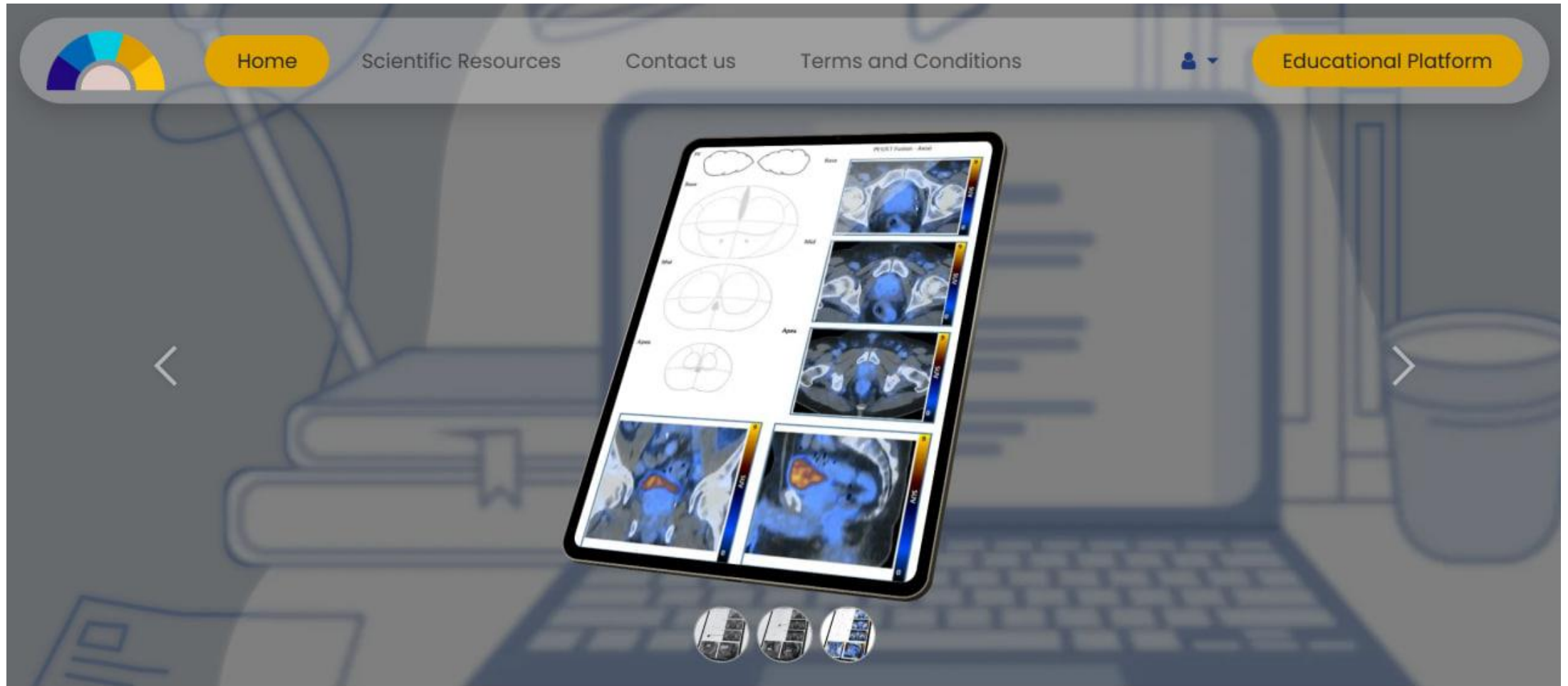


# Concordance Between Readers (mpMRI vs. PSMA PET/CT)





# *primaryscore.com*



# *Case #1 (Cont.)*

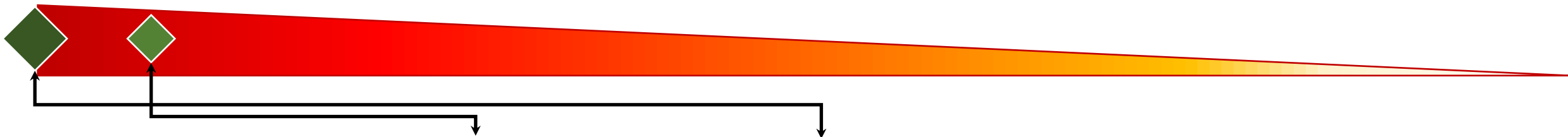


mpMRI: PIRADS 5 (SVI [-])

PSMA PET/CT: mT3b N0 M0 (rib: PSMA-RADS IIIB)

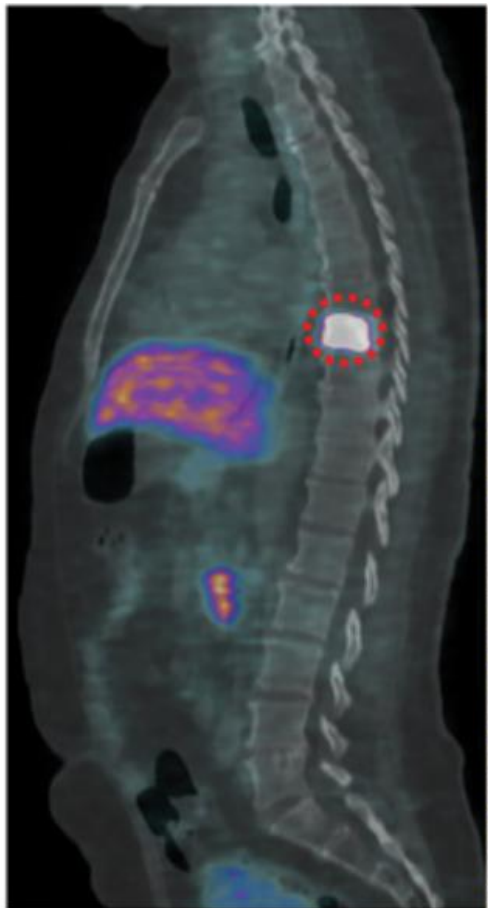
- a) How to approach equivocal lesions?
- b) Metastasis-directed therapy to the rib lesion (dos and don'ts)?
- c) NCCN/EAU risk category?

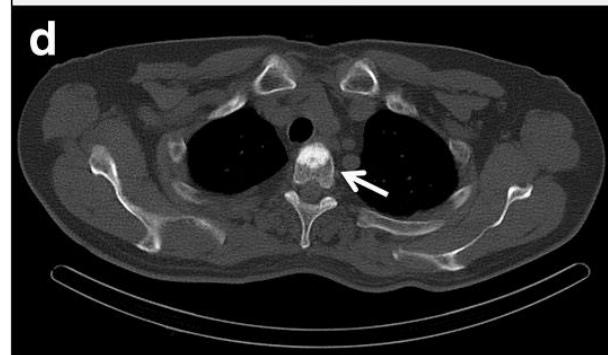
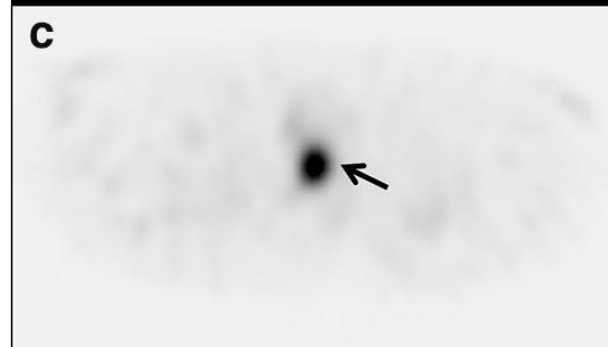
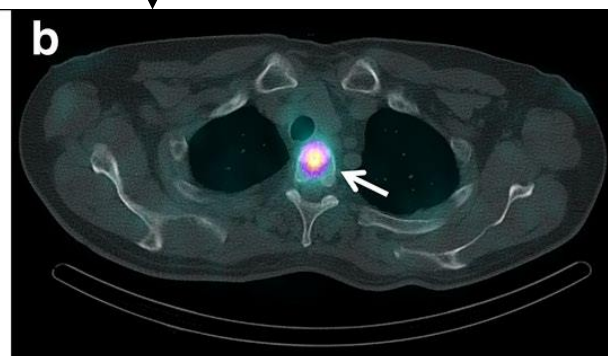
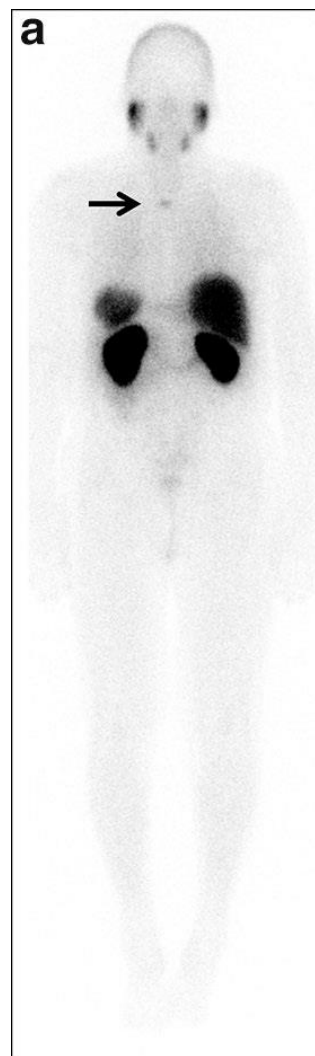
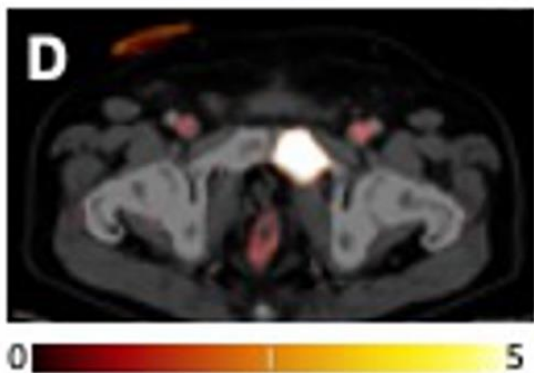
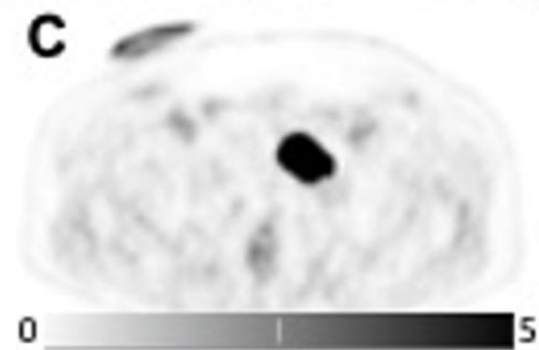
Based on imaging findings indicating extraprostatic extension but no nodal involvement or distant metastases at this stage, the patient would be classified as **intermediate- to high-risk localized prostate cancer per NCCN/EUA criteria.**



PSA: 4.0 ng/mL

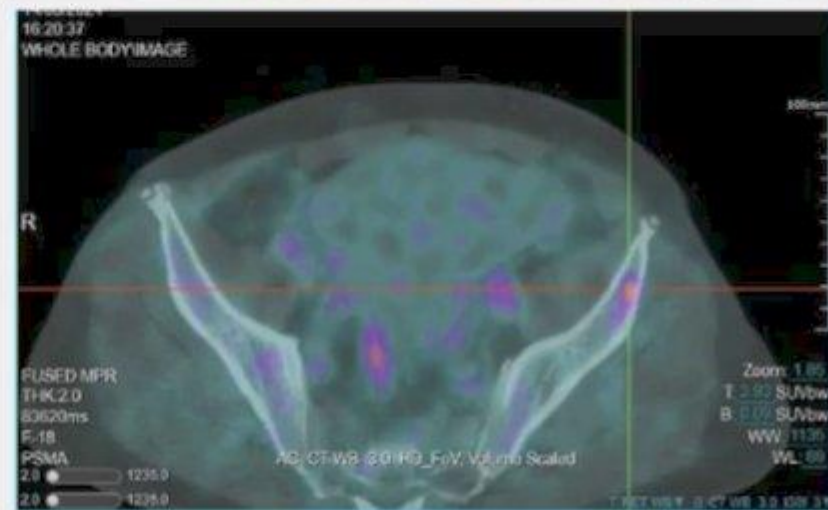
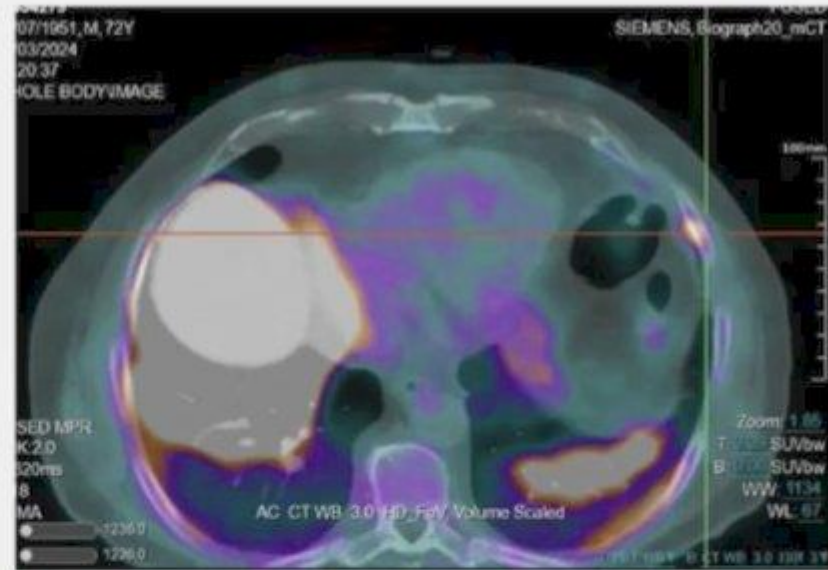
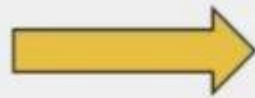
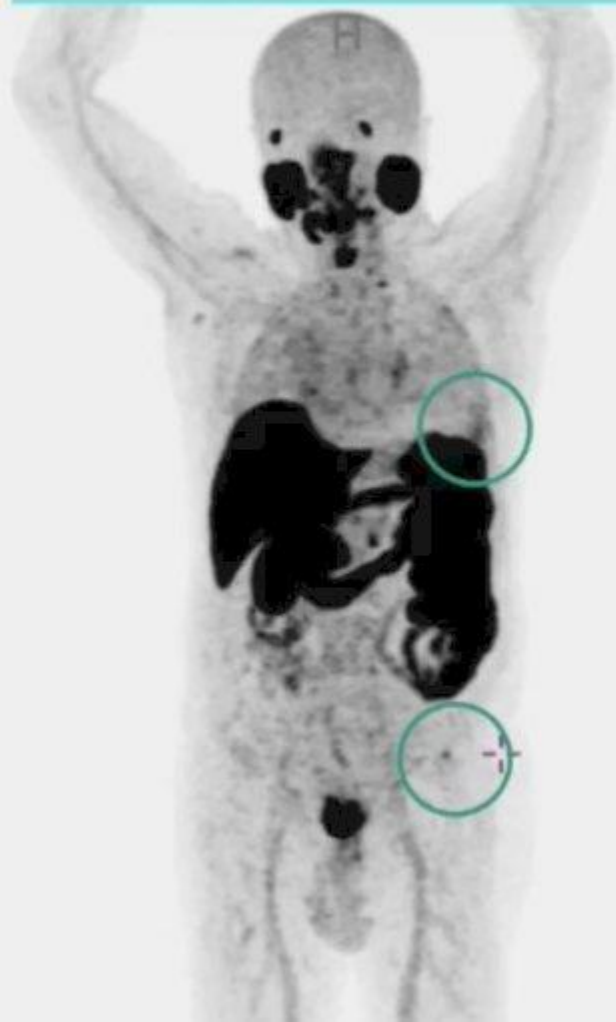
Biochemical recurrence



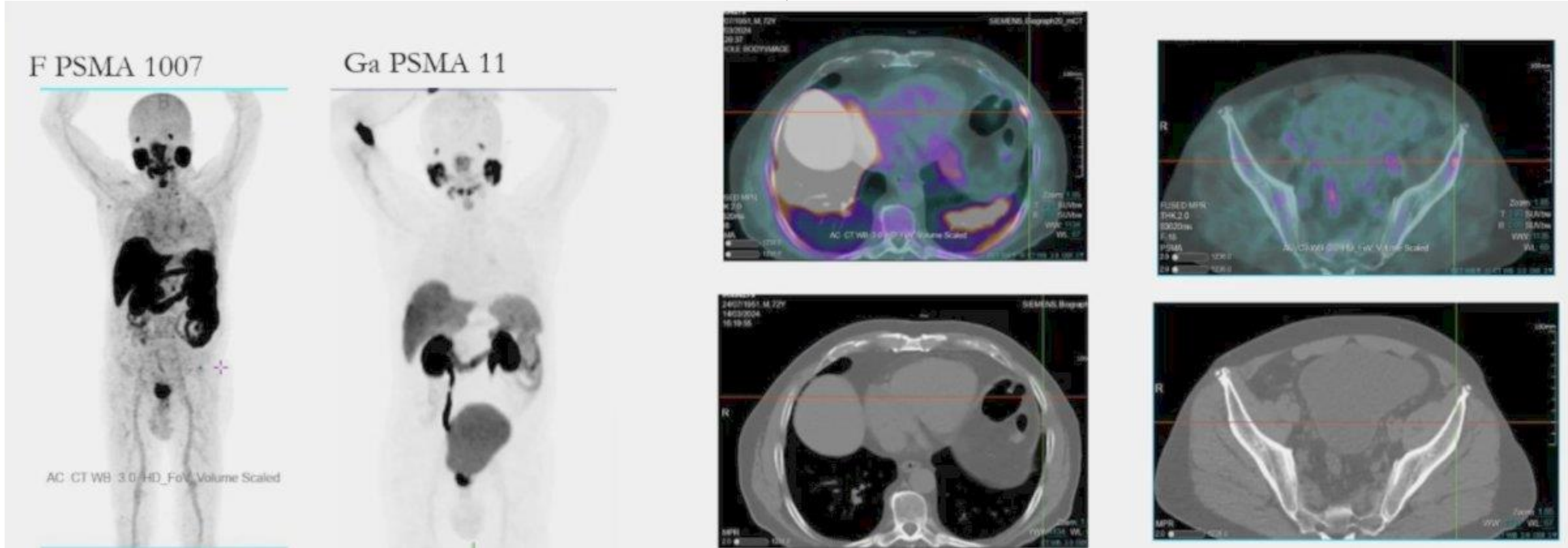




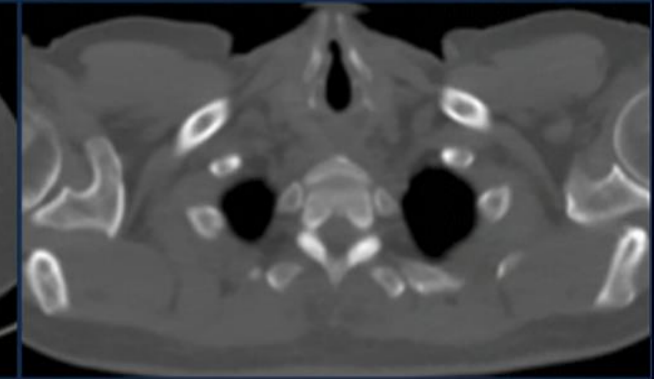
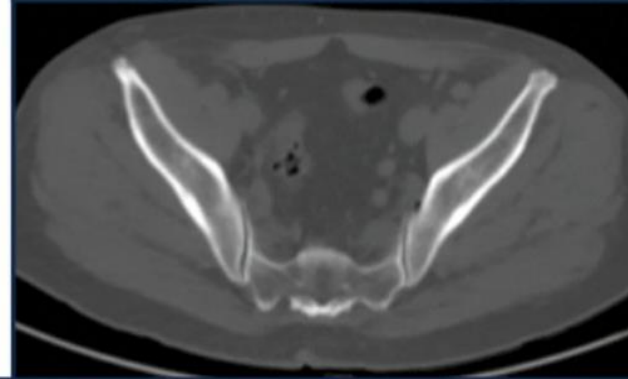
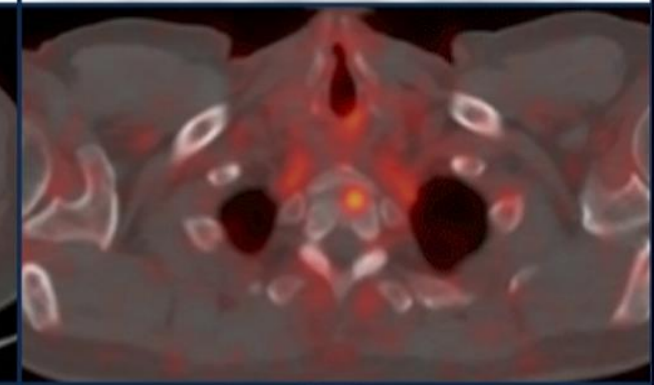
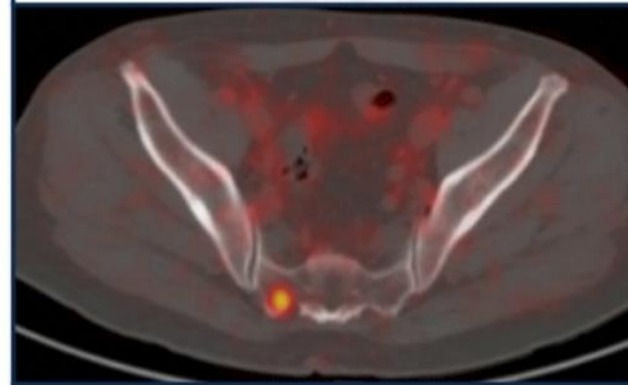
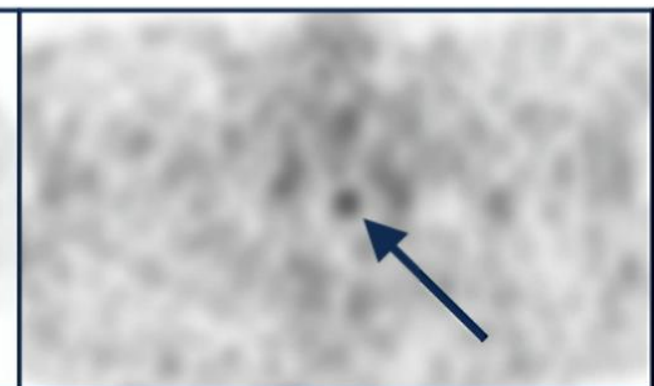
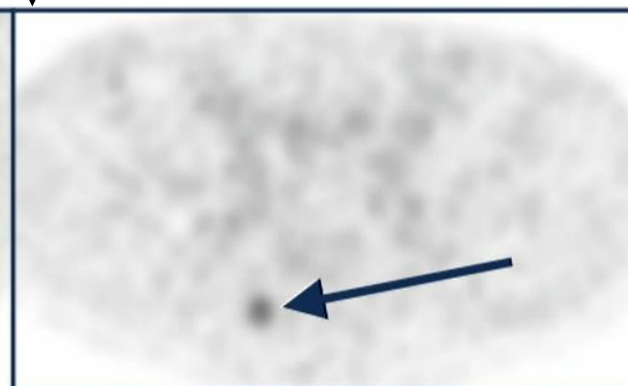
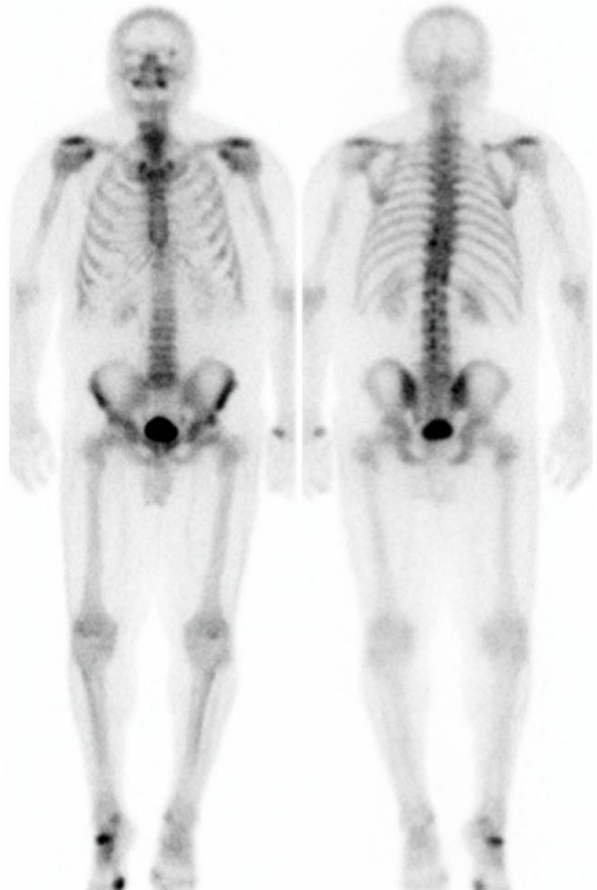
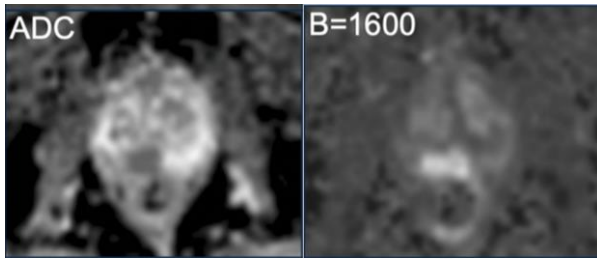
F PSMA 1007



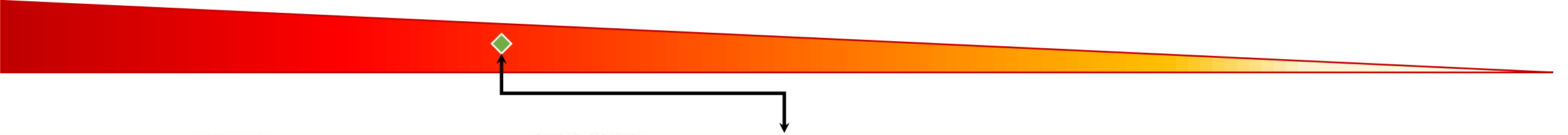
M1?



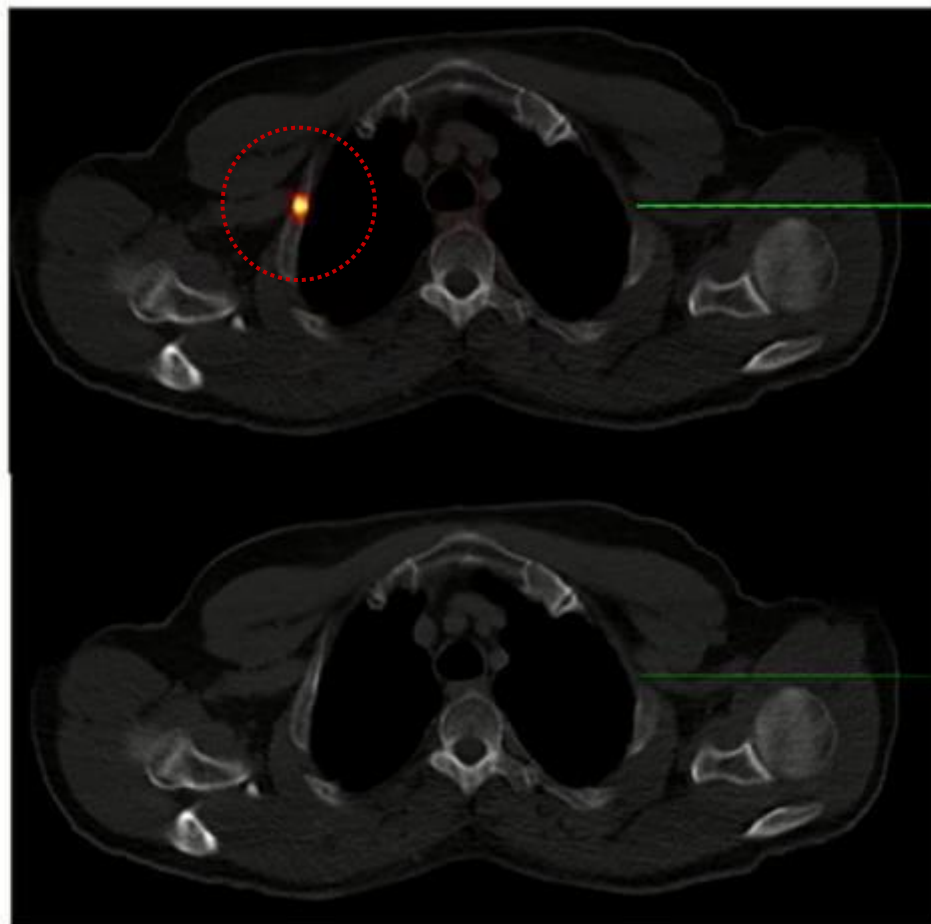
*Initial Staging [cT3b, GS 4+4, PSA 9.3]*







GS 4+5,  
BCR PSA 0.55

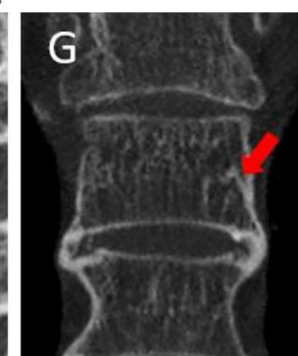
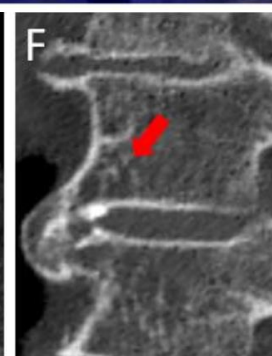
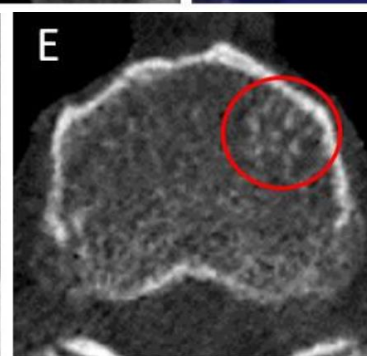
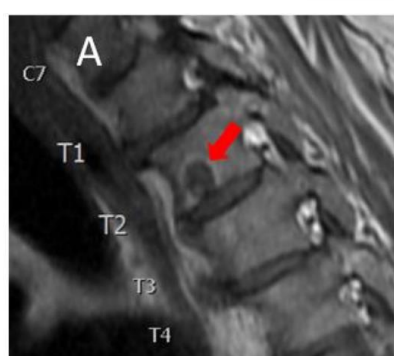
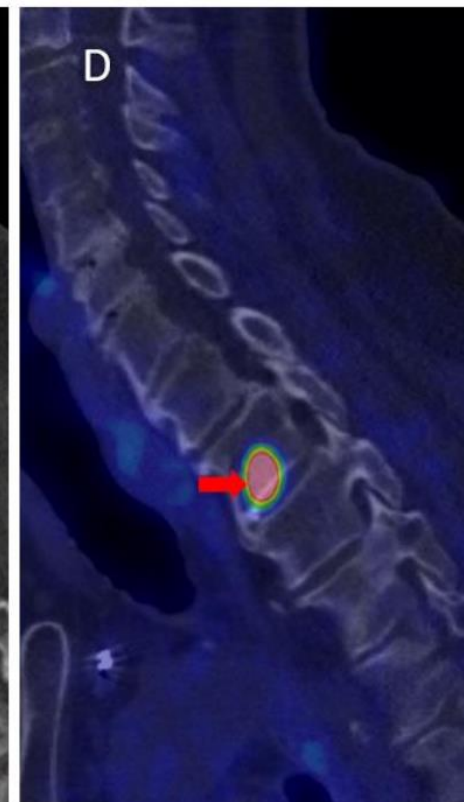
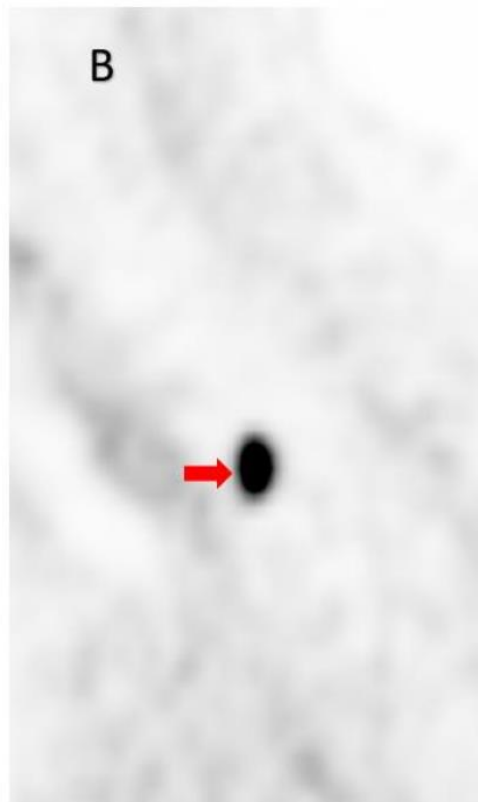
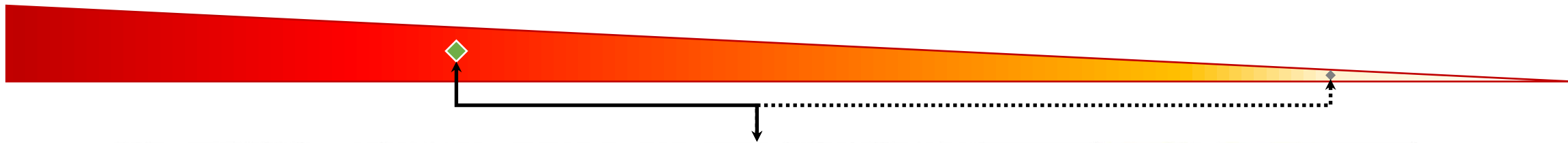


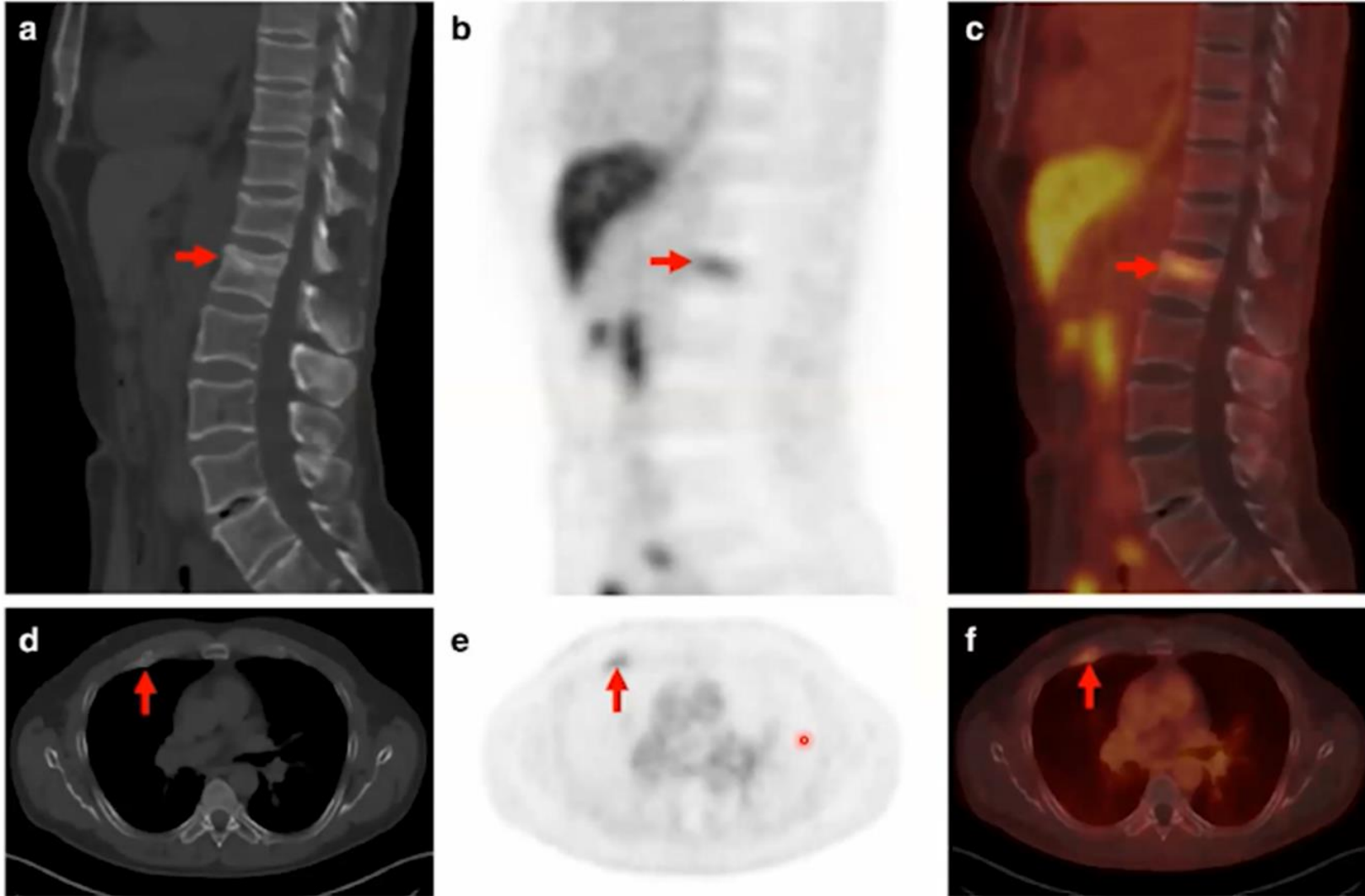
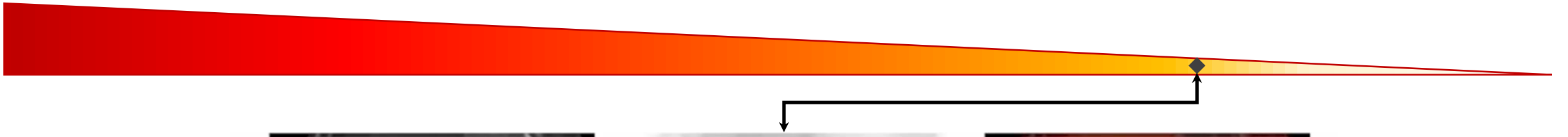
SUVmax **17**  
CT negative  
Isolated

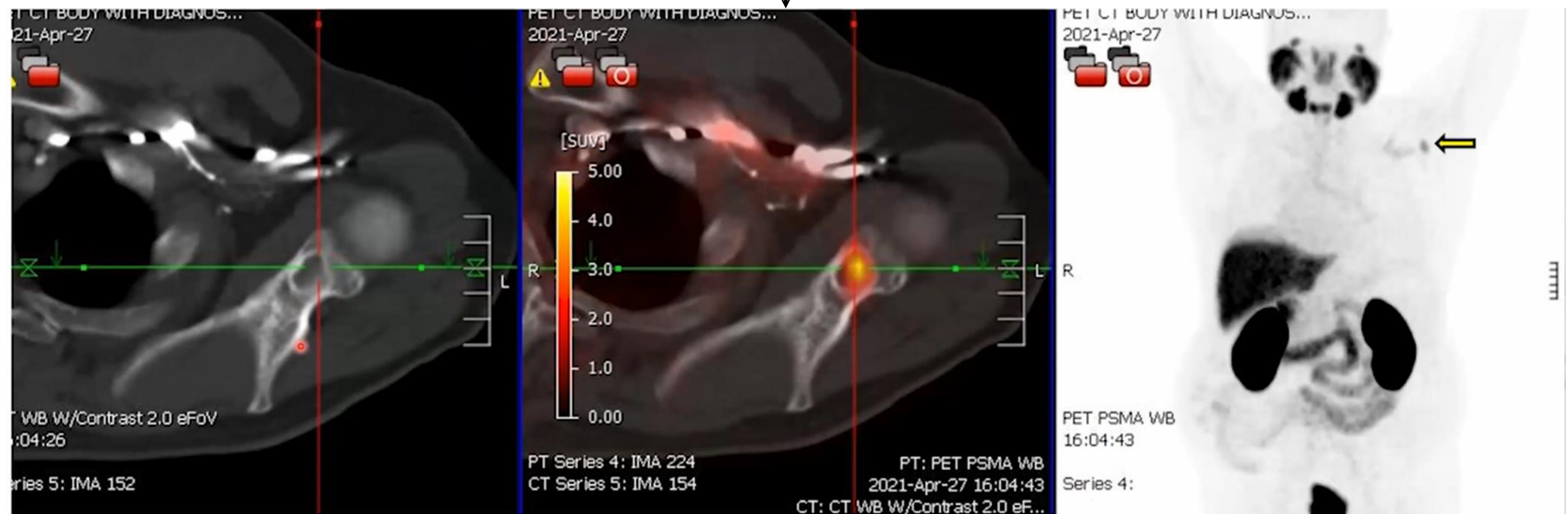
**Focal + Intense uptake**  
**=**  
**very high probability of PCa**

Lesion treated with SBRT  
with good PSA response









**LUCENT LESION WITH SCLEROTIC RIM**  
**Non aggressive**  
**Not Prostate Cancer**

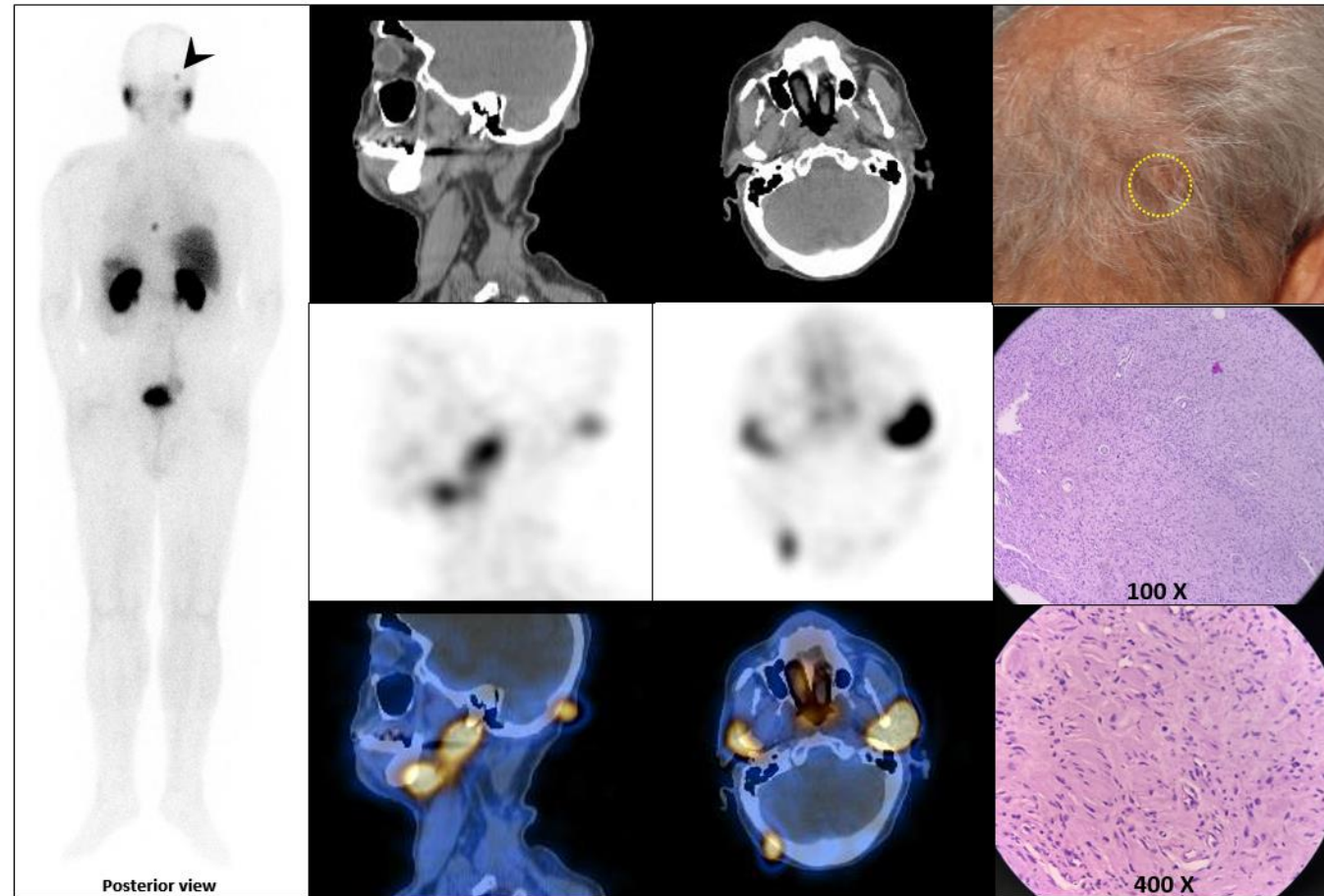
degenerative cyst.  
 more often in the hip rather than in the shoulder.



# *All that glitters is not gold!*

## **False positive lesions with high SUVs:**

- **Vascular lesions:**
  - ✓ *Hemangioma*
  - ✓ *Hemangiopericytoma*
  - ✓ *Angiolipoma*
- *Paget's disease*
- *Desmoid tumor*
- *Neurofibroma*
- *Hibernoma*
- *Chronic beryllium lung disease*
- *A few second primary malignancies*



Neurofibroma [Samadi, CNM 2025]

# *TIPS for PSMA PET/CT Reporting*

Faint  
Diffuse (not focal)  
Isolated  
Symmetric (also Coronal view)  
Uncommon Location for Prostate Cancer Spread  
Decreased Uptake on late Acquisition  
CT Correlate Pattern

Probably  
**NOT**  
Prostate  
Cancer

**PET Physician  
Perspective:**

I must **not miss a lesion**  
I need to back-up myself in case of pursuit

**= Sensitivity**

**MDT**

**Discussion**



Intense  
Focal  
Known other metastatic lesions  
Asymmetric (also Coronal view)  
Common Location for Prostate Cancer Spread  
Increased/stable uptake on late acquisition  
Lesion size (PSMA-TV)

Suspicious  
for  
Prostate  
Cancer

**Clinician  
Perspective:**

How do I treat this image finding?  
Is it real?

**= Specificity**

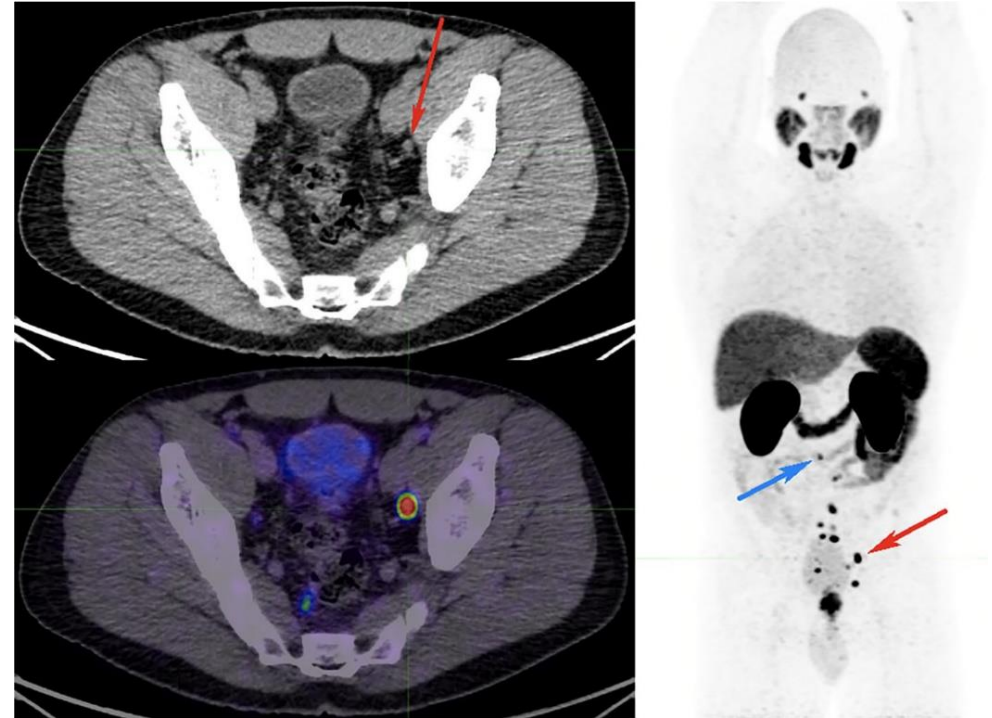


# *A Slow Paradigm Shift!*

**Definitive therapy should not be denied** for those with negative conventional imaging but positive PSMA PET [ESMO 2020].

- ✓ In patients with **BCR** who have **non-regional disease** seen **on PET/CT** but **no visible disease on conventional imaging**, clinicians **may omit salvage RT to the prostate bed** and should discuss the **uncertain role of systemic therapy** in this setting.

[AUA/ASTRO/SUO 2024]



- ✓ If **mi-only omPC** is **not covered by MDT**, it has a **detrimental effect on OS** [APCCC 2024 consensus: **if MDT is planned, use NGI**]

PSMA PET M1b (+) & underlying CT (+):  
**no additional work up**

PSMA PET M1b (+) & underlying CT (-)  
**additional work up**

APCCC 2022  
&  
APCCC 2024  
Consensus  
Guidelines

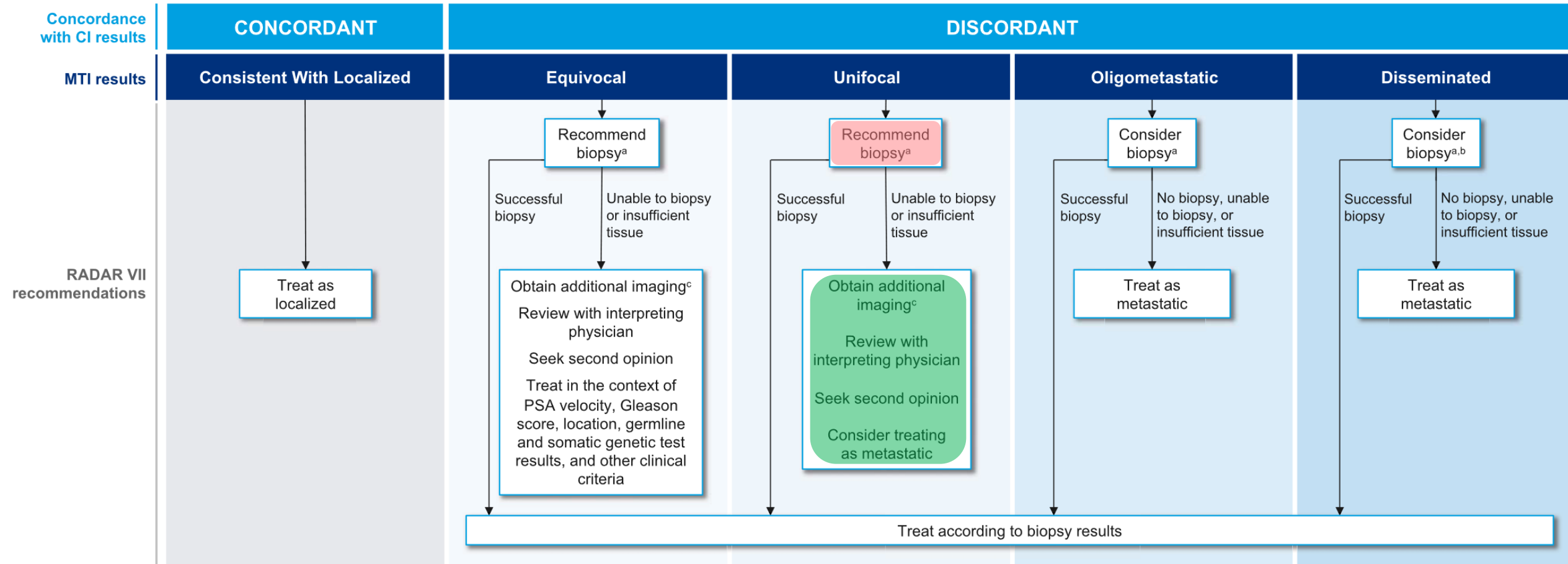
**Q6.** For patients with clinically localised prostate cancer with PSMA-positive findings consistent with metastases in the bone on the CT component of upfront PSMA PET, 78% of panellists voted not to recommend additional imaging (eg, MRI or bone scintigraphy) and 22% voted to recommend it. (Consensus not to recommend additional imaging.)

**Q7.** For patients with clinically localised prostate cancer and PSMA PET-positive lesions in the bone without a correlate on the CT component of upfront PSMA PET, 73% of panellists voted to recommend additional imaging (eg, MRI or bone scintigraphy) and 27% voted not to recommend it. (No consensus for any given answer option.)

*Same results in 2024*

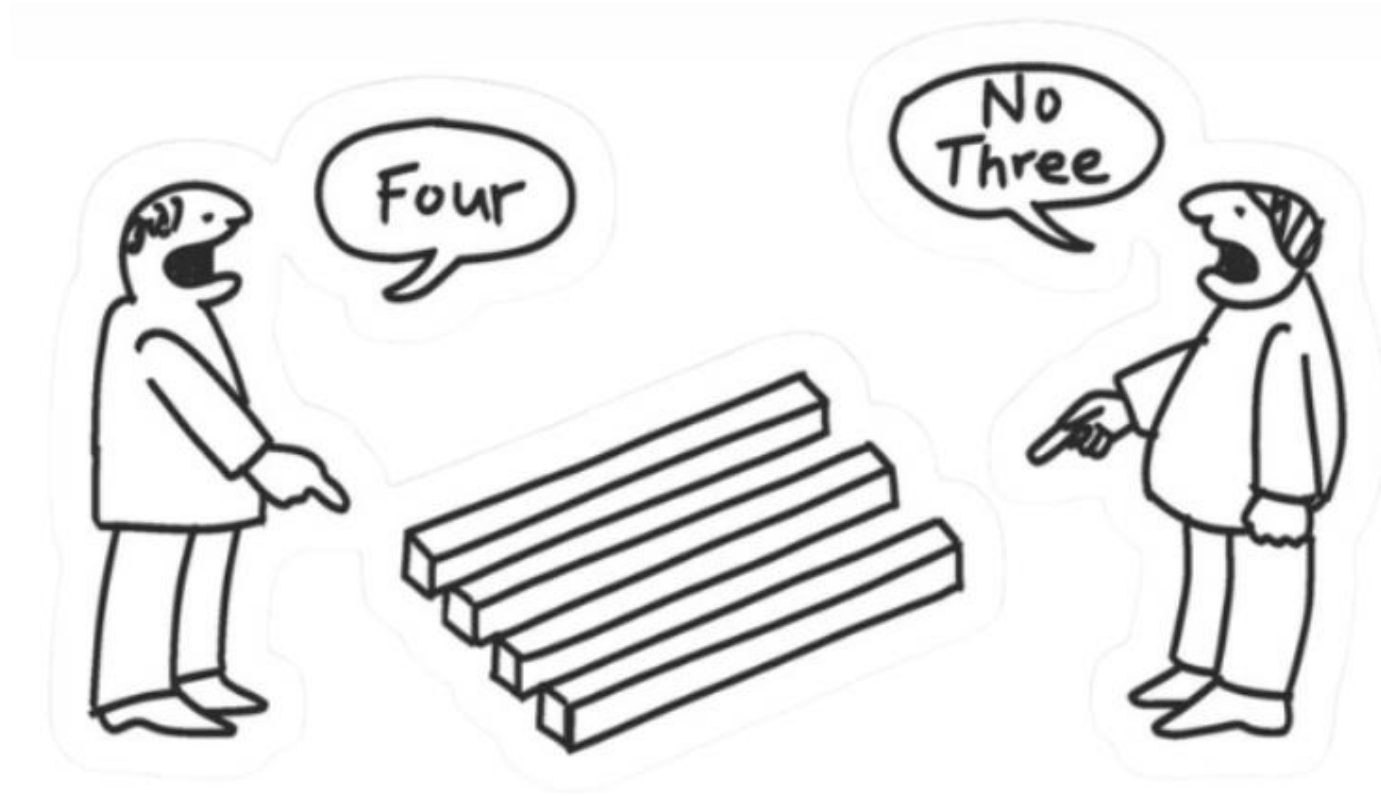
# How to deal with negative conventional imaging cases while PSMA scan is positive? (Staging)

The **RADAR VII guideline** recommends:



<sup>a</sup> Biopsy options include interventional radiology or lymph node dissection. <sup>b</sup> Consider for disease with high-risk features such as neuroendocrine differentiation, high-volume metastatic disease, and rapid PSA velocity, among others. <sup>c</sup> Consider magnetic resonance imaging and/or computed tomography.

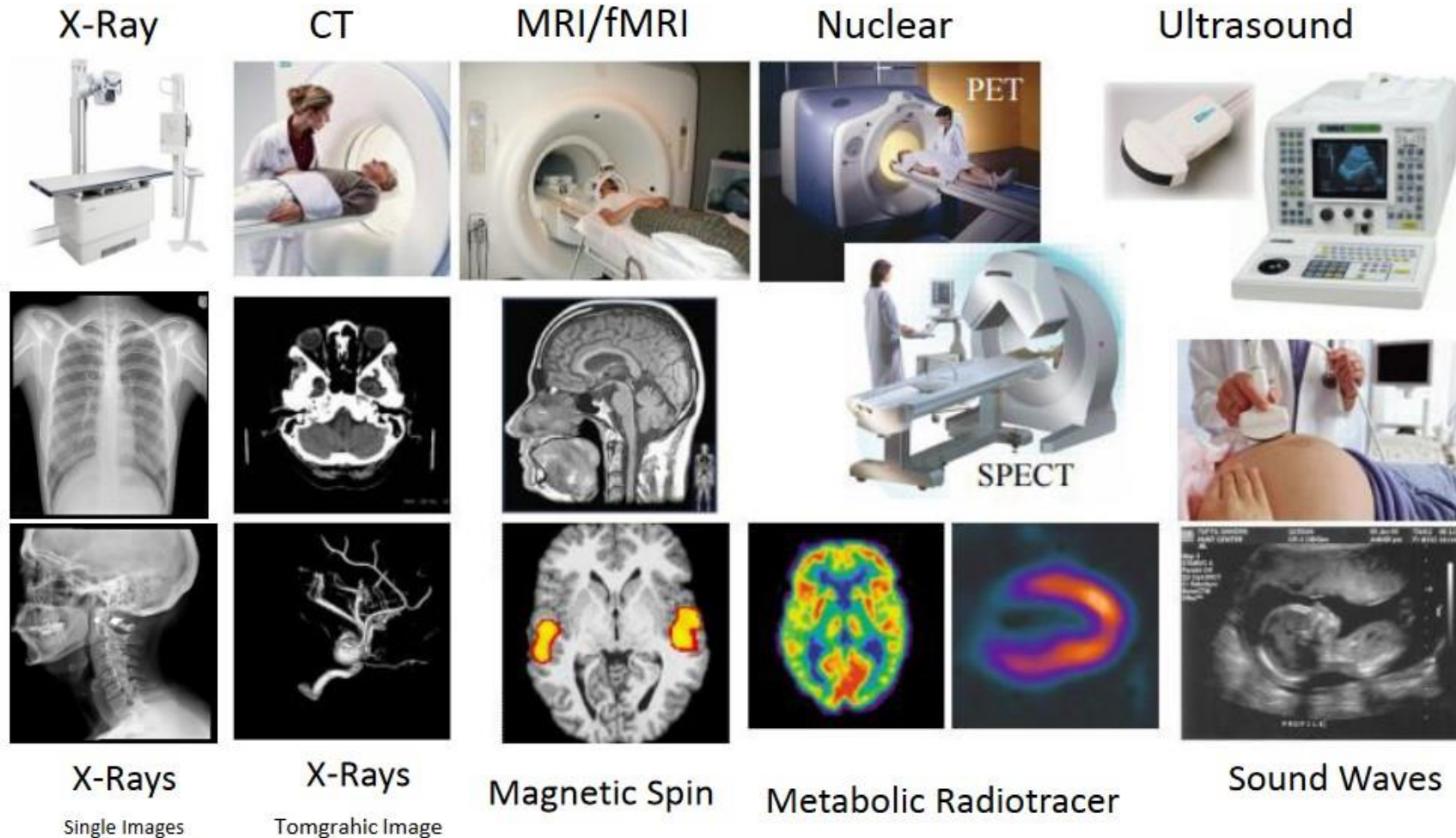
# *How to validate $M_1$ ? Consensus Reading*



- ✓ **Isolated bone mets. outside pelvis/vertebra = rare (1%)**
- ✓ Highest (~70%) inter-reader agreement = PSMA PET/CT



# *How to validate M1? Correlative Imaging*



✓ Risk of malignancy for equivocal bone lesions (**PSMA-RADS 3B**)  
in  $^{68}\text{Ga}$ -PSMA-11 PET/CT = ~30% (29-32.6%)



# *How to validate $M_1$ ? Waiting vs. Action*

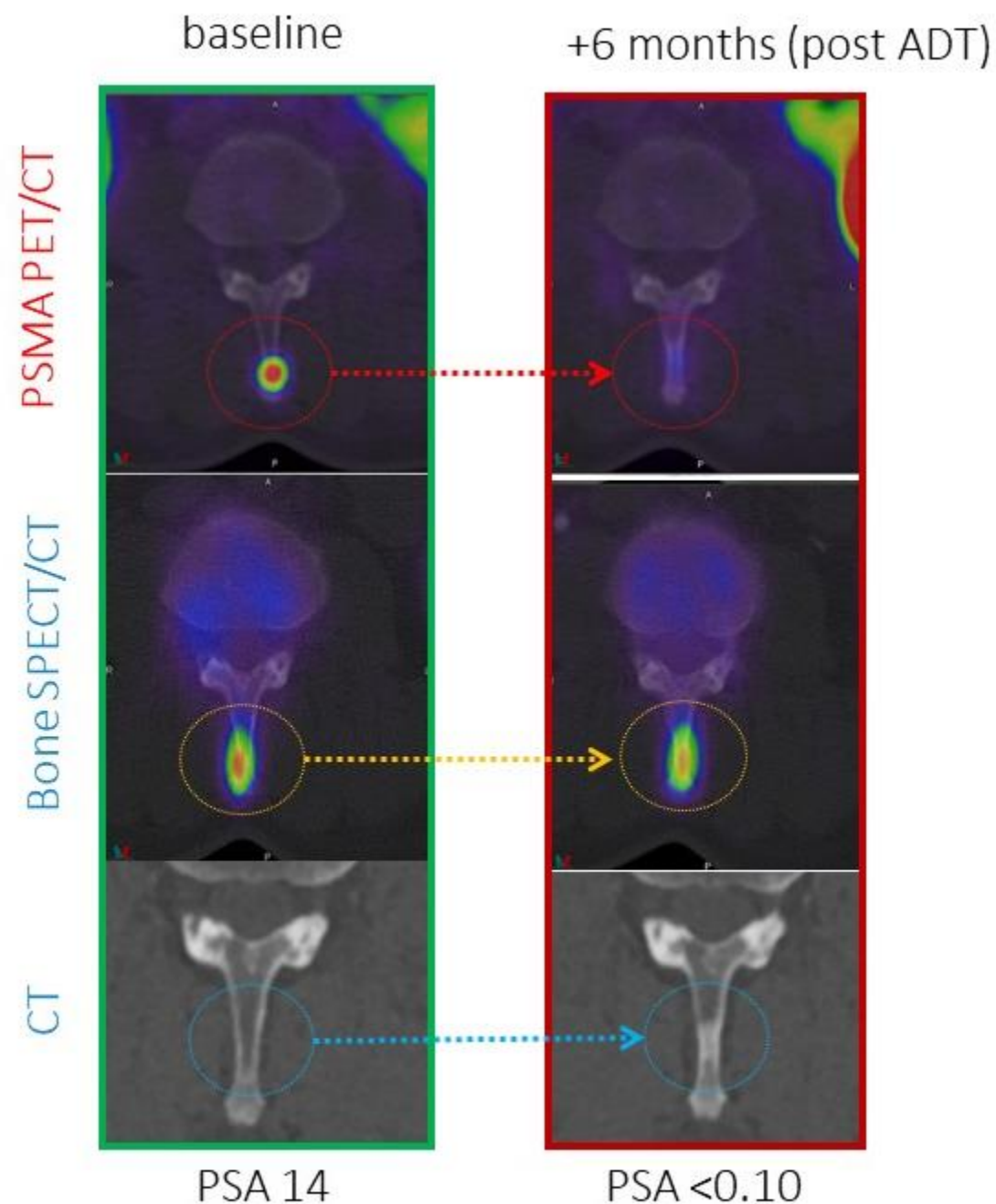
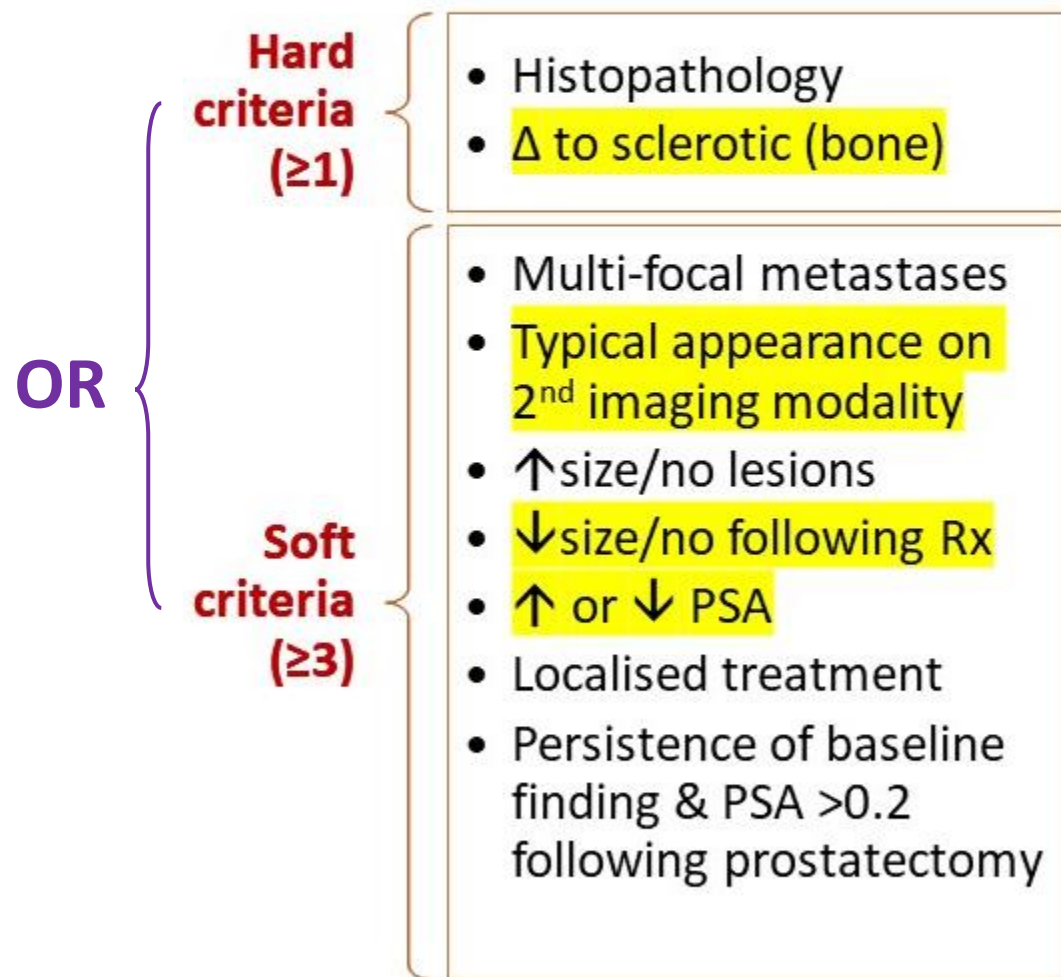


25% of bone Bx are  
**non-diagnostic!**





# *ProPSMA accuracy validation protocol*



# ***PSMA vs. Histopathology (mostly meta-analyses)***

✓ **T-category:** sensitivity = 71%, specificity = 92%

○ **Intraprostatic (csPCa):** accuracy = 86% (PET/CT), 97% (PET/MR)

• **PRIMARY-PIRADS composite score:** improved NPV & sensitivity compared to mpMRI

○ **EPE:** accuracy = 73% (PET/CT), 77% (PET/MR)

○ **SVI:** accuracy = 87% (PET/CT), 90% (PET/MR)

○ **miTr (BCR):** sensitivity = 84%, specificity = 97%

✓ **N-category:** **sensitivity = 57%**, specificity = 96%

○ Weakness: **small LNs (<5 mm; gold standard is still ePLND)**

✓ **M-category:**

○ **M1b:** sensitivity = 97%, specificity = 100% (Weakness: BVC, **UBU**)

○ **M1c:** lung (27.5% **PSMA-negative**), liver (22.3% **PSMA-negative**) (Weakness: **NED**)

○ **OSPReY trial (Histopathology; PPV):** **M1b = ~81%, M1c = ~93%**

## *Case #2*

- 68-year-old gentleman
- s/p RP 1/11/2016
- pT2cN0, pGS 4+3, margin negative (0/4) nodes
- His first post-op PSA 0.03 but rose to 0.12 on 8/6/2016.
- It has since increased to 0.22 on 1/1/2017 with a **PSAdT on the order of 2 months**



R



A

C:2.50 W:5.00

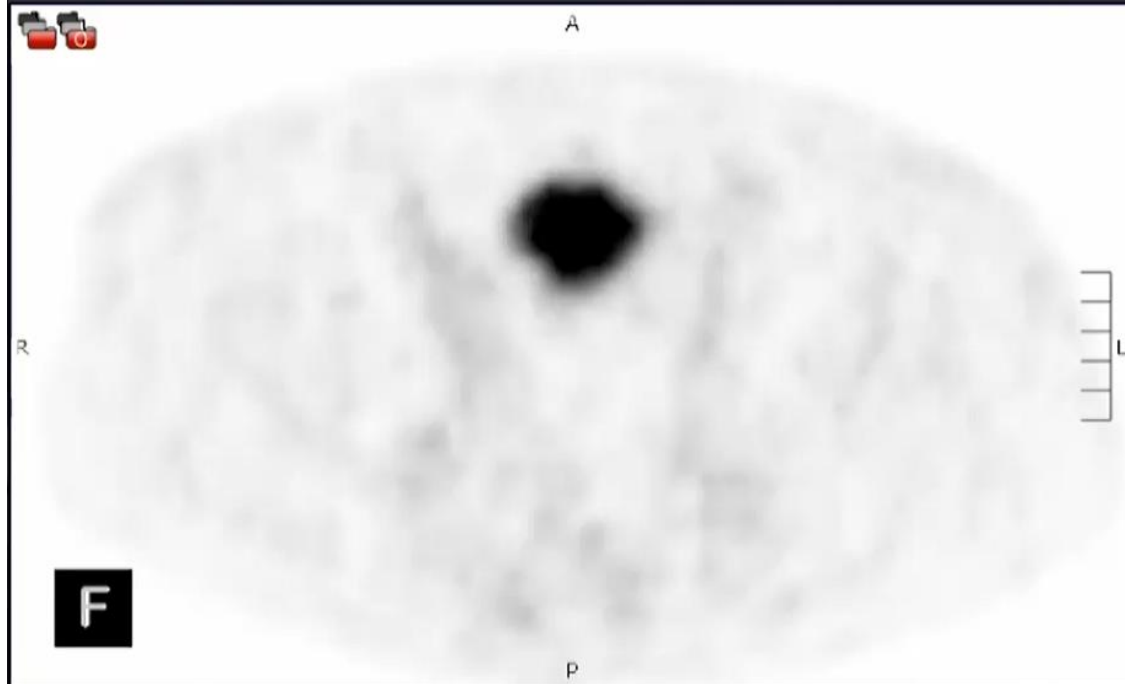
3D IMIP

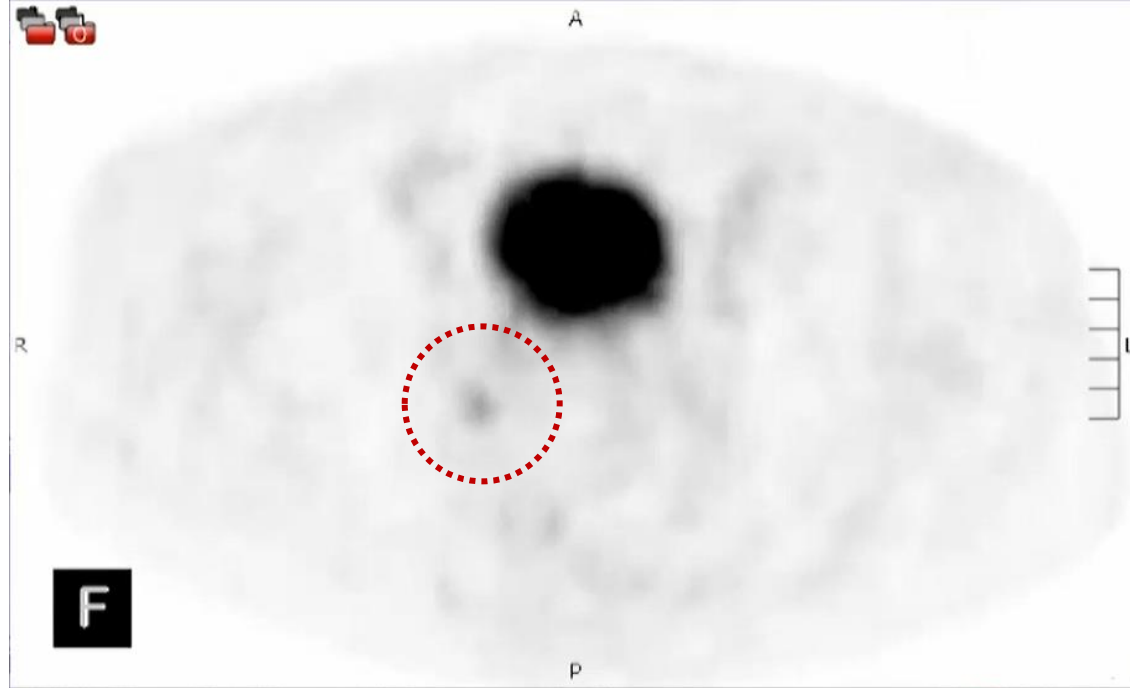
Slab Off

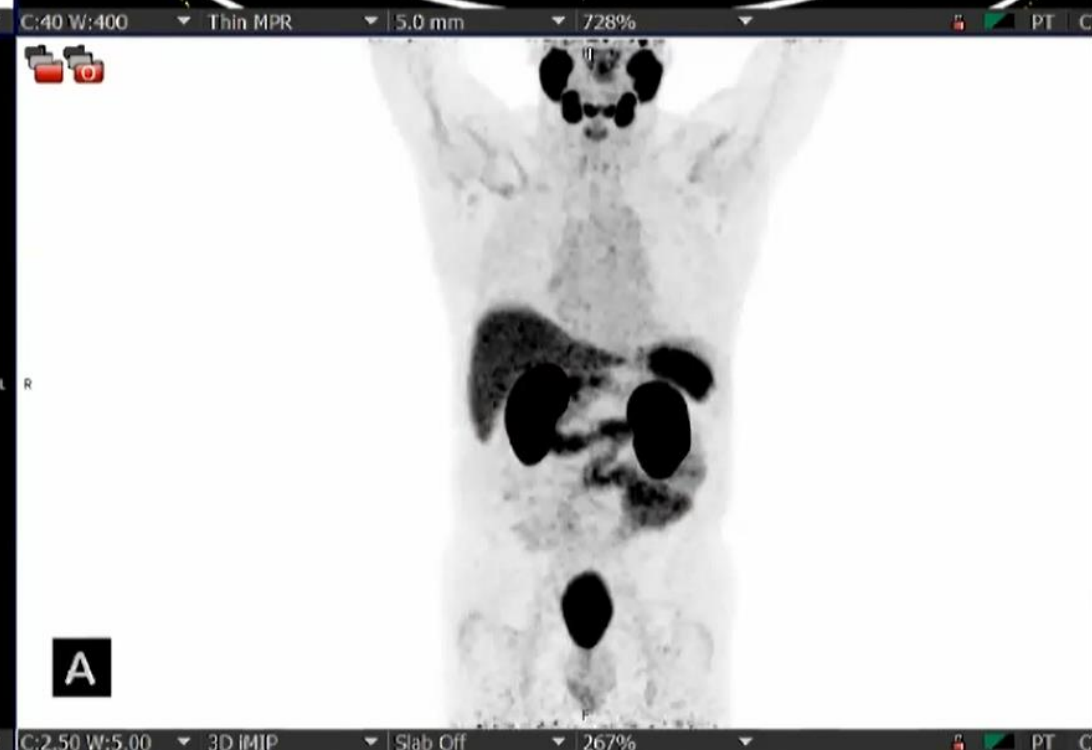
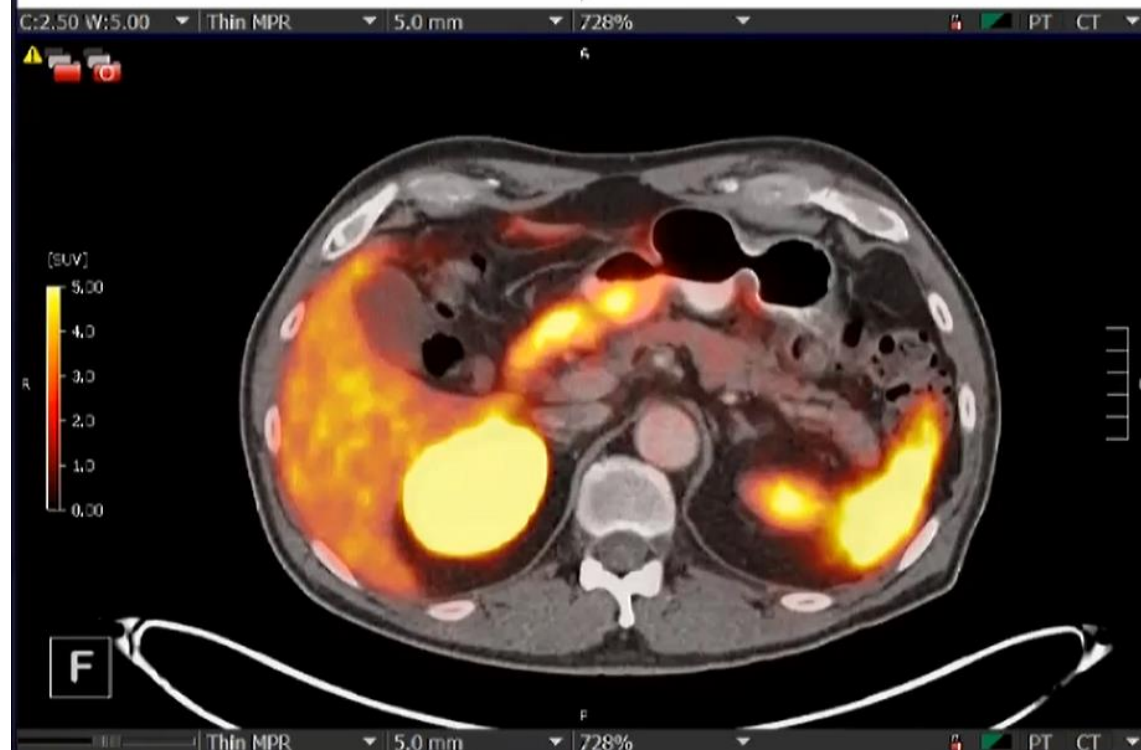
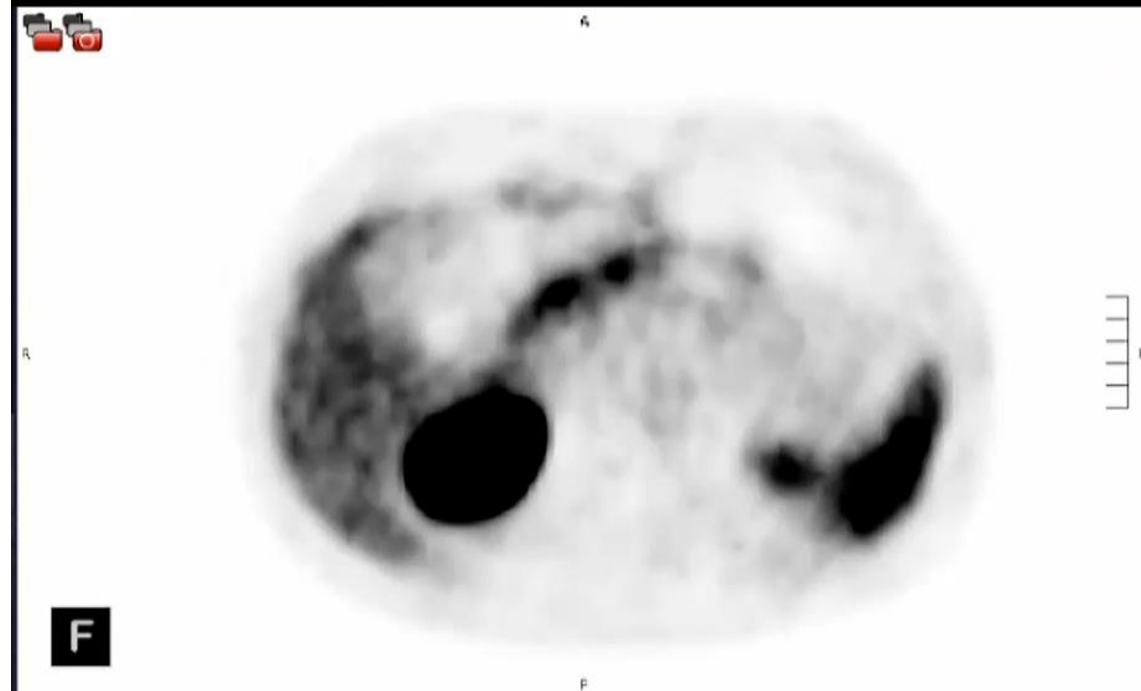
545%

PT CT







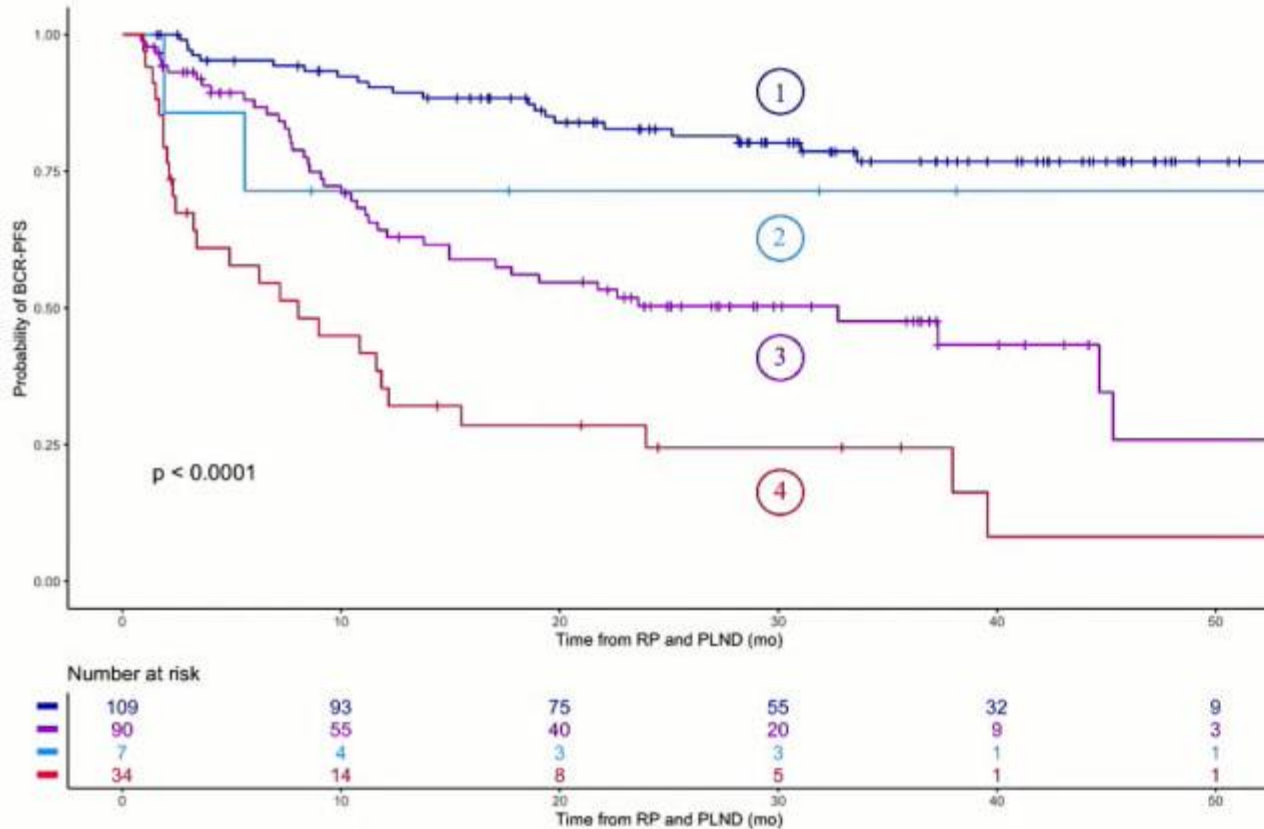


## *Case #2*

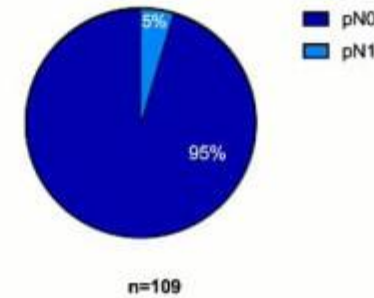
- **PSMA PET** on 1/18/2017 was **negative**.
- **Plan: IMRT to the pelvic nodes (50.4 Gy) + prostate bed (72 Gy), completed 6/8/2017 with ADT 6 months**
- **PSA remained undetectable for >4 years** after treatment completion.



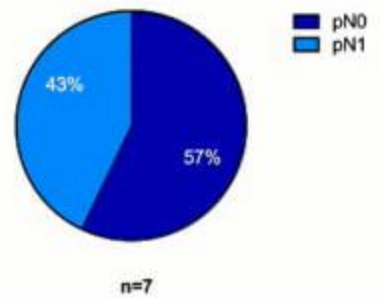
# Outcome of Pathology-PSMA PET Discordance



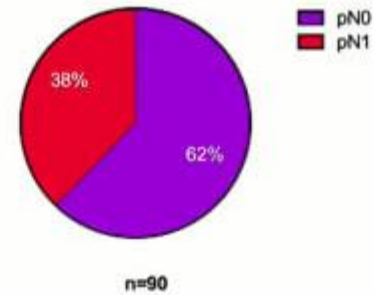
① Low risk local histopathology and PSMA N0-M0



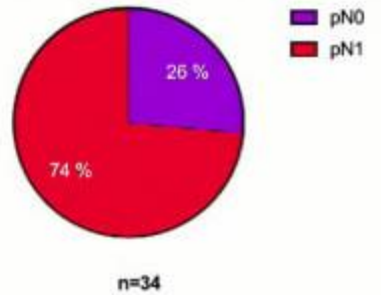
② Low risk local histopathology and PSMA N1/M1



③ High risk local histopathology and PSMA N0-M0



④ High risk local histopathology and PSMA N1/M1





## *Another case*

76 year old patient

GS 4+3

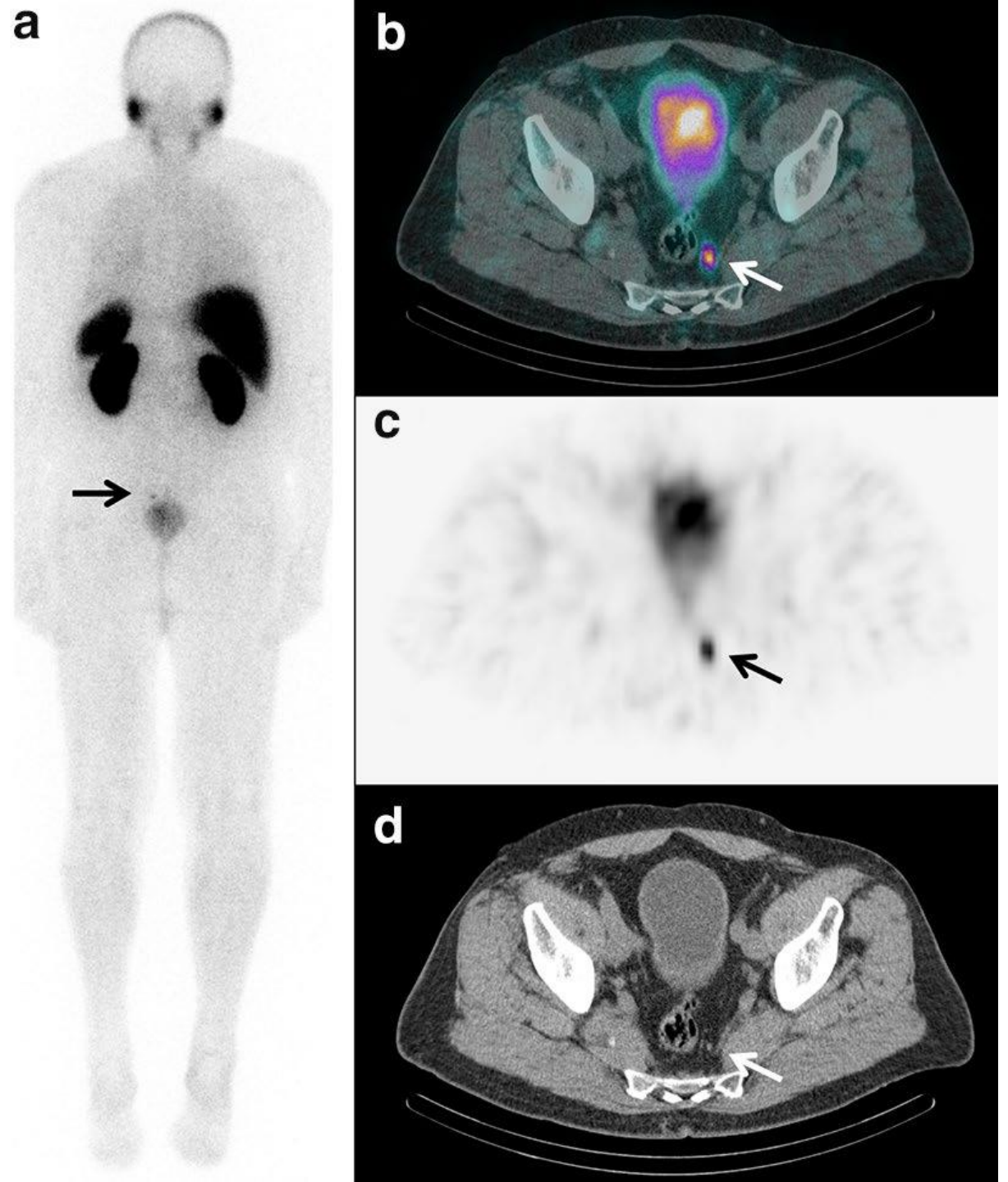
(4/12 cores; no pathology adverse features)

PSA = 7.6

Referred for staging

Interpretation?

How does it change management?



# *Another case*

65 year old patient

4 years Post-RP

GS 5+4 (4/12 cores; IDC)

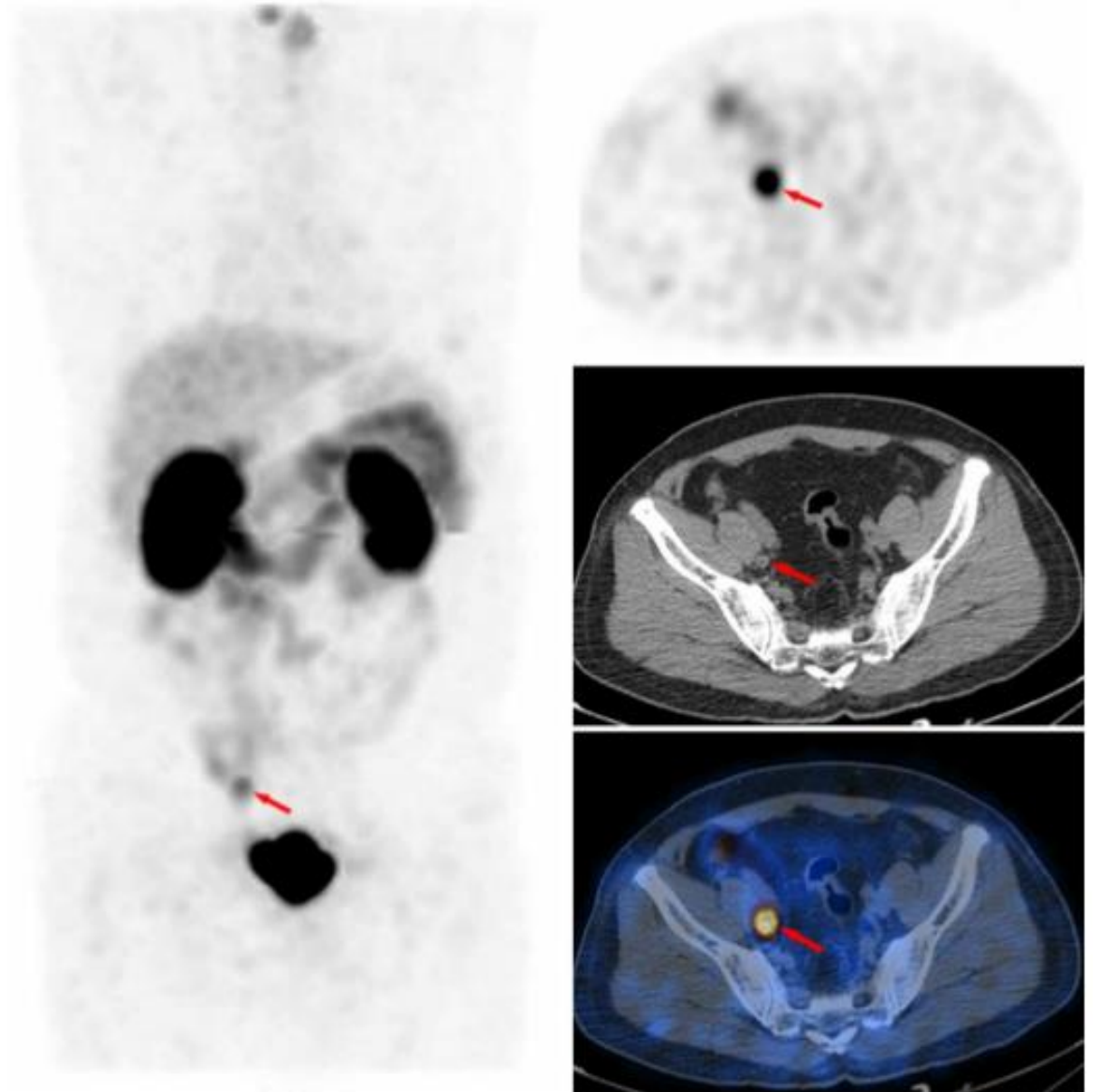
Initial PSA = 21

Referred for re-staging (PSA = 0.04)

Not seen on staging PSMA scan

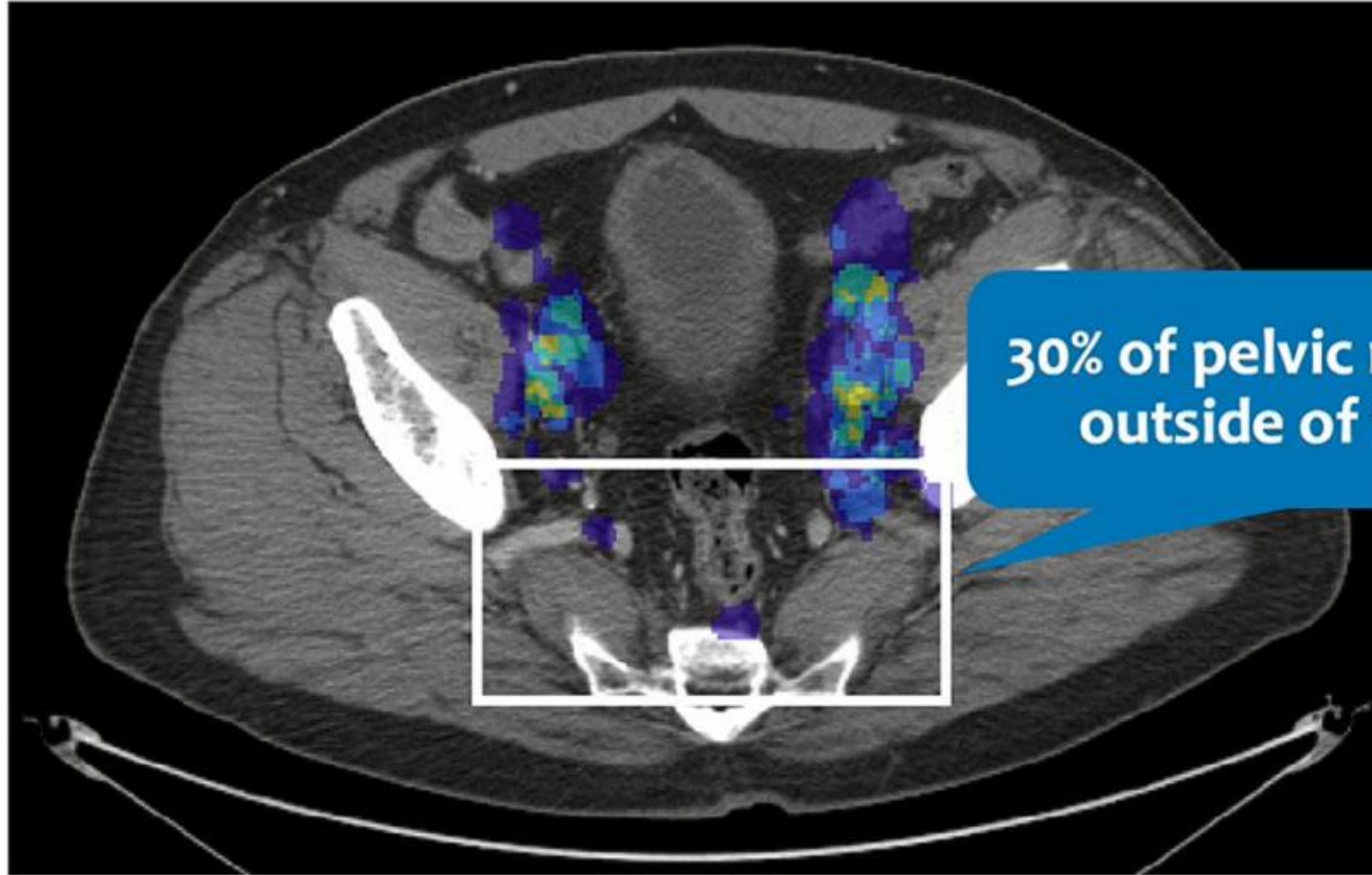
Interpretation?

How does it change management?



## Sites of Lymph Node Metastases Both in and outside of template

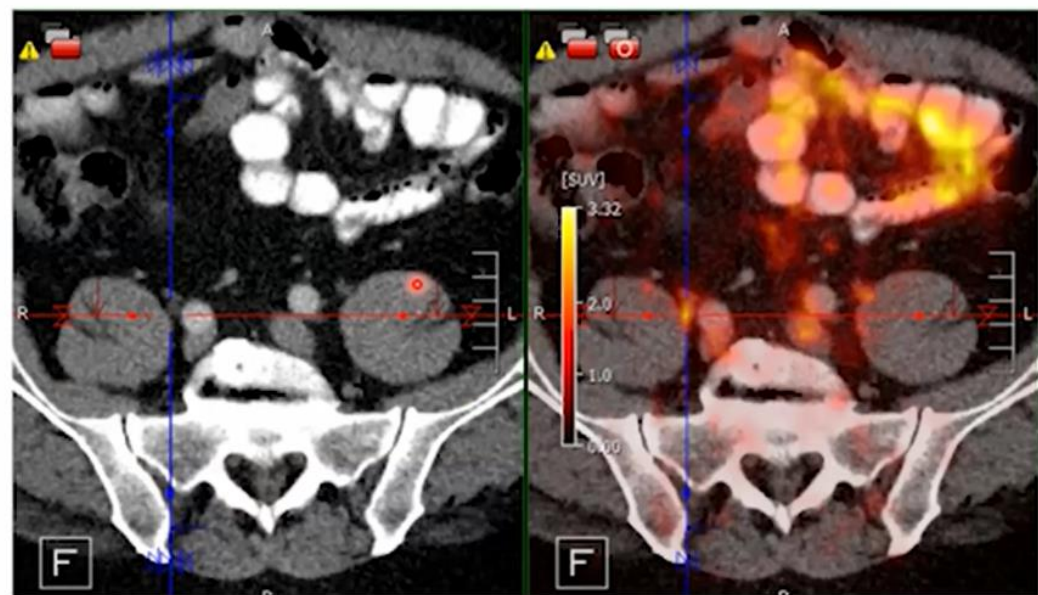
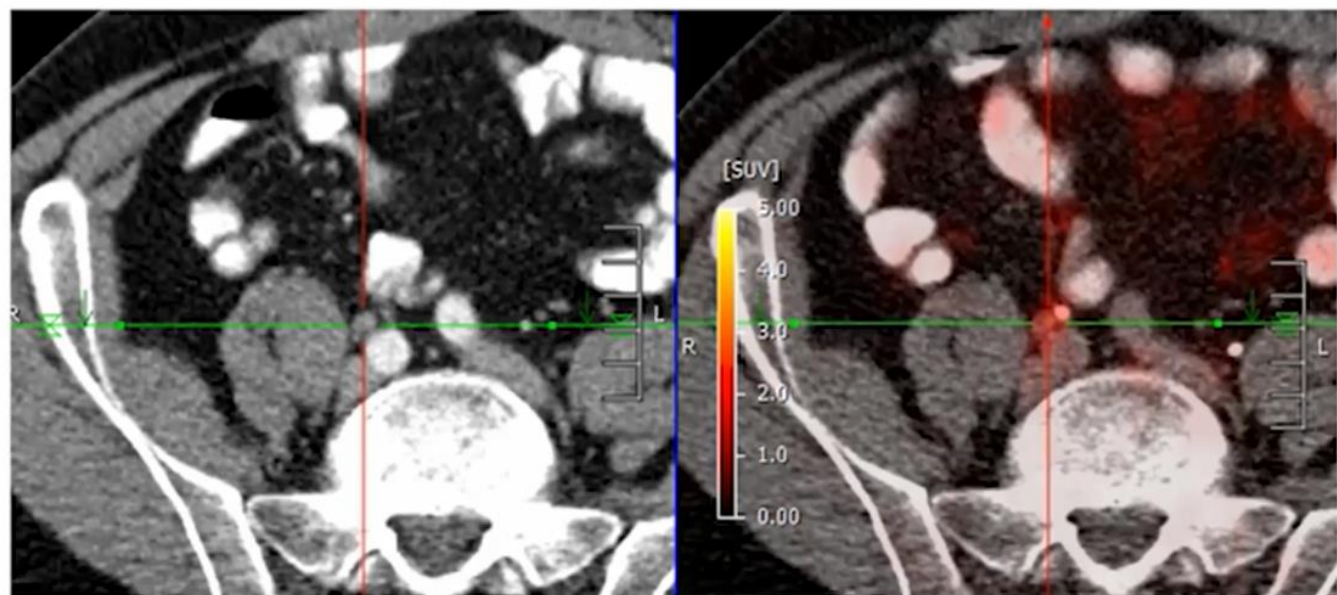
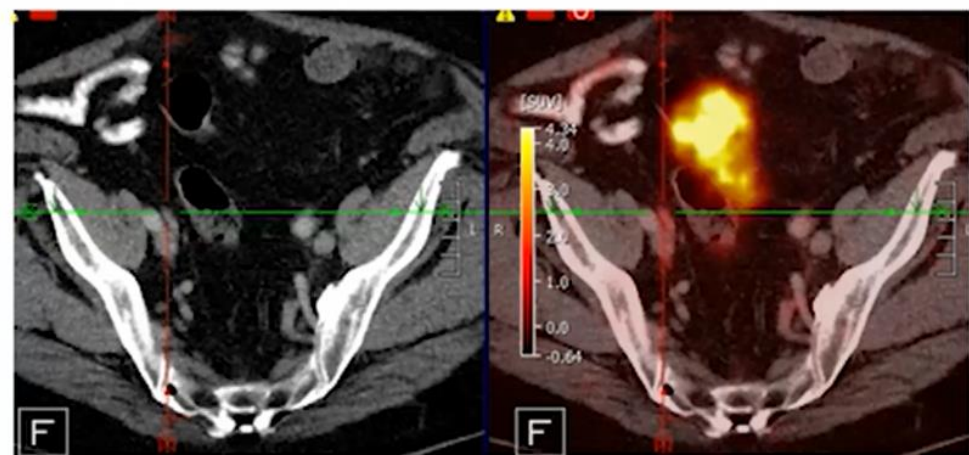
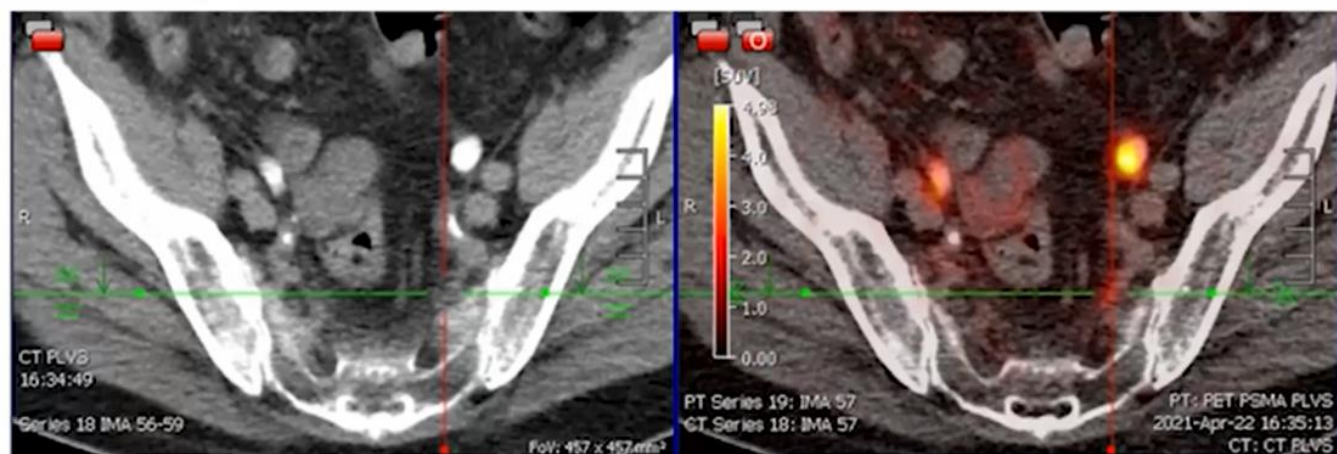
---



**30% of pelvic recurrences  
outside of template**



## FAINT UPTAKE Lymph Nodes $\rightarrow$ False Positive or False Negative ?





# Size does matter !

| Authors            | Test results, number of patients or lesions |                |                |               | Sensitivity<br>(95% CI) | Specificity<br>(95% CI) |
|--------------------|---|----------------|----------------|---------------|-------------------------|-------------------------|
|                    | true positive                               | false positive | false negative | true negative |                         |                         |
| Cantiello F        | 7   | 0              | 1              | 15            | 0.88 (0.47–1.00)        | 1.00 (0.78–1.00)        |
| van Leeuwen PJ (a) | 12  | 1              | 10             | 157           | 0.55 (0.32–0.76)        | 0.99 (0.97–1.00)        |
| van Leeuwen PJ (b) | 7   | 1              | 4              | 18            | 0.64 (0.31–0.89)        | 0.95 (0.74–1.00)        |
| Obek C             | 8   | 5              | 7              | 31            | 0.53 (0.27–0.79)        | 0.86 (0.71–0.95)        |
| Budaus L           | 4   | 0              | 8              | 18            | 0.33 (0.10–0.65)        | 1.00 (0.81–1.00)        |
| Maurer T           | 27  | 1              | 14             | 88            | 0.66 (0.49–0.80)        | 0.99 (0.94–1.00)        |
| Herlemann A (a)    | 12  | 3              | 2              | 23            | 0.86 (0.57–0.98)        | 0.88 (0.70–0.98)        |
| Herlemann A (b)    | 31  | 6              | 6              | 28            | 0.84 (0.68–0.94)        | 0.82 (0.65–0.93)        |
| Herlemann A (c)    | 20  | 4              | 2              | 8             | 0.91 (0.71–0.99)        | 0.67 (0.35–0.90)        |
| Combined           |   |                |                |               | 0.71 (0.59–0.81)        | 0.95 (0.87–0.99)        |

van Leeuwen PJ (a), lesion-based analysis.

van Leeuwen PJ (b), patient-based analysis.

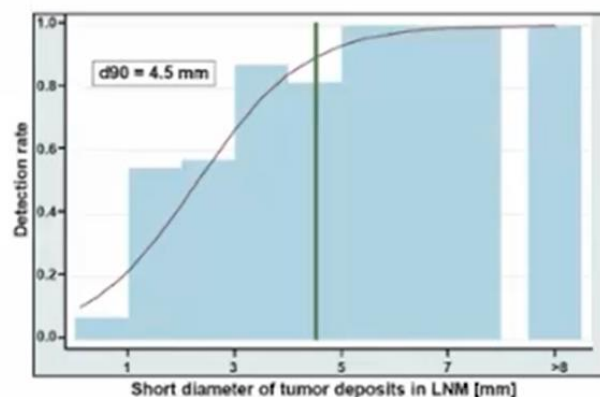
Herlemann A (a), lesion-based analysis, primary LN dissection.

Herlemann A (b), lesion-based analysis, total LN dissection.

Herlemann A (c), patient-based analysis.

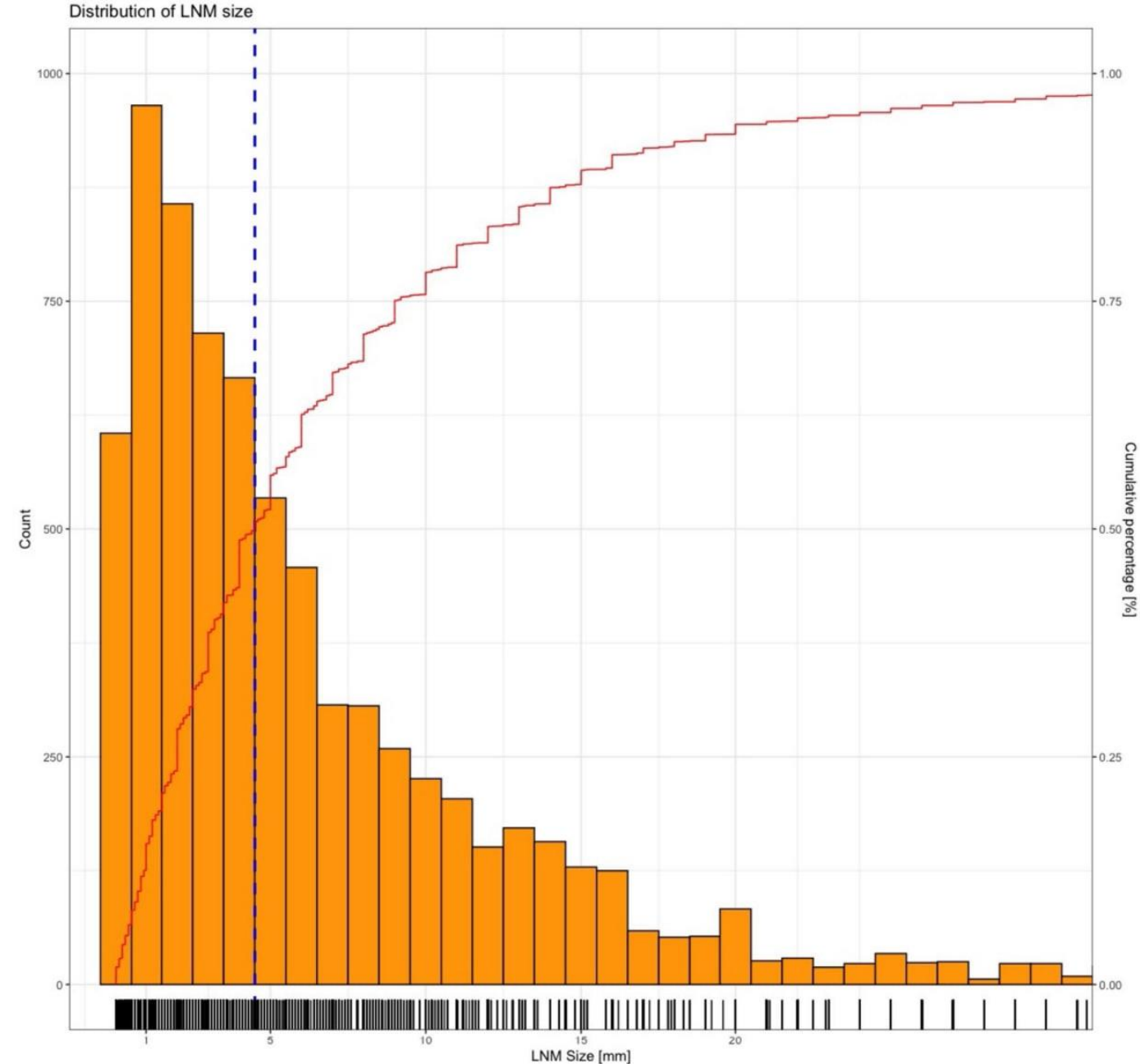
**Metaanalysis** (Kim et al., Urol Int. 2018)

**Example:**  $^{68}\text{Ga}$ -PSMA-11: size dependent detection of LN metastases: 50%/90% at short axis diameters of >2.3mm/>4.5mm



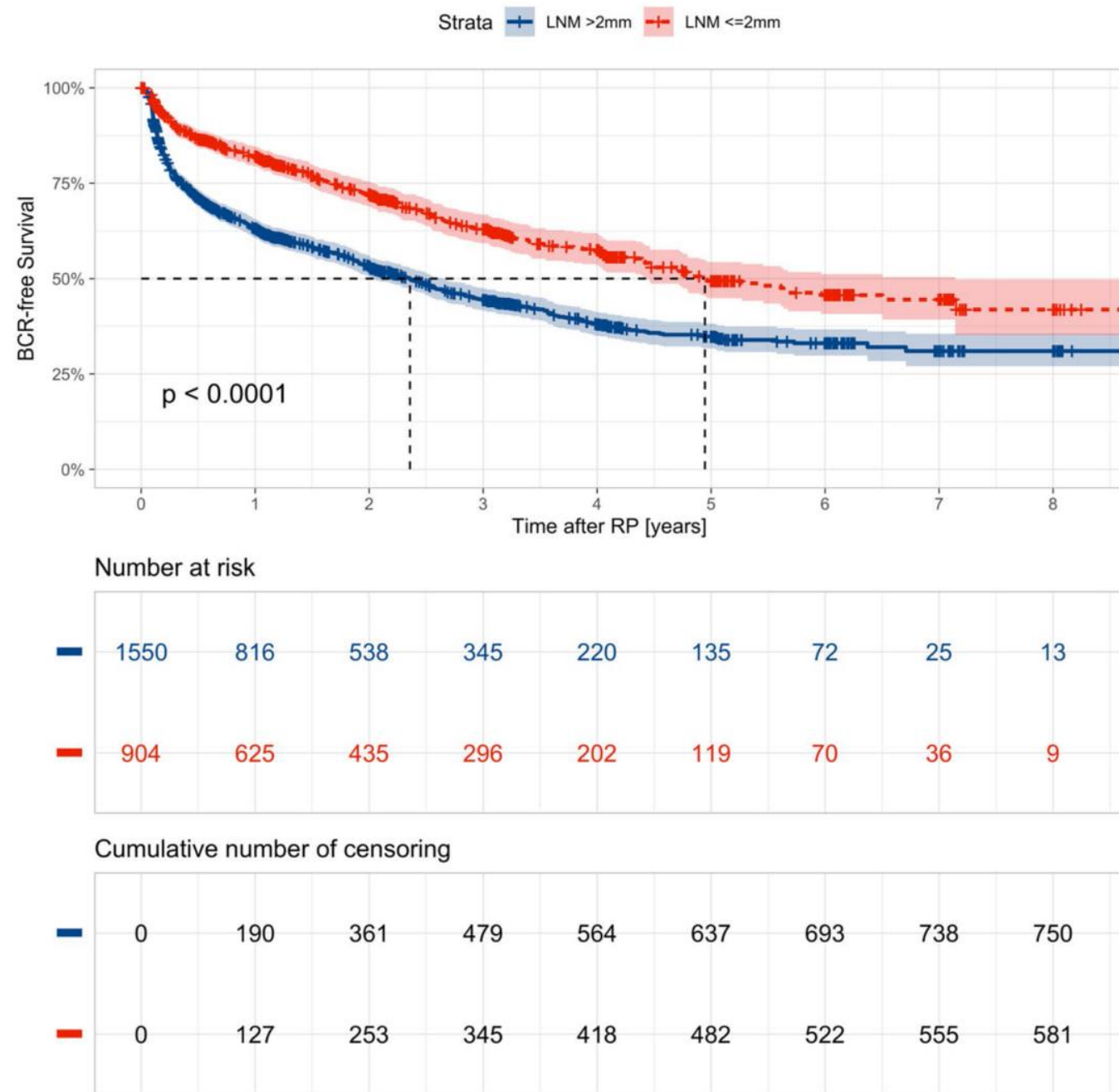
# N-category: The Achilles tendon?

PSMA-ligand PET/CT detects more than **50% of lymph node metastases** with a short diameter of **at least 2.3 mm** and **more than 90%** of those with a short diameter of **at least 4.5 mm** in a salvage lymphadenectomy setting.

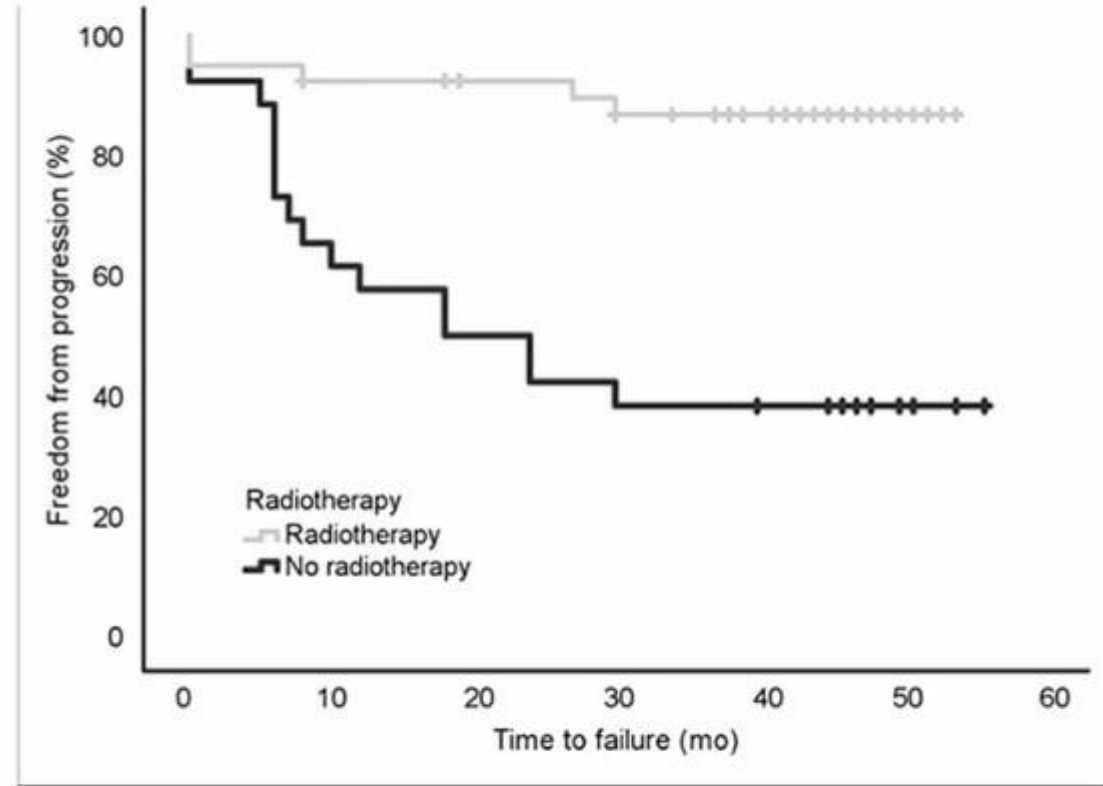
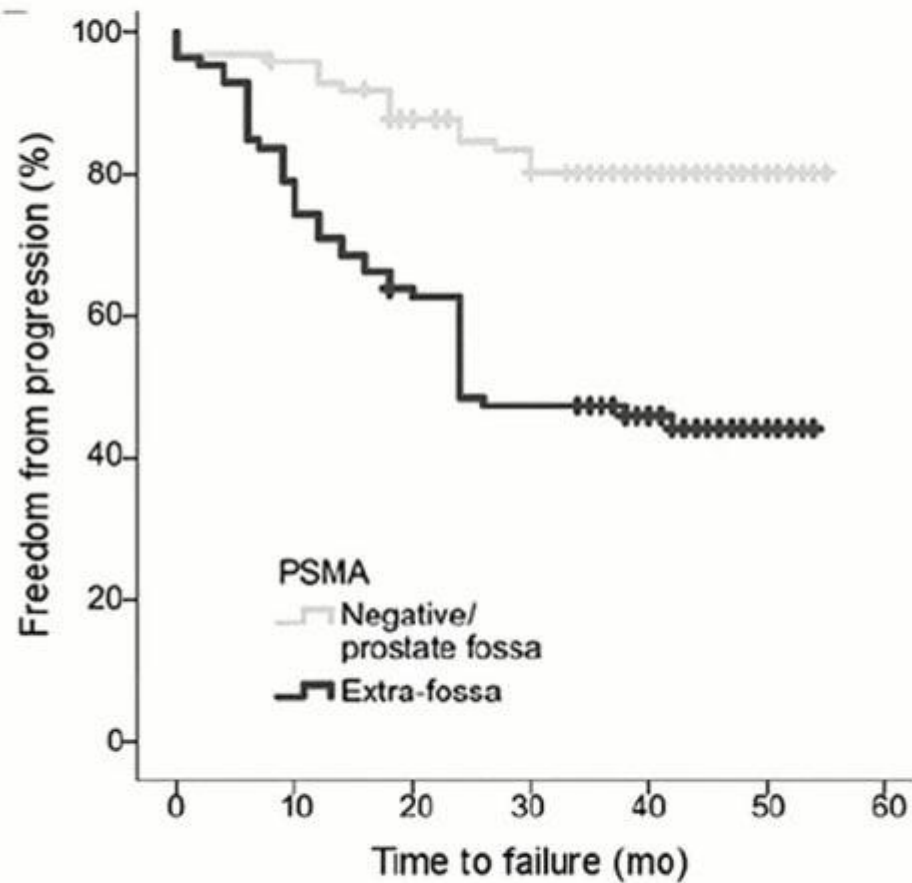


**Fig. 1** Histogram and rug plot of LNM count according to size (individual and cumulative size distribution, n=2705). Blue line=median size of LNM; red line=cumulative percentage of LNM with the size

or smaller (i.e., 75% of all LNM are 10 mm or smaller). The count (orange bars) is reported in absolute numbers and the cumulative percentage (red line) as a percentage (%)



**Fig. 2** Kaplan–Meier analyses depicting biochemical recurrence–free survival rates in 2454 patients (all patients with follow-up) treated with RP, subdivided by patients with micrometastases-only (LNMs ≤2 mm) versus patients with at least one LNM > 2 mm

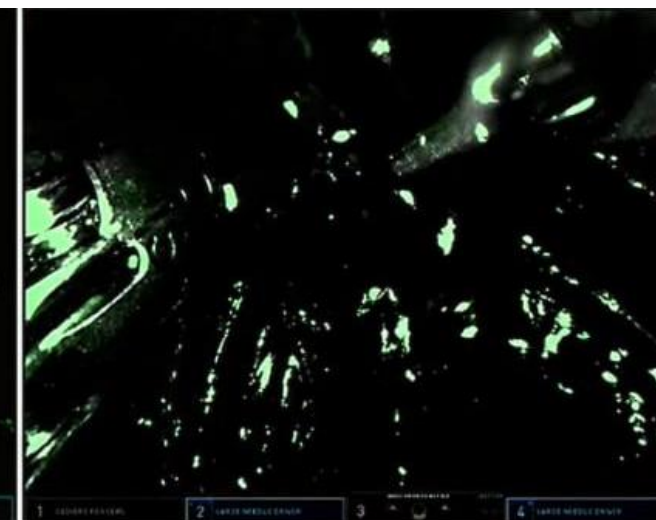
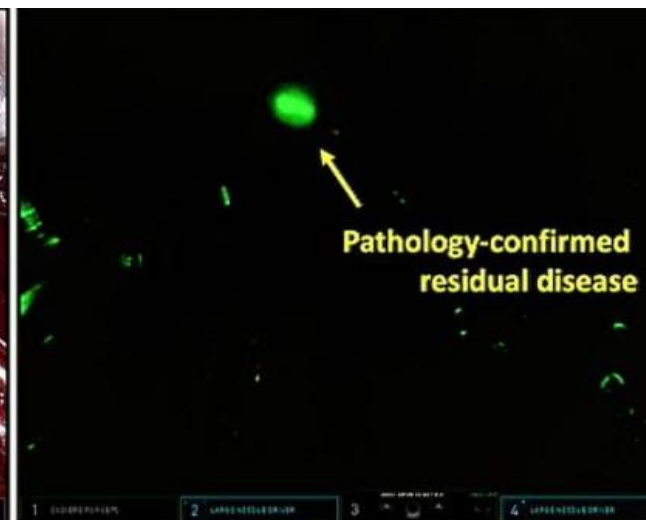
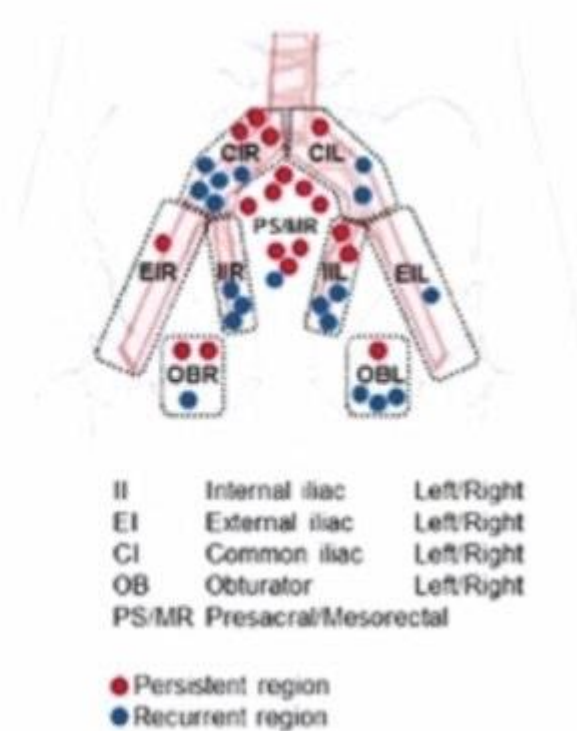
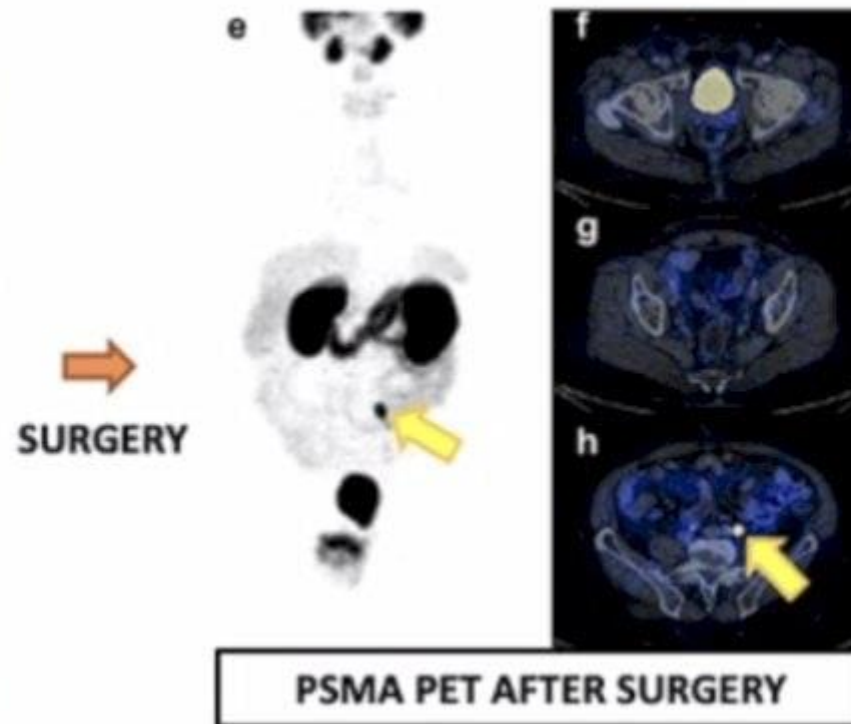
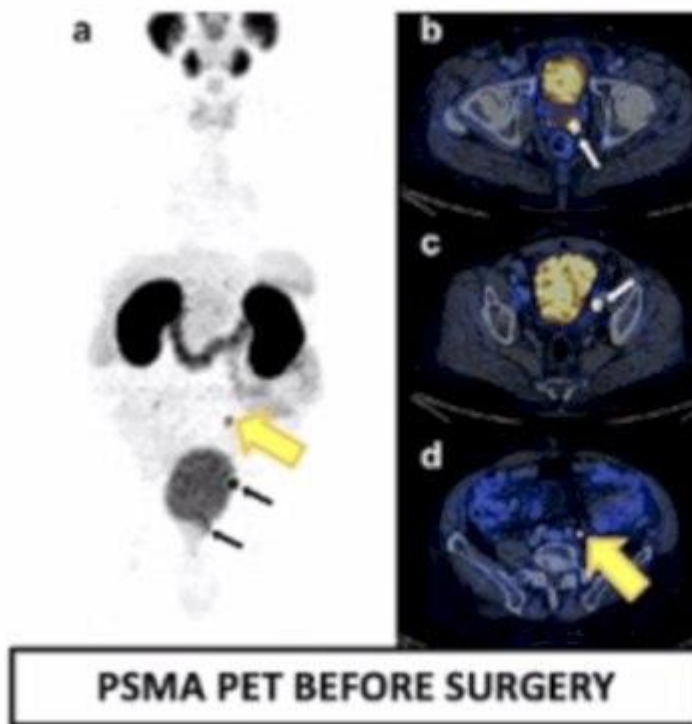


**FIGURE 3.** FFP in men with negative scan results who underwent sRT vs. men who were observed over 3 y ( $P < 0.0001$ ).

**n= 260**



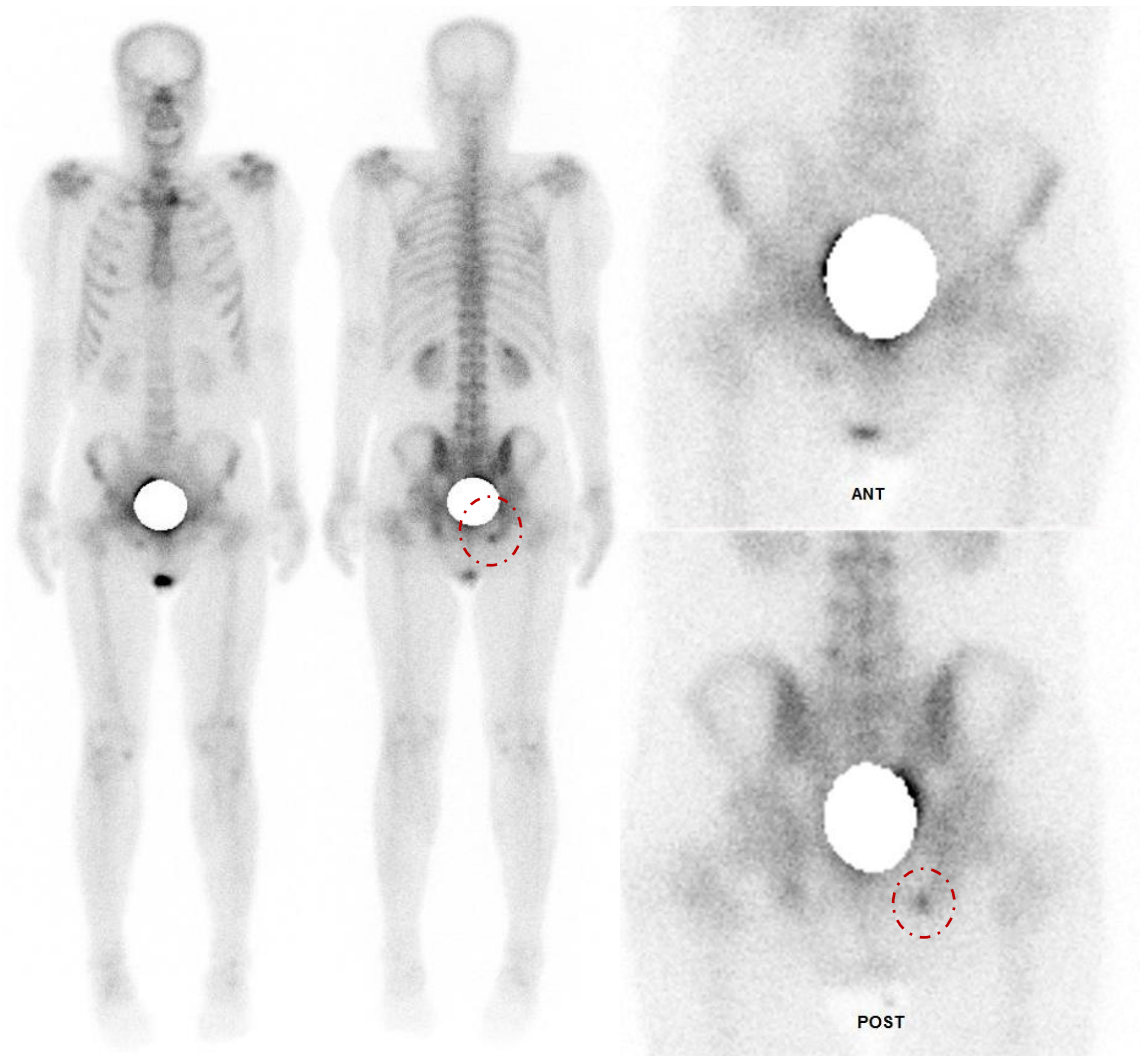
- A NEGATIVE **NO** PSMA PET SCAN DOES NOT EXCLUDE N1 MICROSCOPIC DISEASE
- A NEGATIVE **NO** PSMA PET SCAN IS PROGNOSTIC OF BETTER OUTCOME AFTER LOCAL THERAPY
- A NEGATIVE **NO** PSMA PET SCAN MUST NOT PRECLUDE LOCAL THERAPY **IF INTENDED FOR CURE**



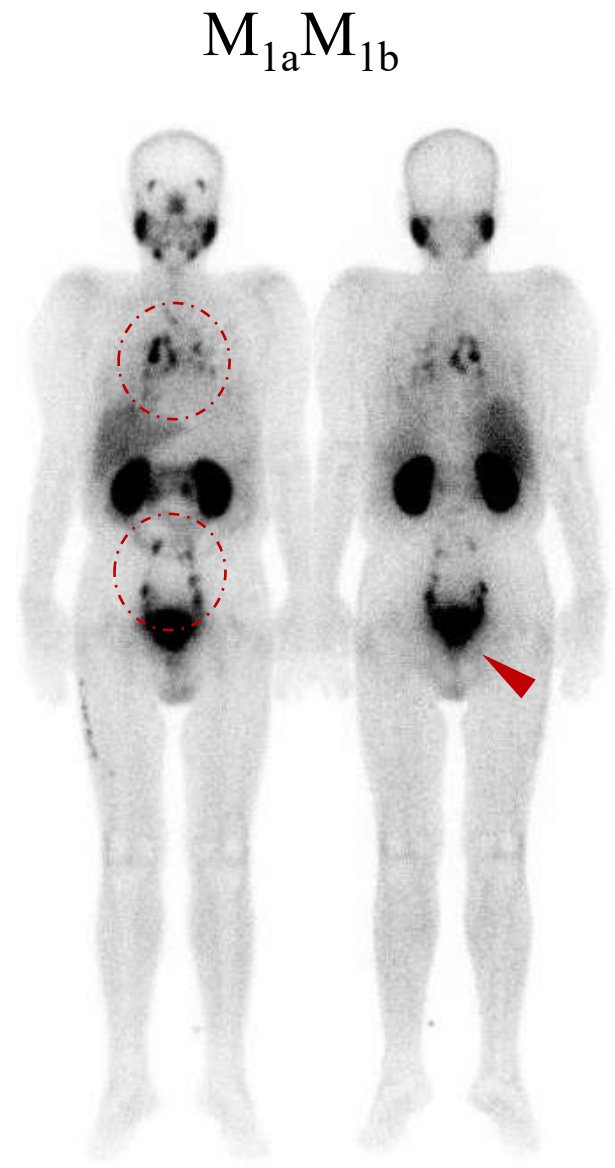
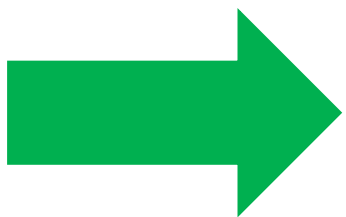
# *Case #3*

- A 57-year-old male patient with a family history of metastatic prostate cancer
- presents with a PSA level of 26 ng/mL.
- A biopsy reveals a Gleason score of 4+3 in 8 out of 12 cores.
- The patient has been referred for staging.
- He complains of back pain.

57 year old  
GS 4+3  
PSA 26  
Back pain  
  
Referred  
for staging



*Correlation with  
PSMA SPECT/CT*



The PSMA SPECT/CT report indicates a staging classification of miT3bN2M1a.



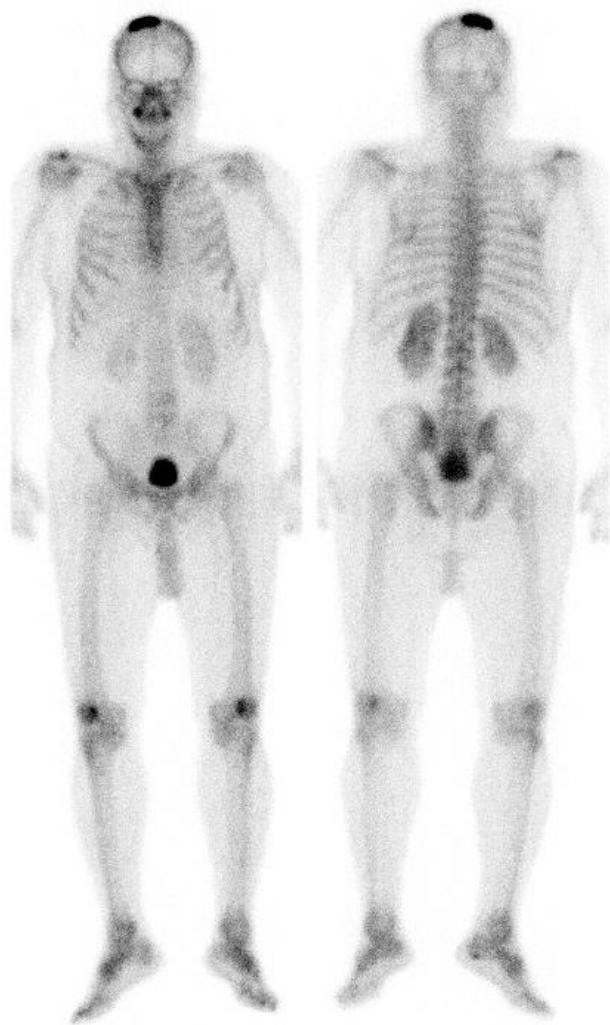
## *Another case*

57 year old

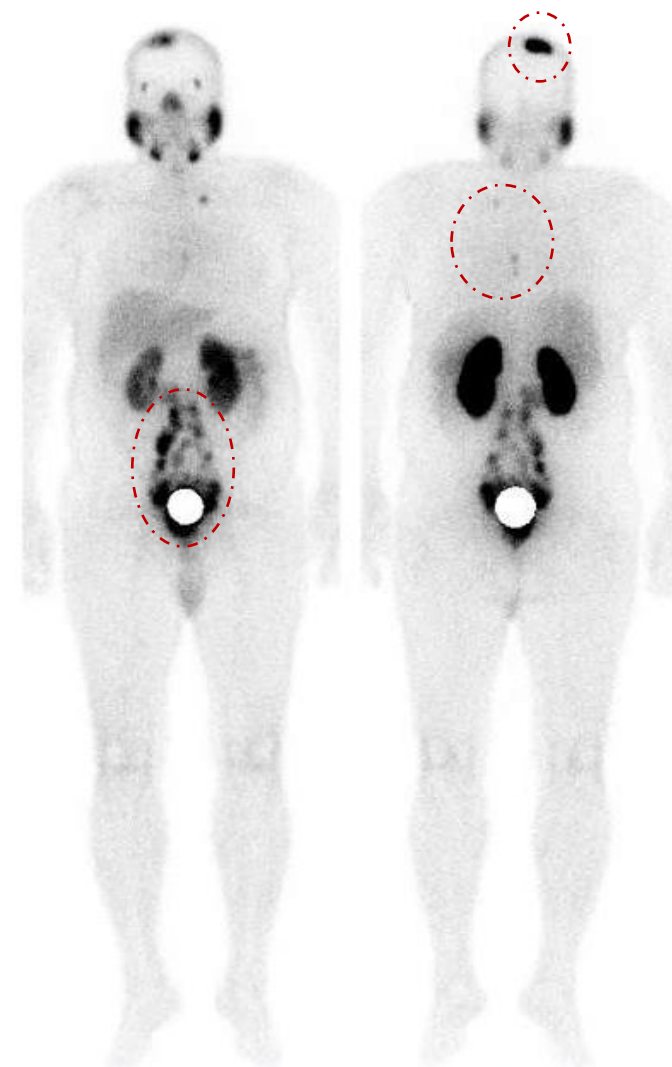
GS 5+4

PSA 26.2

Referred  
for staging

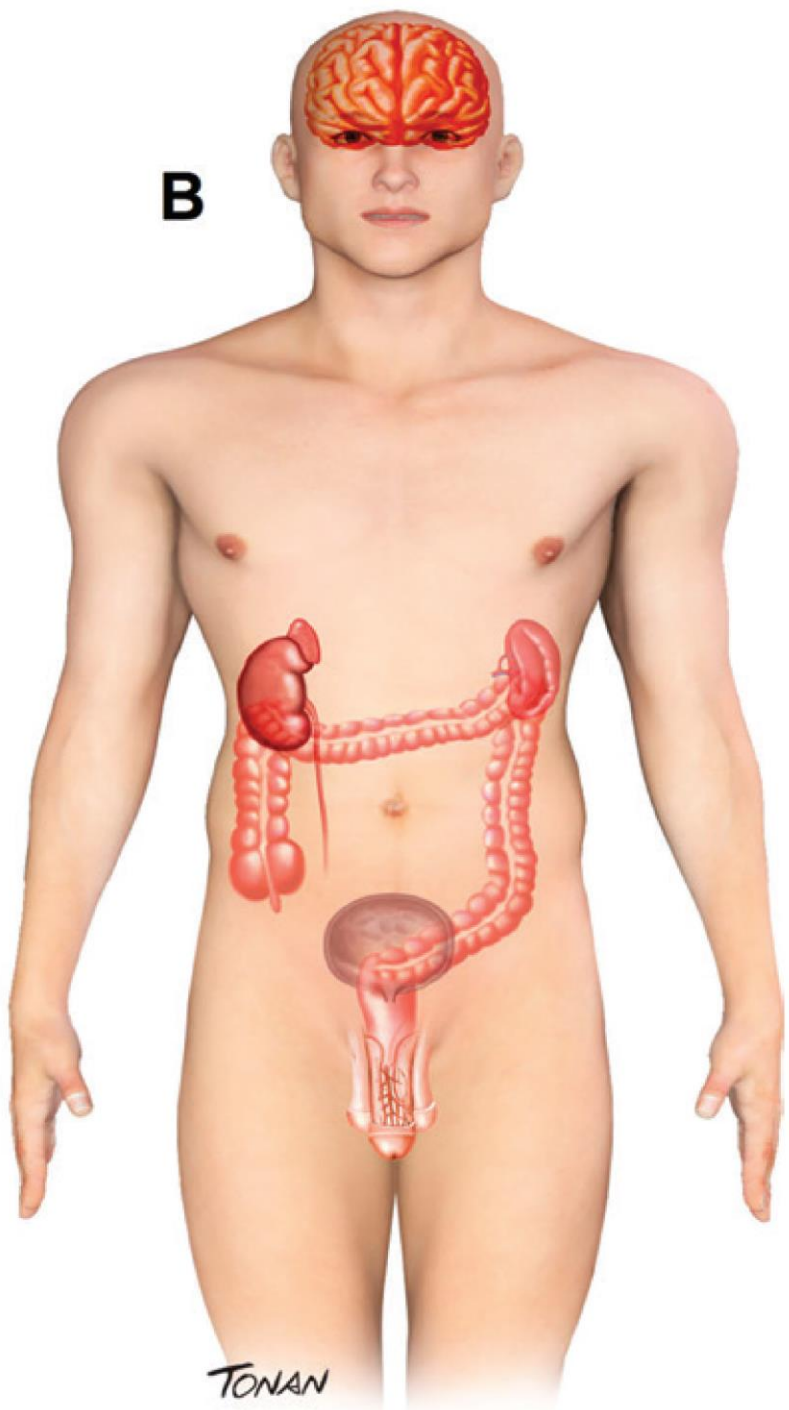
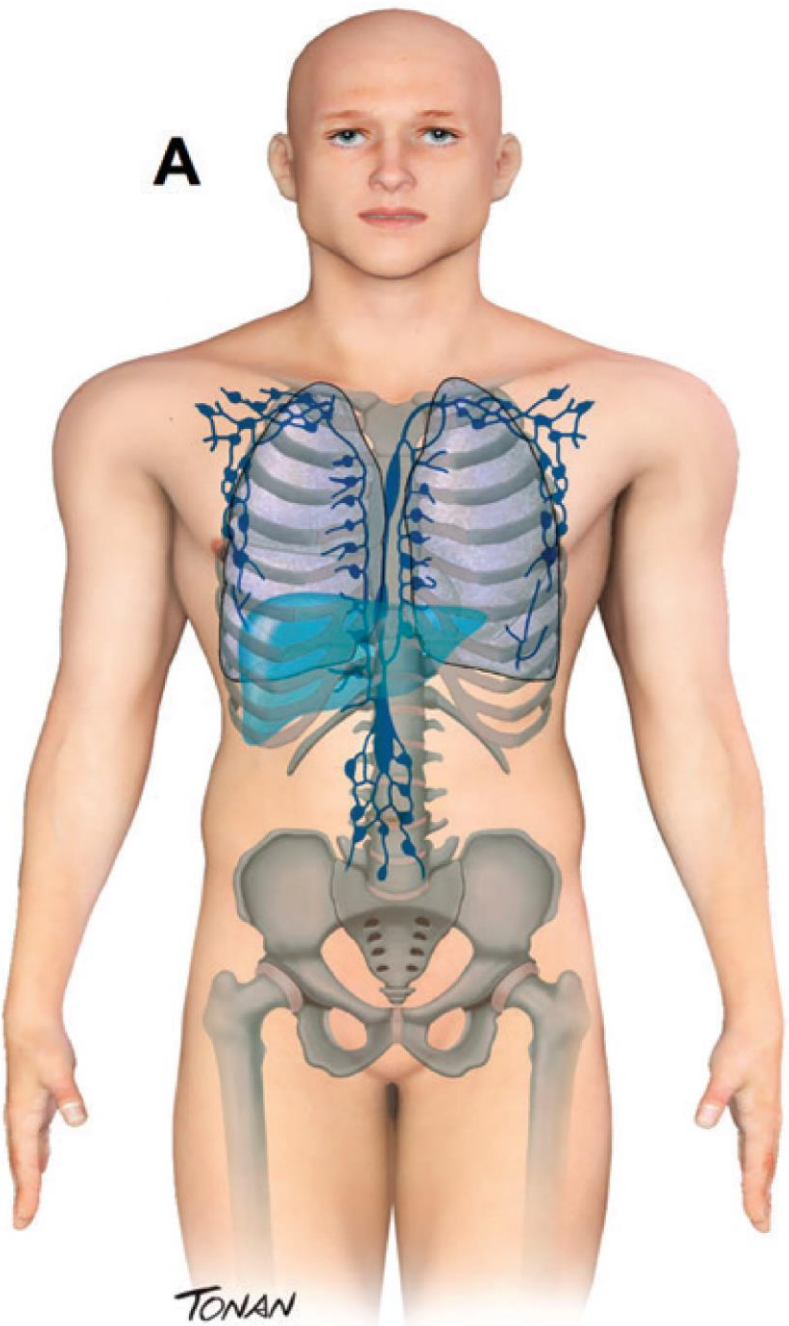


*Correlation with  
PSMA SPECT/CT*



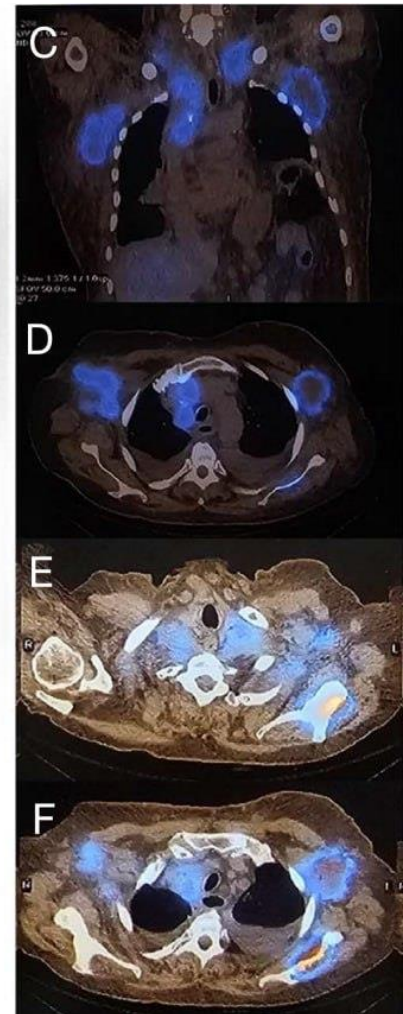
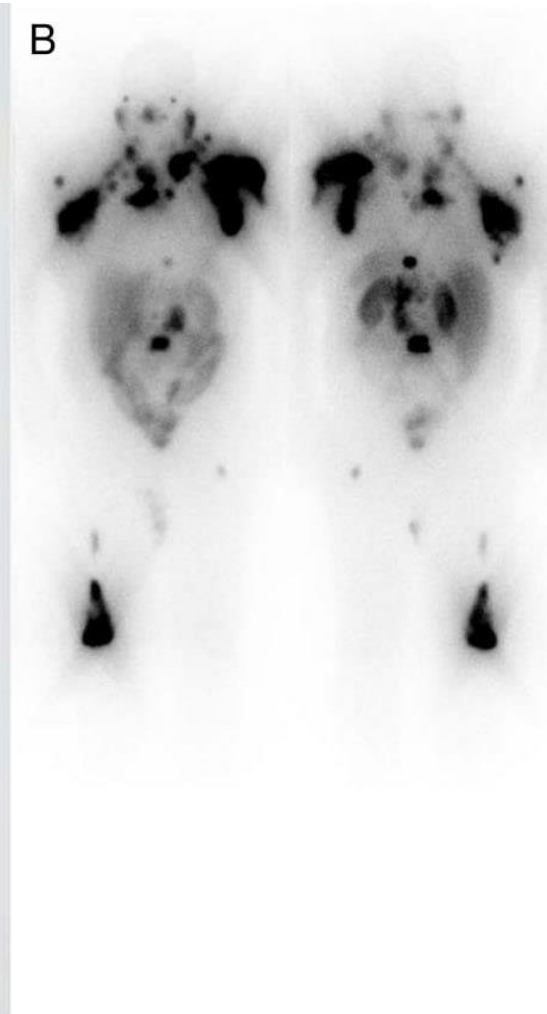
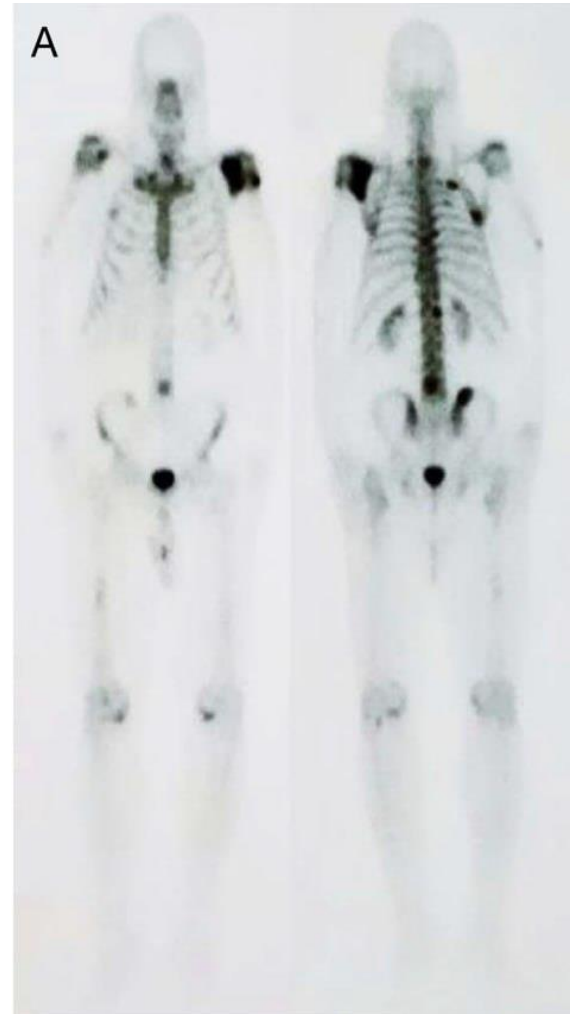
# Typical vs. Atypical

Barbosa FG. Radiographics. 2019; 39(1):186-212.



# *Tumor lysis syndrome following $^{177}\text{Lu}$ -PSMA therapy*

- 65-year-old mCRPC
- Post-ARPI, post-taxane
- Metachronous M1 (high-volume)
- Multiple bone mets
- Bilateral bulky LNMets
- Kanofsky PS = 80%
- ☐ Following 2 PSMA-RLT cycles:
  - **LDH rise from 339 to 543000!**
  - **Gait disorder**



## *Case #3 (Cont.)*

### **Questions:**

- Do you recommend surgery for this patient? Under what circumstances would the patient not be considered a good candidate for surgical intervention?
- Would you consider radiotherapy (RT) for this patient? If so, what is the typical extent of the RT field in such cases?



# PSMA report templates

✓ *E-PSMA (ver. 1)*

✓ *PROMISE (ver. 2)*

✓ *PSMA-RADS (ver. 2)*



Review – Prostate Cancer

## Second Version of the Prostate Cancer Molecular Imaging Standardized Evaluation Framework Including Response Evaluation for Clinical Trials (PROMISE V2)

Robert Seifert<sup>a,\*</sup>, Louise Emmett<sup>b</sup>, Steven P. Rowe<sup>c,d</sup>, Ken Herrmann<sup>a,e</sup>, Boris Hadaschik<sup>f</sup>, Jeremie Calais<sup>e</sup>, Frederik L. Giesel<sup>g</sup>, Robert Reiter<sup>h</sup>, Tobias Maurer<sup>i,j</sup>, Matthias Heck<sup>k,l</sup>, Andrei Gafita<sup>e,†</sup>, Michael J. Morris<sup>m</sup>, Stefano Fanti<sup>n</sup>, Wolfgang A. Weber<sup>o</sup>, Thomas A. Hope<sup>p</sup>, Michael S. Hofman<sup>q,r</sup>, Wolfgang Peter Fendler<sup>a,s,†</sup>, Matthias Eiber<sup>l,o,†</sup>

European Journal of Nuclear Medicine and Molecular Imaging (2021) 48:1626–1638  
<https://doi.org/10.1007/s00259-021-05245-y>

### GUIDELINES



## E-PSMA: the EANM standardized reporting guidelines v1.0 for PSMA-PET

Francesco Ceci<sup>1</sup> • Daniela E. Oprea-Lager<sup>2</sup> • Louise Emmett<sup>3,4</sup> • Judit A. Adam<sup>5</sup> • Jamshed Bomanji<sup>6</sup> • Johannes Czernin<sup>7</sup> • Matthias Eiber<sup>8</sup> • Uwe Haberkorn<sup>9</sup> • Michael S. Hofman<sup>10,11</sup> • Thomas A. Hope<sup>12</sup> • Rakesh Kumar<sup>13</sup> • Steven P. Rowe<sup>14</sup> • Sarah M. Schwarzenboeck<sup>15</sup> • Stefano Fanti<sup>16</sup> • Ken Herrmann<sup>17</sup>



European Association of Urology



Platinum Priority – Prostate Cancer  
Editorial by XXX on pp. x–y of this issue

## Prostate-specific Membrane Antigen Reporting and Data System Version 2.0

Rudolf A. Werner<sup>a,b,†</sup>, Philipp E. Hartrampf<sup>a,†</sup>, Wolfgang P. Fendler<sup>c</sup>, Sebastian E. Serfling<sup>a</sup>, Thorsten Derlin<sup>d</sup>, Takahiro Higuchi<sup>a,e</sup>, Kenneth J. Pienta<sup>f</sup>, Andrei Gafita<sup>b</sup>, Thomas A. Hope<sup>g</sup>, Martin G. Pomper<sup>b,f</sup>, Matthias Eiber<sup>i</sup>, Michael A. Gorin<sup>h</sup>, Steven P. Rowe<sup>b,f,\*</sup>

<sup>a</sup>Department of Nuclear Medicine, University Hospital Würzburg, Würzburg, Germany; <sup>b</sup>The Russell H Morgan Department of Radiology and Radiological Science, Division of Nuclear Medicine and Molecular Imaging, Johns Hopkins University School of Medicine, Baltimore, MD, USA; <sup>c</sup>Department of Nuclear Medicine, University of Duisburg-Essen and German Cancer Consortium (DKTK)-University Hospital Essen, Essen, Germany; <sup>d</sup>Department of Nuclear Medicine, Hannover Medical School, Hannover, Germany; <sup>e</sup>Dentistry and Pharmaceutical Sciences, Okayama University Graduate School of Medicine, Okayama, Japan; <sup>f</sup>The Brady Urological Institute Johns Hopkins School of Medicine, Baltimore, MD, USA; <sup>g</sup>Department of Radiology and Biomedical Imaging, University of California San Francisco, San Francisco, CA, USA; <sup>h</sup>Milton and Carroll Petrie Department of Urology, Icahn School of Medicine at Mount Sinai, New York, NY, USA; <sup>i</sup>Department of Nuclear Medicine, Klinikum rechts der Isar, Technical University of Munich, Munich, Germany

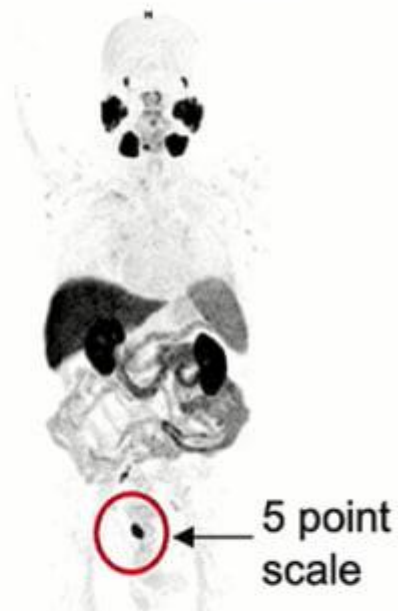
Different systems for standardized reporting have been proposed

## PROMISE



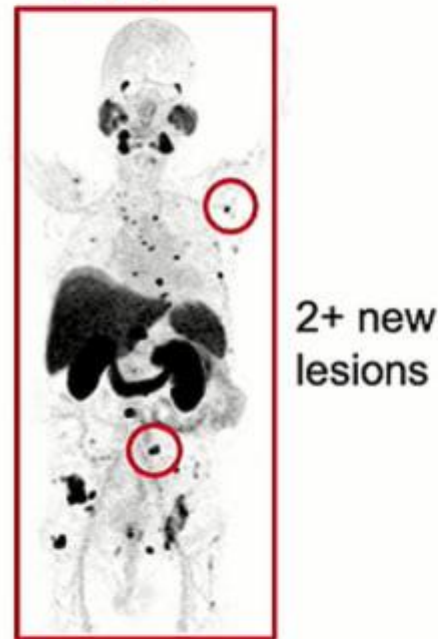
describes  
the extent of  
disease  
(miTNM)

## PSMA-Rads



evaluates  
the nature of  
a lesion

## PPP



discriminates  
PD from  
non-PD

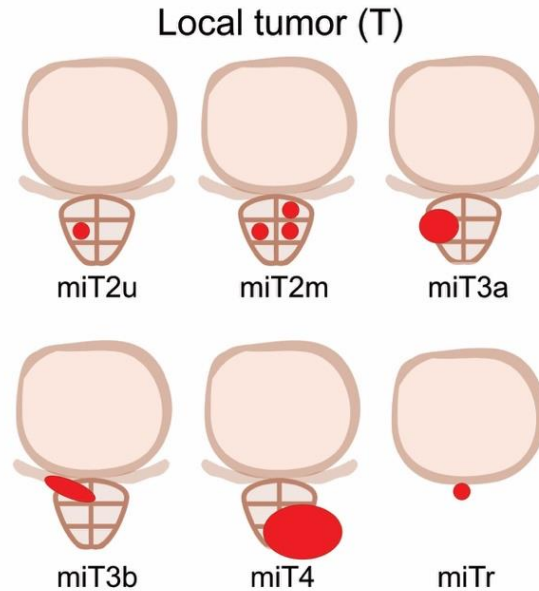
## RECIP



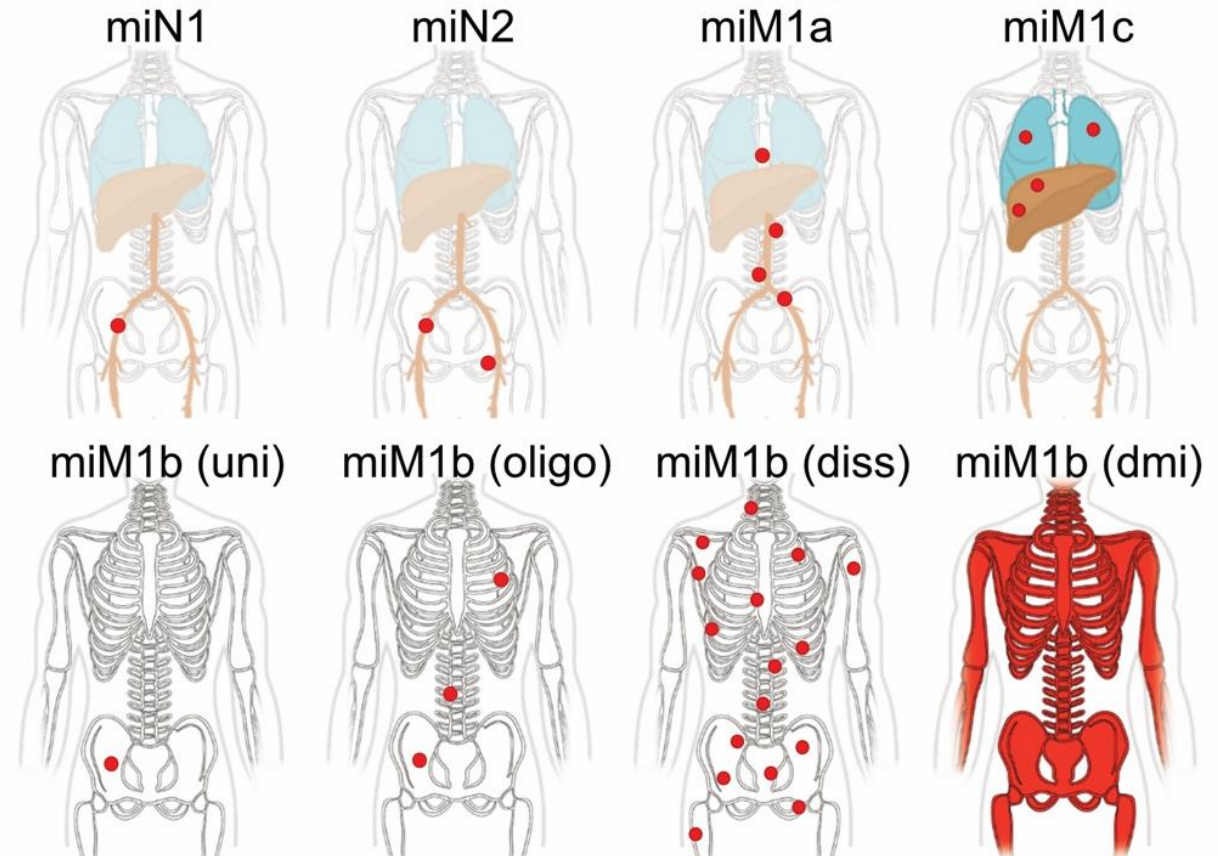
assessment of  
response vs.  
progression on  
different levels

# PROMISE ver. 2 (*miTNM*)

A



Distant metastases (M)

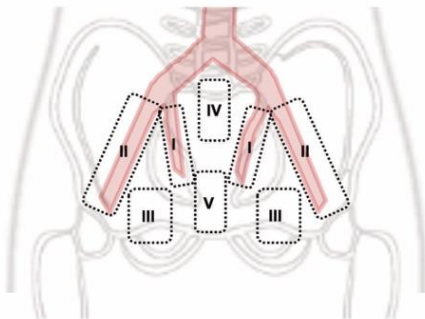


B

Regional lymph node metastases (N)

miN1 = single pelvic region involved

miN2 = two or more pelvic regions involved



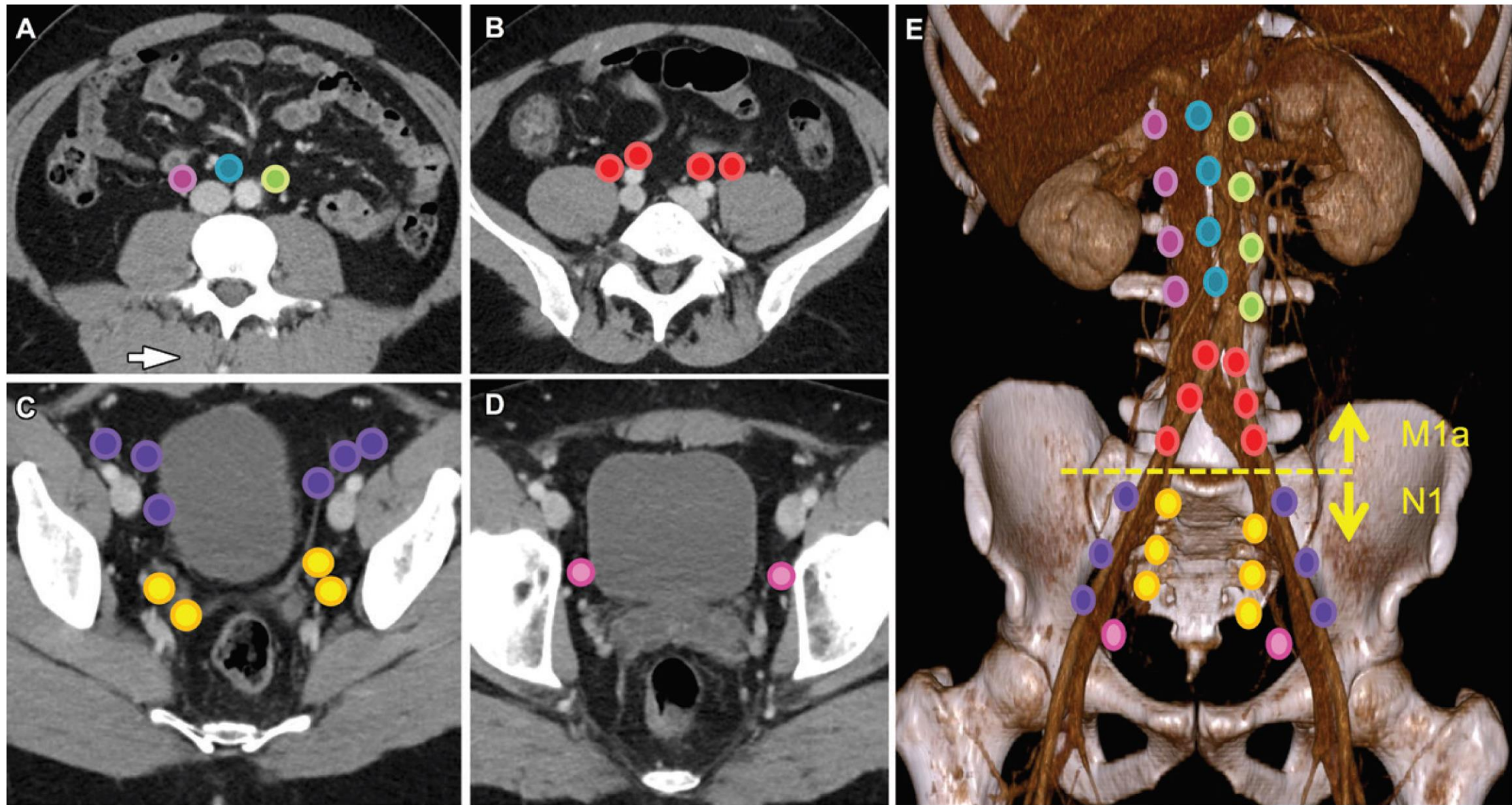
Locations:

- I Internal iliac (II) left/right
- II External iliac (EI) left/right
- III Obturator (OB)
- IV Presacral (PS)
- V Other pelvic (OP)



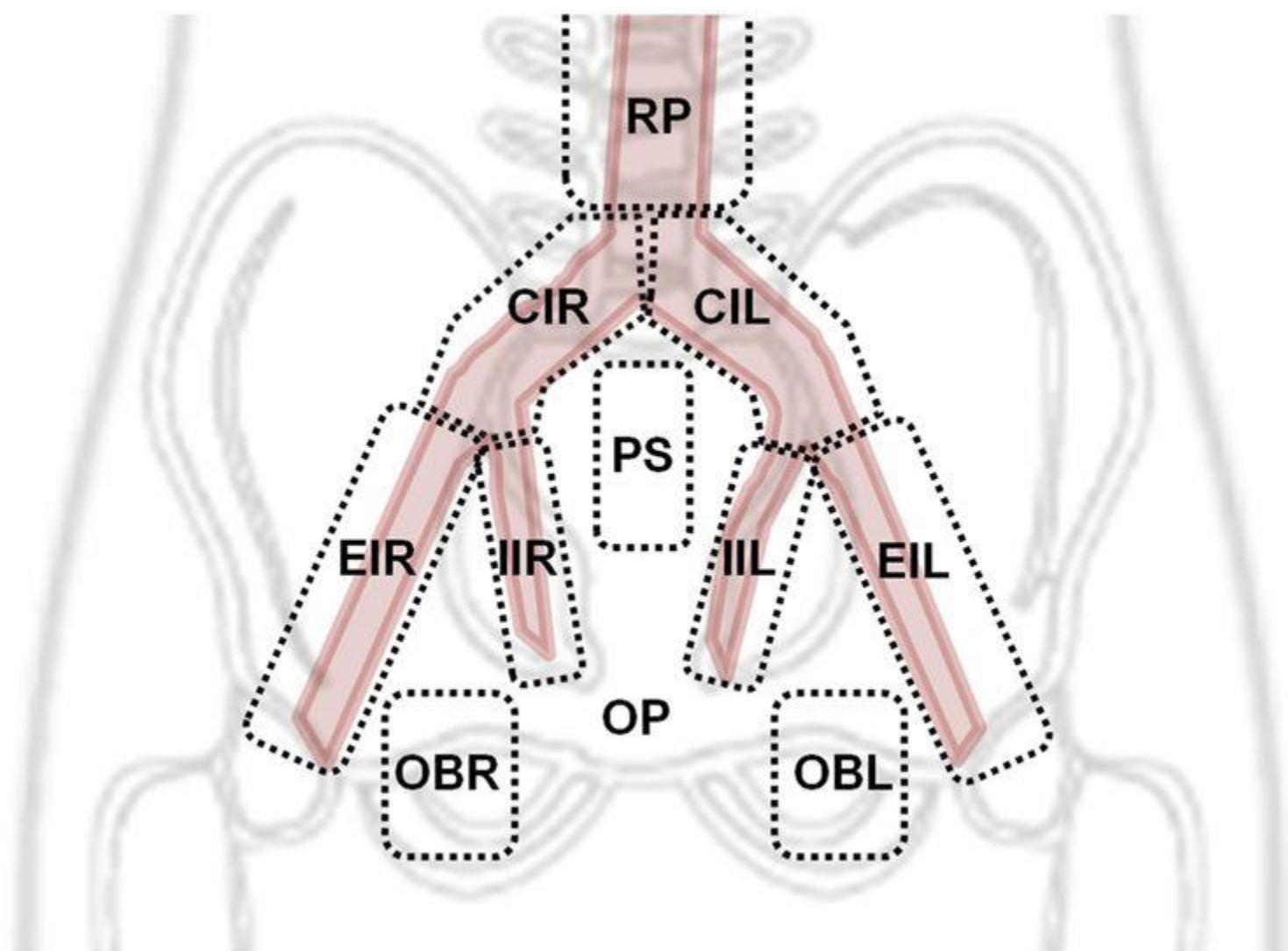
# Patterns of Recurrence

Barbosa FG. Radiographics. 2019; 39(1):186-212.



**Figure 12.** Typical nodal spread pattern of prostate cancer, arising from caudal pelvic lymph nodes on an ascending pathway toward the retroperitoneum (E). The most prevailing nodal metastases occur at the obturator station (pink), followed by the external iliac (purple), internal iliac (yellow), common iliac (red), and retroperitoneal stations (violet = pericaval, blue = aortocaval, green = periaortic), in decreasing order of prevalence. Note that lymph nodes above the bifurcation of the common iliac vessels are regarded as nonregional and therefore staged as M1a in the TNM system.





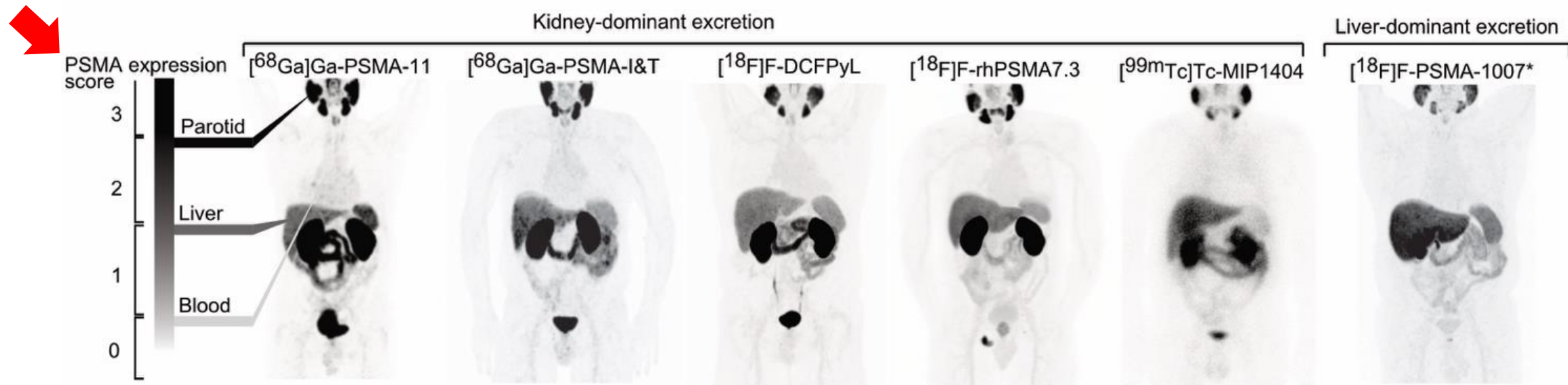
|    |                 |            |
|----|-----------------|------------|
| II | Internal iliac  | Left/Right |
| EI | External iliac  | Left/Right |
| CI | Common iliac    | Left/Right |
| OB | Obturator       | Left/Right |
| PS | Presacral       |            |
| OP | Other pelvic    |            |
| RP | Retroperitoneal |            |

# *miN boundaries*

| <b>miNa/b template</b>          | <b>Anatomical boundaries</b>   |
|---------------------------------|--|
| Internal iliac (II)             | bifurcation internal/external iliac arteries, pelvic floor, bladder wall, obturator nerve  |
| External iliac (EI)             | bifurcation internal/external iliac arteries, circumflex iliac vein and endopelvic fascia, psoas muscle and genitofemoral nerve and medial border external iliac artery            |
| Common iliac (CI)               | aortic bifurcation, bifurcation internal/external iliac arteries, psoas muscle and genitofemoral nerve and medial border common iliac artery                                       |
| Obturator (OB)                  | bifurcation internal/external iliac arteries, pelvic floor, obturator nerve, and medial border external iliac artery   |
| Presacral (PS, aka: presciatic) | Triangle between medial borders of common iliac arteries and line connecting internal/external iliac arteries' bifurcations; dorsal border: promontory and proximal sacrum (S1–S2) |

**Supplemental Table 1: Description of anatomical delineation of pelvic lymph node territories (adapted from Joniau et al; Nicolau et al.)**

# PROMISE ver. 2 & new approved agents



**FDA approval?**  
**Rec. by guidelines?**  
**Available in Iran?**  
**Accuracy?**  
**Weakness?**  
**Cost?**

|  |                                     |  |   |   |                                     |
|--|-------------------------------------|--|---|---|-------------------------------------|
| <input checked="" type="checkbox"/> [Locametz, Illuccix] | <input type="checkbox"/>            | <input checked="" type="checkbox"/> [Pylarify] | <input checked="" type="checkbox"/> [Posluma] | <input type="checkbox"/>  | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/>                      | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/>            | <input checked="" type="checkbox"/>           | <input checked="" type="checkbox"/> [for RLT]                       | <input checked="" type="checkbox"/> |
| <input checked="" type="checkbox"/>                      |                                     |  |   | <input checked="" type="checkbox"/> [ <sup>99m</sup> Tc-HYNIC-PSMA] | ?                                   |
| High   | High                                | High   | High  | Moderate  | High                                |
| Prostate bed   | Prostate bed                        | Prostate bed                                   |   | Prostate bed  | UBU, Liver                          |
| Mod. (cost-effective)                                    |                                     |  |   | Low   |                                     |

# PROMISE ver. 1

**A**

| Organ                          | CT/MRI appearance                  | PSMA score | Diagnosis |
|--------------------------------|------------------------------------|------------|-----------|
| Prostate bed s/p prostatectomy | Soft tissue lesion in prostate bed | $\geq 1$   | Positive  |
|                                |                                    | 0          | Negative* |
|                                | No soft tissue lesion              | $\geq 2$   | Positive  |
|                                |                                    | $\leq 1$   | Negative  |
| Prostate s/p radiation therapy | Intraprostatic lesion              | $\geq 2$   | Positive  |
|                                |                                    | 1          | Equivocal |
|                                |                                    | 0          | Negative* |
|                                | No intraprostatic lesion           | $\geq 2$   | Positive  |
|                                |                                    | $\leq 1$   | Negative  |

Later  
(ver. 2)  
Substituted  
by  
PRIMARY  
score

**C**

| Organ      | CT/MRI appearance   | PSMA score                        | Diagnosis         |
|------------|---|-----------------------------------|-------------------|
| Lymph node | SD $\geq 8$ mm OR contrast enhancement                                      | $\geq 1$                          | Positive          |
|            |   | 0                                 | Negative*         |
|            | Unremarkable  | Pelvic/retroperitoneal LN regions |                   |
|            |   | $\geq 1$                          | Positive          |
|            |   | 0                                 | Negative          |
|            |   | Other LN regions                  |                   |
|            |   | $\geq 2$                          | Positive          |
|            |   | $\leq 1$                          | Negative          |
|            | Common pitfall incl. suspected inflammation OR Suspected non-PCa malignancy | 3                                 | Consider positive |
|            |   | 2                                 | Equivocal         |
|            |   | $\leq 1$                          | Negative          |

**D**

| Organ                 | CT/MRI appearance | PSMA score                               | Diagnosis         |
|-----------------------|-------------------|--|-------------------|
| Bone / visceral organ | Suspicious lesion | $\geq 1$                                 | Positive          |
|                       |                   | 0  | Negative*         |
|                       | Equivocal lesion  | $\geq 2$                                 | Positive          |
|                       |                   | $\leq 1$                                 | Negative          |
|                       | No lesion         | Single focus                             |                   |
|                       |                   | 3  | Positive          |
|                       |                   | 2  | Equivocal         |
|                       |                   | $\leq 1$                                 | Negative          |
|                       |                   | Multiple foci                            |                   |
|                       |                   | $\geq 2$                                 | Positive          |
|                       |                   | $\leq 1$                                 | Negative          |
|                       |                   | Benign lesion OR non-PCa malignant tumor |                   |
|                       |                   | 3  | Consider positive |
|                       |                   | $\leq 2$                                 | Negative          |

s/p = status post. \*Consider PSMA-ligand-negative prostate cancer.



# An example for miTNM reporting

## INTERPRETATION:

1. Widespread PSMA-avid skeletal metastases throughout the spine, ribs, skull, both scapulae, both clavicles, pelvis and proximal portion of both femora.
2. PSMA-avid lymph node metastases in the aortocaval, left para-aortic, right and left external iliaca and right inguinal regions.
3. Three suspicious non-PSMA-avid pulmonary nodules, two of them in the right middle lobe and another greater one in the posterior segment of the right upper lobe (MTD=9.8mm).
4. Mild diffuse PSMA uptake in the prostate gland.

❖ Molecular imaging TNM:  $T_0 N_2$  (REI, LEI)  $M_{1a}$  (RP, OE)  $M_{1b}$  (disseminated)  $M_{1c}$  (lung?)

❖ Primary Score: 1

❖ PSMA expression score: 2-3

✓ The patient is a good candidate for  $^{177}\text{Lu}$ -PSMA therapy after initiation of/ progression on second generation hormonal agent.

A.SABERTANHA, MD

E.ASKARI, MD

This framework may also be applied for PSMA-ligand PET/MRI, **SPECT/CT**, or similar approaches.

# *Certainty of Diagnosis: The issue of the past?*

## Certainty and Final Diagnosis

| Certainty              | Diagnosis |
|------------------------|-----------|
| Consistent with        | Positive  |
| Suggestive of          | Positive  |
| Possible               | Equivocal |
| Unlikely               | Negative  |
| No evidence of disease | Negative  |

Final diagnosis should be reported as positive or negative for prostate cancer. Equivocal diagnosis should be used only when alternative techniques are available that may reasonably provide clarification.

# ***PROMISE: Details (ROIs & T-Category)***

## ❖ **ROIs** (all in **axial** planes):

- ✓ **Liver:** *3 cm, normal parenchyma, inferior right lobe*
- ✓ **Blood pool:** *2 cm, aortic arch*
- ✓ **Parotid:** *1.5 cm, right parotid*
- ✓ **Prostate:** *1 cm, maximum voxel (uptake)*

## ❖ **Faint uptake in the prostate gland:**

- ✓ **After RT:** **Physiologic BKG**
- ✓ **After RP:** highly suggestive
- ✓ **Post RP/RT with no uptake?** **miT0**

## ❖ **Apex/Mid/Base?** **1/3, 1/3, 1/3**

## ❖ **Bladder involvement:** **PSMA expression score > bladder neck/urethra** *OR* **typical MRI (enhancement, diffusion restriction)** *OR* **CT (enhancement)** *OR* **Gross EPE**

# ***PROMISE: Details (N-Category)***

❖ For **N/M1a**, CT and MRI abnormalities (*additional morphologic criteria*):

- ✓ **regional grouping**

- ✓ **loss of fatty hilum**

- ✓ **focal necrosis**

❖ For **M1b**, common CT/MRI findings include:

- ✓ **Sclerotic**

- ✓ **Lytic lesions (rare) ± extraosseous extension**

- ✓ **Low signal on unenhanced T1-weighted images**

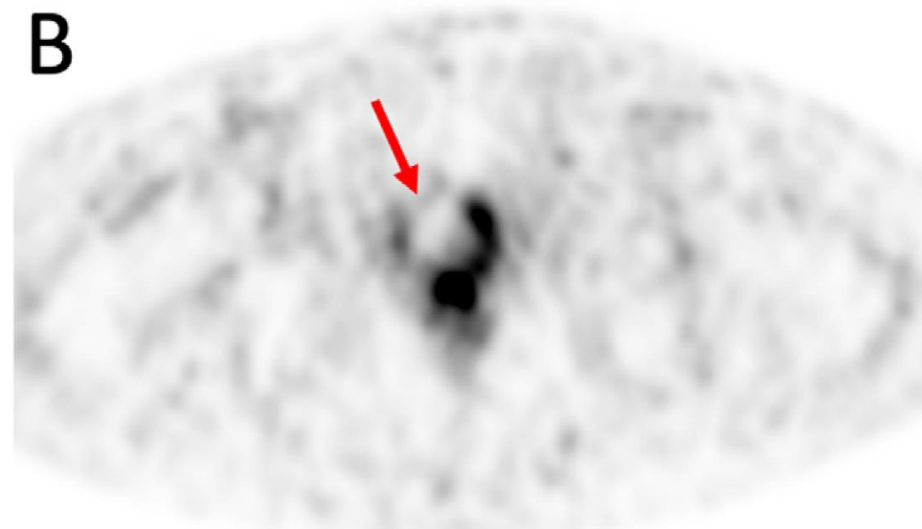
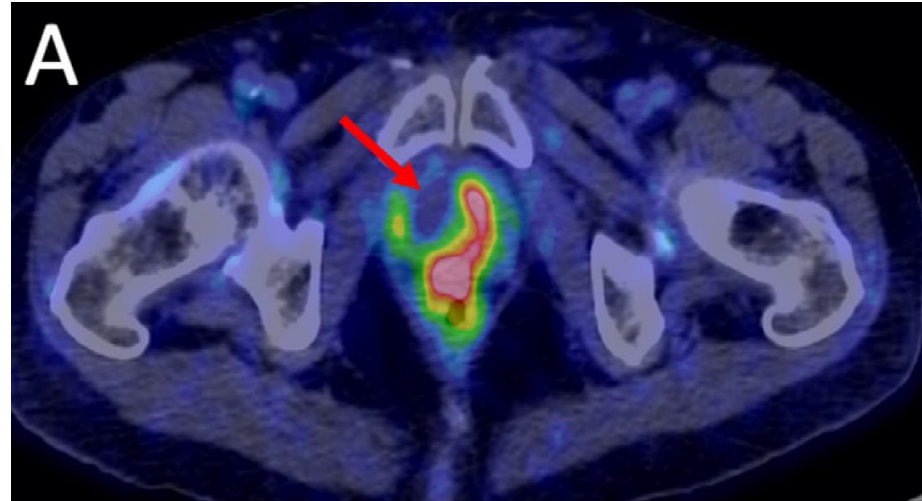


# Not all prostate cancers are PSMA-avid

*[5-10% of PCa patients are PSMA-negative]*

## DDx of a non-PSMA-avid lesion:

1. **Neuroendocrine subtype**
2. **Recent ADT**
3. **Ductal subtype**
4. *Splice variants*
5. Too small lesions
6. Artifactual
  - I. Halo artifact
  - II. QC error
    - a) Free  $TcO_4$
    - b) Radiolysis
  - III. Inappropriate color scale
  - IV. Intraprostatic seeds
  - V. Masked by urine activity



**Beware!**

These are **usually NECs**  
**not NETs!**



Sahafi, CNM 2024

Mei, Semin Nucl Med 2021

# *Case #3 (Cont.)*

## **Management and Outcomes:**

- The patient undergoes radical prostatectomy. The pathological examination shows involvement of the seminal vesicles and metastasis to four lymph nodes out of fifteen resected nodes. The surgical margins are negative.

## **Postoperative PSA Monitoring:**

- The first postoperative PSA measurement was taken approximately seven weeks after surgery, revealing a level of 0.4 ng/mL. A subsequent measurement showed a PSA level of 0.45 ng/mL.

## **Next Steps:**

- What should be the next step in management?

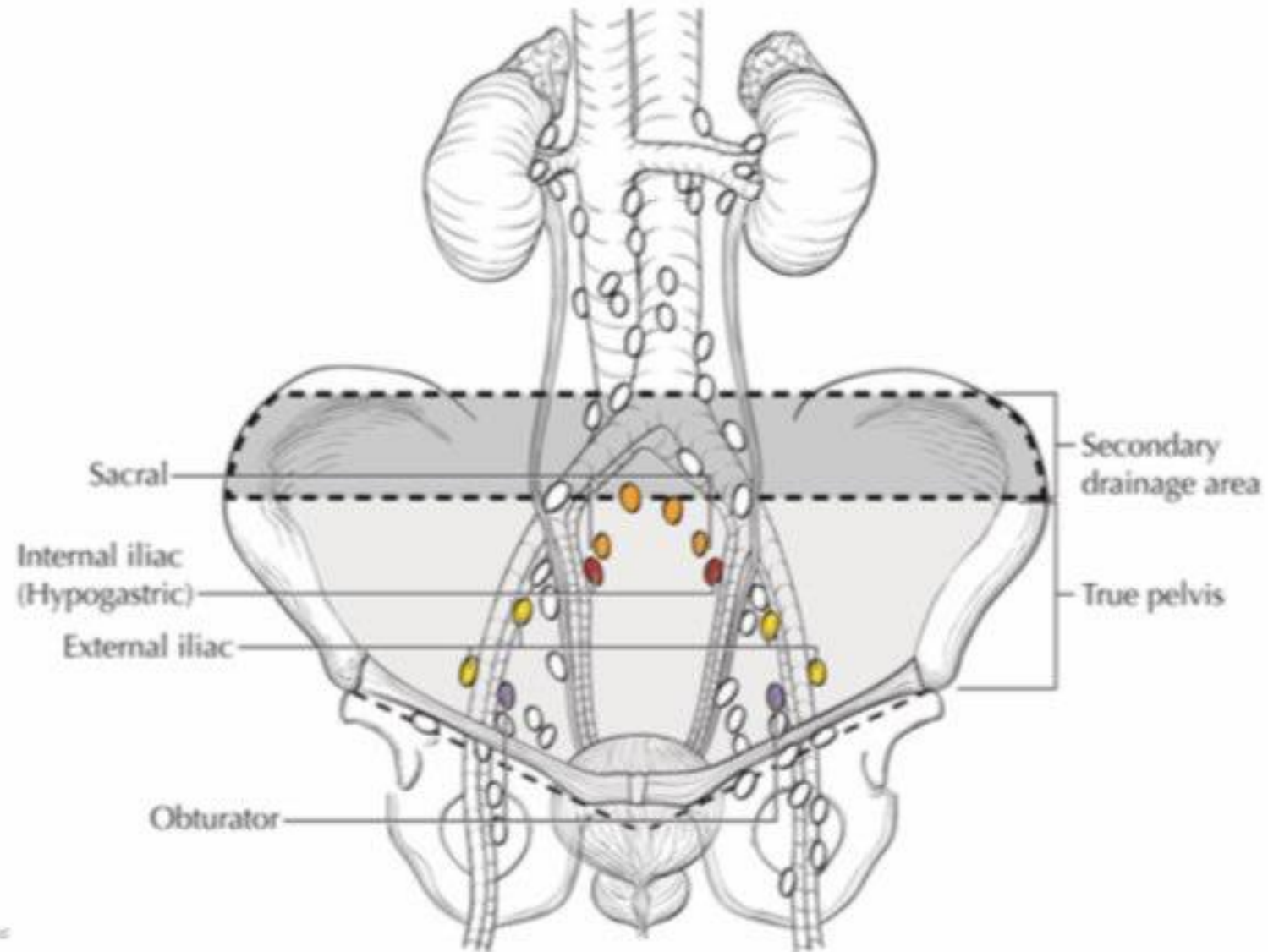
## **Additional Concepts:**

- What is the difference between biochemical progression (BCP) and biochemical recurrence (BCR)?

# AJCC 8<sup>th</sup> Edition Prostate Pelvic Anatomy and Nodal Disease: “Regional Nodes” **below the aortic bifurcation**

*Pre-aortic,  
aortocaval and  
precaval are...*

***M1a***



**TABLE 1: Regional and Nonregional Lymph Nodes in Common Pelvic Cancers**

| Nodes          | Location of Cancer       |                          |          |                       |             |             |
|----------------|--------------------------|--------------------------|----------|-----------------------|-------------|-------------|
|                | Prostate                 | Testis                   | Ovary    | Cervix                | Endometrium | Bladder     |
| Perivisceral   | Regional                 | Regional                 | Regional | Regional <sup>a</sup> | Regional    | Regional    |
| Paraaortic     | Nonregional              | Regional                 | Regional | Nonregional           | Regional    | Regional    |
| Common iliac   | Nonregional <sup>b</sup> | Nonregional <sup>c</sup> | Regional | Regional              | Regional    | Regional    |
| External iliac | Regional                 | Nonregional <sup>c</sup> | Regional | Regional              | Regional    | Regional    |
| Internal iliac | Regional                 | Nonregional <sup>c</sup> | Regional | Regional              | Regional    | Regional    |
| Inguinal       | Nonregional              | Nonregional <sup>c</sup> | Regional | Nonregional           | Nonregional | Nonregional |

Note—Data from [2] and [29].

<sup>a</sup>Perivisceral nodes for cervical cancer include paracervical and parametrial nodes.

<sup>b</sup>Common iliac lymph nodes represent secondary drainage lymph nodes in prostate cancer.

<sup>c</sup>Intrapelvic and inguinal nodes are considered regional only after inguinal or scrotal surgery [2].



# BCP

[definition: PSA >0.1 ng/mL 4-8 wk post-op]

# BCR

[definition:

Post-RP: ~~PSA  $\geq$  0.2 ng/mL ( $\times 2$ )~~  $\uparrow$ PSA ( $\times 2$ ) & prior undetectable

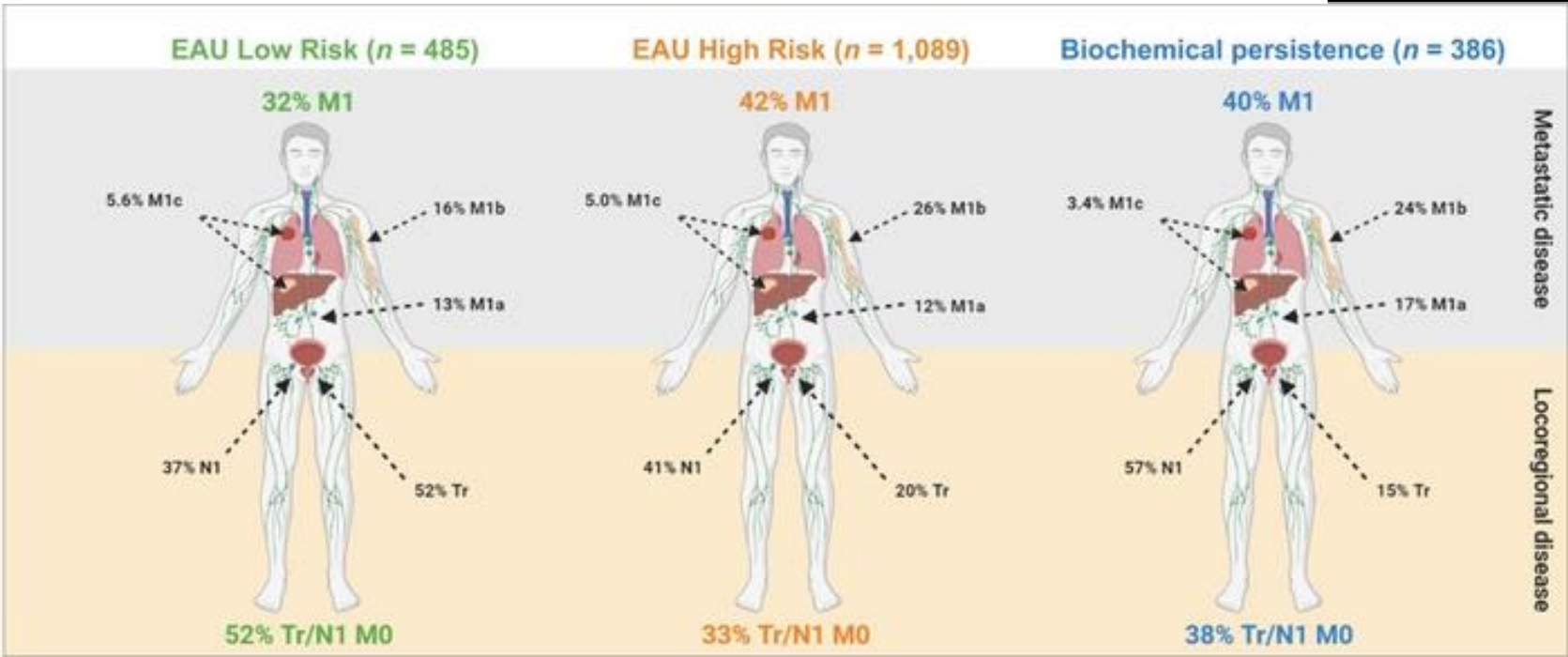
Post-RT: PSA  $\uparrow$  2 ng/mL above the nadir ( $\times 2$ )]

**High-risk BCR (RP):** PSA-DT  $< 12$ m OR pGG4-5

**High-risk BCR (RT):** IBF  $< 18$ m OR bGG4-5

**Table 1 – Summary of the European Association of Urology low-risk and high-risk BCR definitions stratified by primary treatment.**

| Risk group                      | Characteristics                           |
|---------------------------------|---|
| BCR after radical prostatectomy |   |
| Low-risk BCR                    | PSA-DT >1 yr and pGS <8 (ISUP grade <4)   |
| High-risk BCR                   | PSA-DT ≤1 yr or pGS 8–10 (ISUP grade 4–5) |
| BCR after radiation therapy     |   |
| Low-risk BCR                    | IBF > 18 mo and bGS <8 (ISUP grade <4)    |
| High-risk BCR                   | IBF ≤ 18 mo or bGS 8–10 (ISUP grade 4–5)  |



cal recurrence; PSA-DT = prostate-specific antigen  
pGS = pathological Gleason score; ISUP = International  
ological Pathology; IBF = interval from primary therapy to  
ure; bGS = biopsy Gleason score.

# cMo miM1

[De novo (synchronous) vs.  
metachronous]

Not to be confused with:

Oligo-progressive M1a/b: <3 non-visceral  
mets.



# *PSMA in omPC*

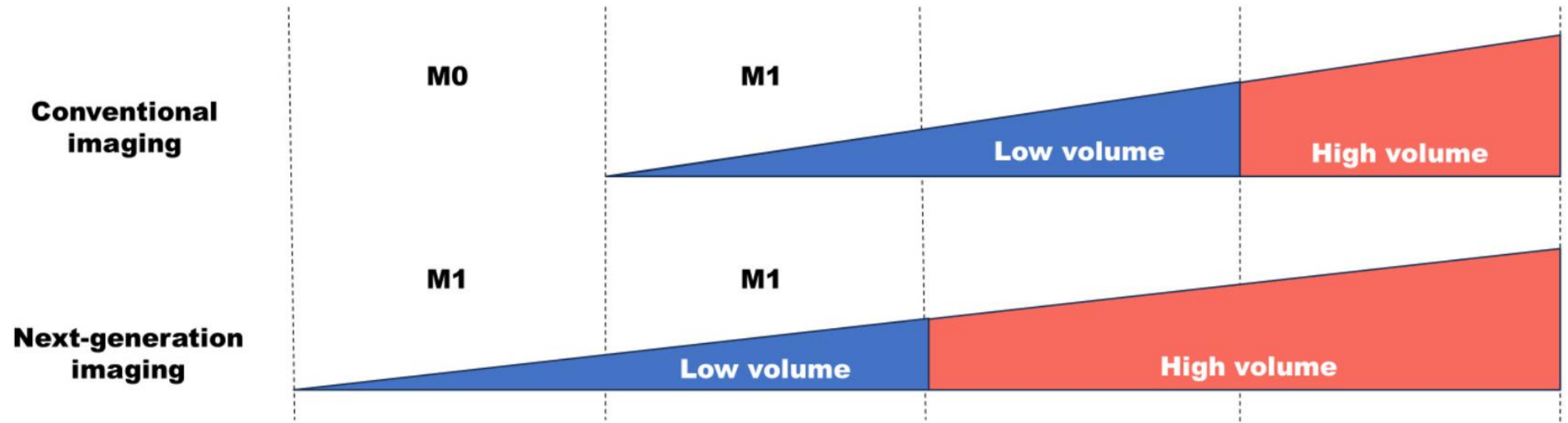
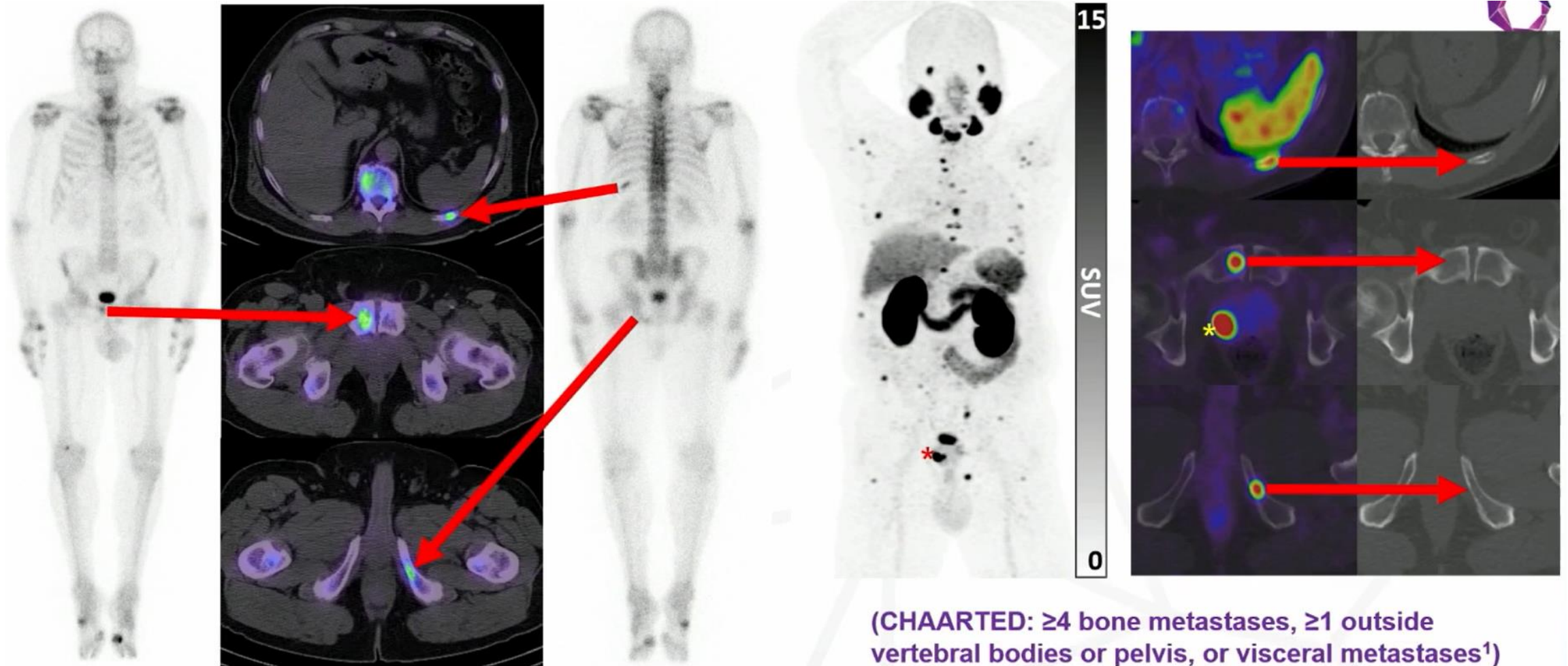


Figure 1. Stage migration owing to next-generation imaging.

✓ High- vs. low-volume: 40 cc (10)

# *How much to intensify?*

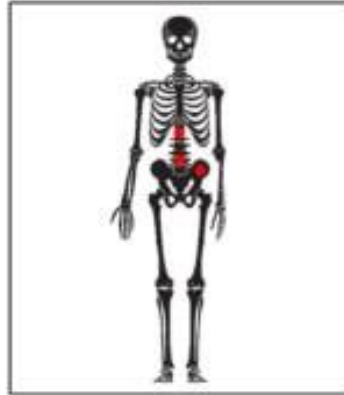


**BS + SPECT/CT: low burden**

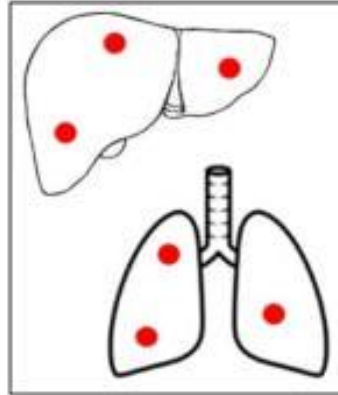
(CHAARTED:  $\geq 4$  bone metastases,  $\geq 1$  outside vertebral bodies or pelvis, or visceral metastases<sup>1</sup>)

**PSMA PET: high burden**

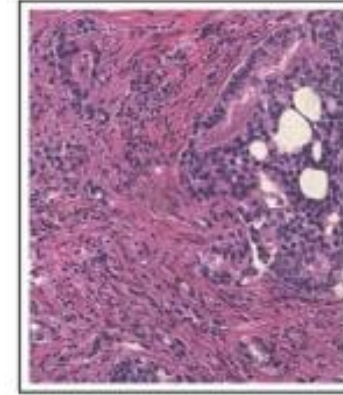
Definition of **High-Risk** disease according to LATITUDE study  
(At least two of the following criteria)



3 or more bone mets



Visceral mets

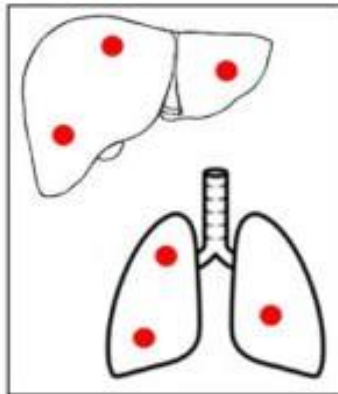


Gleason score  $\geq 8$

Definition of **High-Volume** disease according to CHARTED study  
(At least one of the following criteria)



4 or more bone mets  
(with at least one outside  
the pelvis/column)



Visceral mets

# Oligo M1

[definitions:

<3-5 mets in conventional imaging

2-3 mets in PSMA PET/CT]

Opposite to these definitions (on conventional imaging):

**High-risk M1:** 2 of 3 ( $\geq 3$  M1b, M1c, GG 4-5)

**High-volume M1:** ( $\geq 4$  M1b AND  $\geq 1$  extra-axial) OR M1c



**TABLE 2**  
 Characteristics of and Differences in ENRT Templates

| Region                | RTOG                                    | PIVOTAL  | NRG   |
|-----------------------|---|--|---|
| Cranial border        | L5/S1 interspace                        | Lower border of L5   | Bifurcation of aorta or inferior caval vein (typically L4/L5)   |
| Margin around vessels | 7 mm (carving out bone, bowel, bladder) | 7 mm (carving out bone, bladder, muscle, rectum, bowel + 3 mm) | 5–7 mm (carving out bone, bladder, muscle, bowel), enlarge to 10 mm when indicated                              |
| Presacral nodes       | S1–S3, 10 mm anterior to sacrum         | S1–S3, 12 mm anterior to sacrum                                | Presacral, prevertebral and posterior perirectal nodes until S3   |
| External iliac nodes  | Until top of femoral heads              | Until top of femoral heads                                     | Until vessels are more lateral than the most medial aspect of the acetabulum (typically middle of femoral head) |
| Obturator nodes       | Until top of pubic symphysis            | Until 1 cm above top of symphysis                              | Until midportion of prostate bed (in definitive setting until seminal vesicles join the prostate)               |

Best coverage of LNs: NRG

1/3 of LNs were not covered conventionally (1/2 of the patients)



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